Com days	R an day			Thursday	F ui daya	Octomology
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parkinson's Awareness MonthImage: Image: Ima	1 Easter Monday 10:00 – 11:30 Sign up for April Activities – MHR 10:30 Northern School Knitting – MHR 11:00 Poetry Appreciation with Patricia – LIB 2:00 Cards - MHR 2:00 Cards - MHR 2:00 RCAF 100 th Anniversary Social - TH 3:30 Bingo \$ - SH 7:00 The History of Rock & Roll with Shannon - TH	2 5 th Avenue Vendor 10:00 – 2:00 9:30 Prayer Circle – CH 10:00 Jeopardy – TH 10:00 Mini Manicures – MHR 10:30 Group Discussion – CH 11:00 Words Beginning with AP - FSL 11:00 One-to-One Visits – T 2:00 Shuttle Bus to Longo's 2:00 Scrabble - MHR 2:00 Cribbage – MHR 3:00 Washer Toss - TH 3:00 Women's Pool – FSL 7:00 Bridge – SC 7:00 Tech Help with Noreen - T 7:00 Musical Bingo - SH	3 10:00 Tea, Trivia & Fun Facts - MHR 10:30 Knitting Club – MHR 11:00 Bean Bag Toss - TH 1:45 Bid Euchre – MHR 2:00 Bible Study – CH 2:00 Shuttle Bus to Whitby Library 2:00 7 th Floor North Residents "Get to Know Your Neighbours" 2:30 Guest Speaker – Ryan Doody, RMT - Massages 3:00 7 th Floor South Residents "Get to Know Your Neighbours" 7:00 Horse Racing – SH	4 10:00 Fun, Useless Tidbits of Information - FSL 10:00 TV Series – TH "The Fugitive" 10:30 Pool Practice – FSL 10:30 Knitting Club – MHR 11:00 Java Social – 3SCA 11:00 Executive Council Meeting - BR 2:00 Andre Rieu – TH 7:00 Movie – TH "Age of Adeline" 7:15 Curling – SC	 ⁵ 9:30 Bocce Ball - SH 10:00 Gentle Fitness SH 10:30 Memory Game MHR 10:30 Colouring – MHR 11:00 Tech Help with Noreen - SH 11:00 Fun with Words FSL 2:30 – 3:45 Happy Hour \$ – FSL 6:45 Wii Bowling – TH 	6 9:15 Outdoor Walk (Weather Permitting) – LIB 9:30 Coffee Catch-up – CA 10:00 Colouring - MHR 10:30 Bingo \$ – TH 1:45 Pick up Colouring Contest Sheet – MHR 2:30 Birthday Party with Heather Christine - TH 4:00 Mini Manicures – MHR 7:00 Poker - PS
7 9:15 One-to-One Visits – T 10:45 Worship Service – TH 11:30 Catholic Communion – TH 1:45 Carpet Bowling – TH 3:00 Sunday Social - CA	8 "Blue Jays Theme Day" Wear your Blue Jays attire for Home Opener Day 9:30 One-to-One Visits – T 10:30 Pick up a Speciality Coffee - CA 10:30 Northern School Knitting – MHR 2:00 Cards – MHR 2:00 Cards – MHR 2:00 Baseball Trivia – FSL 2:00 Wordle - SH 3:00 Blue Jay Ball Toss – TH 7:00 Blue Jays Home Opener Game on the Big Screen – TH Sign up for Hot Dog & Beer \$	9 Nelly's Shoe Vendor 11:00 – 3:00 Vimy Ridge Day 9:30 Prayer Circle – CH 9:30 One-to-One Visits – T 9:30 Documentary – TH "Battle of Vimy: Canada's Finest Hour" 10:00 Hangman – FSL 10:30 Group Discussion – CH 10:30 Mexican Train Dominoes - MHR 11:00 Ring Toss - TH 2:00 Shuttle Bus to Walmart 2:00 Music Appreciation with Ron & Tony – TH 2:00 Cribbage – MHR 2:00 Parkinson's Fundraiser - MS 3:00 Women's Pool – FSL 4:00 – 4:45 Craft with Trafalgar Castle School Students - MHR 7:00 Bridge – SC 7:00 Tech Help with Noreen - T 7:00 Musical Bingo - SH	10 Pick up an Activity Booklet 10:00 Fun for Health Weigh-in & Discussion - FSL 10:30 Knitting Club – MHR 11:00 Ladderball - TH 1:45 Bid Euchre – MHR 2:00 Bible Study – CH 2:00 Learn about King Henry the 8 th & His SIX Wives – FSL 2:00 Seated Balloon Badminton – TH 3:00 Scrabble - MHR 3:00 Mini-Putt - TH 4:45 Dinner Outing to Red Lobster - T	11 Pet Day 10:00 Pet Races \$ - TH 10:00 Visit with Beau the Golden Retriever - PS 10:30 Knitting Club – MHR 11:00 Pet Trivia - FSL 1:00 One-to-One Visits – T 2:00 Movie – TH "Hidden Lives of Pets" 2:00 Java Social – 3SCA 2:15 8 th Floor North Residents "Get to Know Your Neighbours" 3:00 8 th Floor South Residents "Get to Know Your Neighbours" 7:00 Entertainment – TH "Natalie Wong String Trio"	12 9:30 Bocce Ball - SH 10:00 Gentle Fitness – SH 10:30 Memory Game - MHR 10:30 Colouring – MHR 11:00 Tech Help with Noreen - SH 11:00 Fun with Words – FSL 2:30 – 3:45 Happy Hour \$ – FSL 6:45 Wii Bowling – TH	13 9:30 Coffee Catch-up – CA 9:45 Glen Campbell on the Big Screen – TH 10:00 Colouring – MHR 10:00 Mini Manicures – MHR 11:00 Eyeglass & Jewellery