

May 2024

Waldau Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	VENDORS May 4th 11-3 Library Traditions Alive Connecting with Roots May 16th 11-3 Library EZ Fit Shoes		1 8:15 Breakfast 10:30 RC Communion (RV) 11:00 Java Time 12:00 Lunch 2:00 Zumba 3:15 Music Therapy 4:00 Me and You (1:1s) 5:15 Dinner	2 8:15 Breakfast 10:00 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:30 For The Fun of Fit 3:00 Reading Circle 4:00 Stepping Out 5:15 Dinner	3 8:15 Breakfast 9:45 For The Spirit 11:00 Manicures 12:00 Lunch 2:00 Brains and Banter 3:00 Fun and Fitness (PAL) 4:00 Me and You (1:1s) 5:15 Dinner	4 8:15 Breakfast 10:00 Brains and Banter 11:00 Rosary (RV) 12:00 Lunch 2:00 For the Fun of Fit 3:00 Stepping Out 4:00 Me and You (1:1s) 5:15 Dinner
5 Village Wide Euchre 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 Euchre (SB) 3:00 Express Yourself 4:00 Me and You (1:1s) 5:15 Dinner	6 8:15 Breakfast 9:45 Brains and Banter 11:00 Walk ad Talk 12:00 Lunch 2:00 For The Spirit 3:00 Music & Dancing 4:00 Stepping Out 5:15 Dinner	7 Timbit Day 8:15 Breakfast 9:45 Music Therapy 10:0 One to one's 11:00 Fun and Fitness (PAL) 12:00 Lunch 2:00 Brains and Banter 3:00 Manicures 5:15 Dinner	8 8:15 Breakfast 9:45 Brains and Banter 10:45 Horticulture (1:1s) 12:00 Lunch 2:00 For The Fun of Fit 3:15 Music Therapy 4:00 Me and You (1:1s) 5:15 Dinner	9 8:15 Breakfast 10:00 Brains and Banter 11:15 Music & Dancing 12:00 Lunch 2:30 Express Yourself 3:30 Reading Circle 5:15 Dinner	10 8:15 Breakfast 10:00 Stepping Out 11:00 Express Yourself 12:00 Lunch 2:00 Manicures 3:00 Fun and Fitness (PAL) 4:00 Me and You (1:1s) 5:15 Dinner	11 Mothers Day Celebration 8:15 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:00 Mothers Day Music 3:00 Express Yourself 4:00 Me and You (1:1s) 5:15 Dinner
12 Mother's Day 8:15 Breakfast 10:00 For The Spirit 11:00 Mother's Day Social 12:00 Lunch 2:30 A Record Day Band SH 4:00 Me and You (1:1s) 5:15 Dinner	13 8:15 Breakfast 9:45 Brains and Banter 11:00 Walk ad Talk 12:00 Lunch 2:00 Reading Circle 3:00 For The Fun of Fit 4:00 Stepping Out 5:15 Dinner	14 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:45 Brains and Banter 3:00 Manicures 4:00 You and Me (1:1s) 5:15 Dinner	15 8:15 Breakfast 10:30 Java Time 12:00 Lunch 2:00 Zumba 3:15 Music Therapy 4:00 Stepping Out 5:15 Dinner	16 8:15 Breakfast 10:00 Reading Circle 11:15 Music Therapy 12:00 Lunch 2:30 Brains and Banter 3:00 For The Fun of Fit 4:00 Me and You (1:1s) 5:15 Dinner	17 8:15 Breakfast 10:30 Angilcan Service (JS) 11:00 Brains and Banter 12:00 Lunch 2:00 Music & Dancing 3:00 Fun and Fitness (PAL) 4:00 Me and You (1:1s) 5:15 Dinner	18 8:15 Breakfast 10:00 Morning Greetings 11:00 Brains and Banter 12:00 Lunch 2:00 Stepping Out 3:00 Manicures 4:00 Me and You (1:1s) 5:15 Dinner
19 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 For the Fun of Fit 3:00 Express Yourself 4:00 Me and You (1:1s) 5:15 Dinner	20 Victoria Day 8:15 Breakfast 9:45 Brains and Banter 11:00 Walk ad Talk 12:00 Lunch 2:00 Victoria Day Social 4:00 Stepping Out 5:15 Dinner	21 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:45 Brains and Banter 3:00 Manicures 4:00 Me and You (1:1s) 5:15 Dinner 6:15 Tom Denomme Performs	22 8:15 Breakfast 10:30 Java Time 12:00 Lunch 2:00 Brains and Banter 3:15 Music Therapy 4:00 Stepping Out 5:15 Dinner	23 8:15 Breakfast 10:00 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:00 Reading Circle 3:30 Dynamic Duo 5:15 Dinner	24 WAER BLUE 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 Alzheimer's Walk 3:00 Fun and Fitness (PAL) 4:00 Me and You (1:1s) 5:15 Dinner	25 Village Wide Bingo 8:15 Breakfast 10:00 Brains and Banter 11:00 Stepping Out 12:00 Lunch 2:30 Village Wide Bingo HV 3:00 Manicures 4:00 Me and You (1:1s) 5:15 Dinner
26 8:15 Breakfast 10:00 For The Spirit 11:00 For the Fun of Fit 12:00 Lunch 2:00 Express Yourself 3:00 Brains and Banter 4:00 Me and You (1:1s) 5:15 Dinner	27 8:15 Breakfast 9:45 Resident Meeting 11:00 Walk ad Talk 12:00 Lunch 2:30 May Social 3:00 For The Fun of Fit 4:00 Stepping Out 5:15 Dinner	28 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:45 Brains and Banter 3:00 Manicures 4:00 You and Me (1:1s) 5:15 Dinner	29 8:15 Breakfast 10:30 Java Time 12:00 Lunch 2:00 For The Fun of Fit 3:15 Music Therapy 4:00 Stepping Out 5:15 Dinner	30 8:15 Breakfast 10:15 Residents Council 11:15 Music Therapy 12:00 Lunch 2:00 Express Yourself 3:00 For The Fun of Fit 4:00 Me and You (1:1s) 5:15 Dinner	31 8:15 Breakfast 10:00 For the Spirit 11:00 Stepping Out 12:00 Lunch 2:00 Manicures 3:00 Fun and Fitness (PAL) 5:15 Dinner	Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR)