



# May 2024

## Sandhills Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Legend</b></p> <p>Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV)</p>	<p>Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR)</p>		<p>1 8:30 Breakfast 10:30 Zumba 10:30 RC Communion – (RV) 12:00 Lunch 2:00 Bingo 3:30 Bowling 5:00 Dinner</p>	<p>2 3 8:30 Breakfast 10:15 Nail Care 9:30 Perk Deliveries and Visits 12:00 Lunch 2:00 Art Class (HV) 3:30 Bible Study -Pastor Royal 5:00 Dinner</p>	<p>3 8:30 Breakfast 10:00 Church 11:00 “Total Body Fitness 12:00 Lunch 2:00 Junk Draw Detective 3:30 Discussion Group 5:00 Dinner</p>	<p>4 <b>Traditions Alive 11-3</b> <b>Connecting with Roots 11-3</b> 8:30 Breakfast 10:00 Foot ball Toss 11:00 Rosary (Roseville) 12:00 Lunch 2:00 Bingo 3:30 Java Music 5:00 Dinner</p>
<p>5 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Church 12:00 Lunch 2:30 Euchre Village Wide (SB) 4:00 Racket Balloons 5:00 Dinner</p>	<p>6 8:30 Breakfast 11:00 Total Body Fitness 12:00 Lunch 2:00 Hand Therapy 2:00 Express Yourself 3:00 Dinner Prep 3:30 For the Spirit 5:00 Men’s Dinner 7:00 You and Me</p>	<p>7 <b>Timbit Day</b> 8:30 Breakfast 9:30 Perk Deliveries &amp; Visits 10:15 UNO Card Game 11:15 Music Therapy 12:00 Lunch 1:30 Cookies decorating 3:30 Walk and Talks 5:00 Dinner</p>	<p>8 8:30 Breakfast 9:45 Horticulture 11:00 Bingo 10:30 Zumba 12:00 Lunch 2:00 You &amp; Me 3:30 Express yourself 5:00 Dinner</p>	<p>9 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Baking 12:00 Lunch 2:00 Nail Care 3:30 Bible Study -Pastor Royal 5:00 Dinner</p>	<p>10 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:00 Church 11:00 Total body Fitness 12:00 Lunch 1:30 You and Me 3:00 Smoothie Cart 3:30 Trivia 5:00 Dinner</p>	<p>11 <b>Mothers Day Lunch</b> 8:30 Breakfast 10:00 Bingo 12:00 Lunch 1:00 Entertainment 2:30 Stepping Out 3:30 Active Game 5:00 Dinner</p>
<p>12 <b>Mother’s Day</b> 8:30 Breakfast 9:30 PERK Delivery 10:30 TV Church 12:00 Lunch 2:30 A Record Day Band (KD) 4:00 Music Trivia 5:00 Dinner</p>	<p>13 8:30 Breakfast 9:45 Horticulture 11:00 Total Body Fitness 12:00 Lunch 1:30-4 Outing to Walmart 5:00 Dinner 6:15 Tom Denomme</p>	<p>14 8:30 Breakfast 9:30 Perk Deliveries &amp; Visits 10:15 Snakes and Ladders 11:15 Music Therapy 12:00 Lunch 2:00 Story Teller “Tea Legends and Traditions” (KD) 3:45 Bean Bag Toss 5:00 Dinner</p>	<p>15 8:30 Breakfast 9:45 Horticulture 11:00 Bingo 12:00 Lunch 1:30 Henry Winter 3:30 Travelogue to England 5:00 Dinner</p>	<p>16 <b>EZ Fit Shoes 11-3</b> 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:45 Roll-a-Tea Cup Dice Game 12:00 Lunch 2:00 Nail Care 3:30 Bible Study -Pastor Royal 5:00 Dinner</p>	<p>17 8:30 Breakfast 10:00 Church 10:30 Anglican Church Service (JS) 11: 00 Total Body Fitness 12:00 Lunch 1:45 Gardening Fun 4:00 Trivia Corner 5:00 Dinner</p>	<p>18 8:30 Breakfast 9:30 Perk Delivery and Visits 10:30 Bingo 12:00 Lunch 1:30 You and Me 3:30 Active Game 5:00 Dinner</p>
<p>19 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Church 12:00 Lunch 1:30 Apostolic Hymn Sing (SB) 1:30 You and Me 3:30 Java Music 5:00 Dinner</p>	<p>20 <b>Victoria Day</b> 8:30 Breakfast 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 1:30 Party Prep 3:00 Ladies Victorian Tea Party 5:00 Dinner 6:15 Table Ball</p>	<p>21 8:30 Breakfast 9:30 Perk Deliveries &amp; Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 2:00 Nail Care 3:30 Bowling 5:00 Dinner</p>	<p>22 8:30 Breakfast 9:45 Horticulture 11:00 Bingo 10:30 Zumba 12:00 Lunch 2:00 Stepping Out 3:30 Express Yourself 5:00 Dinner</p>	<p>23 8:30 Breakfast 10:15 Baking 9:30 Perk Deliveries and Visits 12:00 Lunch 2:00 Dynamic Duo (HV) 3:30 Bible Study -Pastor Royal 4:15 Resident’s Meeting 5:00 Dinner</p>	<p>24 WEAR BLUE 8:30 Breakfast 9:30 Country Drive 10:00 Church 11:00 Total body Fitness 12:00 Lunch 1:30 You and Me 2:00 Alzheimer’s Walk 3:30 Family Feud 5:00 Dinner</p>	<p>25 8:30 Breakfast 10:00 Express Yourself 11:00 Stepping Out 12:00 Lunch 2:30 Bingo Village Wide (HV) 4:00 You &amp; Me 5:00 Dinner</p>
<p>26 8:30 Breakfast 9:30 PERK Delivery 10:30 TV Church 12:00 Lunch 1:30 You &amp; Me 2:30 Family Hymn Sing (HV) 4:00 Walking Club 5:00 Dinner</p>	<p>27 8:30 Breakfast 10:30 United/Presbyterian Service (LTC WR) 11:00 Total Body Fitness 12:00 Lunch 2:00 Express Yourself 3:30 For the Spirit 4:00 Perk Deliveries and Visits 5:00 Dinner</p>	<p>28 8:30 Breakfast 9:30 Perk Deliveries &amp; Visits 10:15 Active Games 11:15 Music Therapy 12:00 Lunch 1:45 Food Committee Meeting 3:30 Board Games 5:00 Dinner</p>	<p>29 8:30 Breakfast 9:45 Horticulture 10:00 Lunch Prep 12:00 Special Lunch 2:30 You and Me 3:30 Kevin Coates 5:00 Dinner</p>	<p>30 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Residents Council (LRT WR) 12:00 Lunch 2:00 Nail Care 3:30 Bible Study -Pastor Royal 5:00 Dinner</p>	<p>31 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 2:00 Plant Maintenance 3:30 Active Games 5:00 Dinner</p>	