Cleaning - MHR 1:45 Trivia on the Big Screen - TH 2:00 Curling – SC 3:30 Play Nine Golf Card Game - MHR 7:00 Poker - PS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Volunteer Appreciation Week 9:15 One-to-One Visits – T 10:45 Worship Service – TH 11:30 Catholic Communion – TH 2:00 Fireside Reading with Pauline – LIB 2:00 Dean Martin Variety Show on the Big Screen – TH 2:00 UNO Card Game - MHR 3:00 Sunday Social - CA	15 10:00 Giant Crossword - FSL 10:30 Northern School Knitting – MHR 11:00 One-to-One Visits - T 2:00 Cards – MHR 2:00 Wordle - SH 2:30 Guest Speaker – Annette Sandberg - First Nations Presentation - TH 7:00 Bingo \$ - TH	16 8:30 Breakfast Club – Pick up outside CA 9:30 Prayer Circle – CH 10:00 Book Club – LIB 10:00 Wheel of Fortune - FSL 10:30 Axe Throwing – SH 10:30 Group Discussion – CH 11:00 One-to-One Visits - T 2:00 Cribbage – MHR 3:00 Women's Pool – FSL 7:00 Bridge – SC 7:00 Tech Help with Noreen - T 7:00 Musical Bingo – SH	17 10:00 Tea, Trivia & Fun Facts - MHR 10:30 Knitting Club – MHR 11:00 Bean Bag Toss – TH 1:45 Bid Euchre - MHR 2:00 Bible Study – CH 2:00 Yahtzee - MHR 3:00 Mini-Putt - TH 6:45 Celebrating Volunteers – Ice Cream Social – TH Everyone Welcome! 7:00 Horseracing – SH	18 10:00 Fun, Useless Tidbits of Information – FSL 10:00 TV Series – TH "The Fugitive" 10:30 Anglican Church Service 10:30 Knitting Club – MHR 10:30 Pool Practice - FSL 11:00 Java Social – 3SCA 1:00 One-to-One Visits – T 2:00 Horseracing - TH \$ 2:00 Cullen Gardens Spring Walk - T 4:45 Dinner Outing to Red Lobster - T 7:00 Movie – TH "Footloose"	19 9:30 Bocce Ball - SH 10:00 Gentle Fitness – SH 10:00 Catholic Mass - TH 10:30 Memory Game - MHR 10:30 Colouring – MHR 11:00 Fun with Words – FSL 11:00 Tech Help with Noreen - SH 2:30 – 3:45 Spring Fling Happy Hour \$ – FSL (Dress the part & receive a free drink!) 6:45 Wii Bowling – TH	20 9:15 Mini Manicures – MHR 9:30 Coffee Catch-up – CA 10:00 Colouring – MHR 11:00 Travelogue Video – Hiking the Pacific Northwest Trail – TH 1:30 You Be the Judge Colouring Contest Display – MHR 1:45 Afternoon Movie – TH – "We Bought a Zoo" 2:00 Pool Tournament - FSL 4:00 Outdoor Walk – (Weather Permitting) – LIB 7:00 Poker - PS
21 9:15 One-to-One Visits – T 10:00 Spring Scavenger Hunt – Pick Up Sheet – MHR 10:45 Worship Service – TH No Catholic Communion 1:45 Carpet Bowling – TH 3:00 Sunday Social - CA	22 Earth Day Passover Begins 10:00 Musical Moments Sing-a-long - TH 10:30 Northern School Knitting – MHR 11:00 Mexican Train Dominoes – MHR 2:00 Discover 33 Greatest Natural Wonders of the World – TH 2:00 Cards – MHR 2:00 Wordle – SH 3:00 Craft – MHR 7:00 Bingo \$ - TH	No Shuttlebus this week23World Book Day9:30 Prayer Circle – CH10:00 Memory Game - MHR10:30 World Book Day –Visit our Library and see"What's Good About aBook?" - LIB10:30 Group Discussion –CH11:00 Hang Man - FSL2:00 Shuttle Bus toSuperstore2:00 Cribbage – MHR2:30 Celebration of Life – TH3:00 Women's Pool – FSL7:00 Bridge – SC7:00 Tech Help with Noreen- T7:00 Musical Bingo - SH	24 Vendor – "Bling it On" 11:00 – 2:00 10:00 Fun for Health Weigh-in & Discussion - FSL 10:30 Knitting Club – MHR 11:00 Ladderball - TH 1:45 Bid Euchre – MHR 2:00 Bible Study - CH 2:30 Pictionary Challenge with Susan & Andrea – TH 3:30 King's Corners Card Game – MHR 3:30 One-to-One Visits - T 7:00 Entertainment - TH "Spring/Summer Songs by Sing with Us"	25 10:00 Fun, Useless Tidbits of Information – FSL 10:00 TV Series – TH "The Fugitive" 10:30 Pool Practice - FSL 10:30 Knitting Club - MHR 11:00 Java Social – 3SCA 1:00 One-to-One Visits - T 1:45 Food Committee - TH 2:30 Resident's Council – TH (followed by Wine & Cheese in FSL) 7:00 Movie – TH "Einstein & the Bomb" 7:15 Curling - SC	26 9:30 Movie – TH "Sound of Music" 10:30 Colouring - MHR 11:00 Tech Help with Noreen – SH 2:30 – 3:45 Happy Hour \$ – FSL 6:45 Wii Bowling – TH	27 9:30 Coffee Catch-up – CA 10:00 Colouring – MHR 10:00 Random Trivia – FSL 11:00 1000 Step Challenge – Meet outside the LIB (Indoor or outdoor walk weather depending) 2:00 Craft - MHR 7:00 Poker - PS

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1:30 Visit with Beau the Golden Retriever – PS 3:00 Sunday Social –	 10:00 What Comes Mind? - FSL 10:30 Northern Sc Knitting – MHR 11:00 Mexican Tra Dominoes - MHR 2:00 Lifelong Lea TH "The History of Kilt" 2:00 Cards - MHR 	Monday29Tuesday30Monday29Passover EndsWhat Comes to 2 - FSLPassover EndsNorthern School ng - MHR9:30 Prayer Circle - CHNorthern School ng - MHR10:00 Floor Ambassador Meeting - SHMexican Train noes - MHR10:30 Group Discussion - CHLifelong Learning: The History of the11:00 Mini-Putt - THLifelong Learning: The History of the11:00 It Happened in April - FSLCards - MHR Canada Jingo - SH Vordle - SH2:00 Cribbage - MHR 3:00 Women's Pool - FSL	April showers	Legend LIB - Library TH - Town Hall CA - Cafe MHR - Main Hobby Room CH - Chapel T - Travelling B - Bistro	SC - Senior Centre FSL - Fireside Loung MS - Main Street PS - Pet Shoppe SH - School House DR - Dining Room OS – Outside		
Communion – TH1:30 Visit with Beau the Golden Retriever – PS 3:00 Sunday Social – CA2:00 Lifelong Lea TH "The History of Kilt" 2:00 Cards - MHR 2:00 Canada Jinge	of the o – SH g - TH	ning: f the - SH 11:00 It Happened in April - FSL 2:00 Cribbage – MHR 2:00 Hymn Sing - TH 2:00 Play Nine Card Game – MHR 3:00 Women's Pool – FSL		April showers bring May flowers	RoomPSCH - ChapelSHT - TravellingDFB - BistroOS	SH - School House DR - Dining Room	
			7:00 Musical Bingo - SH 7:00 Bridge – SC 7:00 Tech Help with Noree – T No Shuttle Bus this week May Calendar Delivery			North Balcony	South Common Area

CALENDAR LEGEND

Recreation/Main Hobby Room – ext. 8013

Calendars are delivered the last day of each month outlining activities for the following month. Recreation programs mainly run as "First Come, First Enjoy"; however, some will require "Sign-up" due to space restrictions. Programs are subject to change without notice.

Sign-ups will only be required for those activities in red print on the calendar. Sign-ups will usually take place on the first of each month, however, there may be times that this date is not possible. Please check your calendar monthly for the date, time and location. Sign-ups are done IN PERSON. Please sign up for yourself and one other person only to allow equal opportunity for all residents. Completed sign-up lists will be available in the Sign-Up Binder located in MHR on the day following sign-up each month for review.

SYMBOL	MEANING			
\$	Bingo: \$1.00 per card	Horse Racing: 10 cents		
	Outings: price communicated ahead of time	Restaurants: per menu		
Т	Travelling – Recreation Team members or voluntee	Travelling – Recreation Team members or volunteers will visit resident suites		
Highlighted in <mark>Yellow</mark>	Activity Ambassador led activities (see below)			
Outside Activity	Weather Permitting; meet in MHR if outdoor cond	itions are not favourable for alternat		
Pick up/Take Outs	While quantities last			
Red print activities	Sign-up in person at the time and location indicated on that month's calendar			
	Examples:			
	- Breakfast Club/Night of Elegance	- Tech Support		
	 Neighbourhood outings/walks 	- Any Bus Outings		
	- Painting and Craft Classes			

ACTIVITY AMBASSADORS

Bid Euchre	Lou Marzola - 3413	General Discussion	Ken Helson – (905) 449-5673
Billiards	Lou Marzola - 3413	Knitting Club	Betty Plaskitt - 3305
Book Club	Pauline Reed - 2704	Music Appreciation	Ron Kellington – 3623 and Tony Sibley - 2708
Bridge	Jane Saunders and Joan Biergard - 3622	Northern School Knitting Club	Irene Cherrett - 2321
Colouring	Betty Plaskitt - 3305	Poetry Appreciation	Patricia Bayley – 2710
Cribbage	Roy Carlson – 3319	Poker	Lou Marzola - 3413

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ate plans

- Swimming
- Kinesiology programs