



# May 2024

## Hagey Neighbourhood



*The Village at*  
**UNIVERSITY GATES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:15 Brains and Banter 2:00 Express Yourself 3:30 Balance Class (FC) 4:00 Stepping Out 6:30 Documentary & Popcorn (C)	2 9:30 Church Service (C) 10:15 You and Me 2:00 PAL Hagey Fitness 3:30 Circle of Friends 6:30 Active Games (MS)	3 2:00 Musical Moments 3:30 Active Games (FC) 4:00 Circle of Friends 6:30 Crafting Club (CC)	4 10:30 Express Yourself 2:00 Entertainment with Kevin Coates (Do) 3:30 Stepping Out
5 <b>Cinco De Mayo</b> 10:30 For The Soul 1:30 Stepping Out 2:00 In The Kitchen: Cinco De Mayo Celebration 3:30 Brains and Banter	6 10:30 Village Updates 12:30-1:30 Greenhouse Drop-in 2:00 Green Thumbs 2:30 For The Fun of Fit 3:30 Total Body Fitness (FC) 4:00 Express Yourself 6:30 Game Show Trivia (CC)	7 9:30 Rosary (C) 10:30 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 4:00 Short Stories 6:30 Devotions (C)	8 10:15 Express Yourself 11:00 You and Me 2:00 Card Tournament (CC) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Musical Moments 6:30 Games Night (CC)	9 9:30 Church Service (Do) 2:00 For The Fun and Fit 2:00 PAL Hagey Fitness 4:00 Stepping Out 6:30 Active Games (MS)	10 1:30 Brains and Banter 2:30 Stepping Out 3:30 Active Games (FC) 6:30 Crafting Club (CC)	11 10:15 Circle of Friends 11:00 Stepping Out 2:00 Musical Moments 3:30 Circle of Friends
12 <b>Mother's Day Caregiver's Week</b> 10:15 For The Soul 11:00 You and Me 2:00 Mother's Day Tea Social (MS) 3:30 Express Yourself	13 10:30 Soothing Sensations 12:30-1:30 Greenhouse Drop-in 1:00 Stepping Out 1:30 Resident Bill of Rights & Calendar Planning 2:00 Green Thumbs 2:30 Brains and Banter	14 9:30 Rosary (C) 10:30 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 4:00 Short Stories 6:30 In The Kitchen (CC)	15 9:00-12:00 Outing: Clay and Glass Gallery 10:15 Brains and Banter 2:00 For The Fun and Fit 3:30 You and Me 3:30 Balance Class (FC) 6:30 Games Night (CC)	16 9:30 Church Service (C) 12:30 Greenhouse Drop-in 2:00 PAL Hagey Fitness 3:30 Brains and Banter 6:30 Outing: Tim Hortons	17 2:00 Musical Moments 3:30 Active Games (FC) 4:00 Circle of Friends 6:30 Crafting Club (CC)	18 10:30 Stepping Out 2:00 Entertainment with Robert Mackinnon Remedy (Jo) 3:30 Express Yourself
19 10:30 For The Soul 11:30 You and Me 1:00 Outing to Kitchener Panthers	20 <b>Victoria Day</b> 10:15 Brains and Banter 1:15 In the Kitchen 2:00 Green Thumbs 2:00 Wheelchair Walker Wash (CC) 6:30 Game Show Trivia (CC)	21 9:30 Rosary (C) 10:30 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 4:00 Short Stories 6:30 Devotions (C)	22 10:00 -12:00 Outing: Country Drive 10:15 Express Yourself 2:00 Food Committee (C) 2:00 For The Fun and Fit 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC)	23 9:30 Church Service 10:30 Fireside Voices Choir (C) 12:30 Greenhouse Drop-in 2:00 PAL Hagey Fitness 2:00 Residents Council 3:30 Express Yourself 6:30 Active Games (MS)	24 1:30 Soothing Sensations 3:30 Active Games (FC) 4:00 Musical Moments 6:30 Crafting Club (CC)	25 10:00 Walk for Alzheimer's 2:00 Entertainment with Henry Winter (Po) 3:30 Stepping Out
26 10:30 For The Soul 11:00 You and Me 2:00 Soothing Sensations 3:30 Express Yourself	27 10:30 Stepping Out 12:30-1:30 Greenhouse Drop-in 1:30 Brains and Banter 2:00 Green Thumbs 2:30 Circle of Friends 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	28 9:30 Rosary (C) 10:30 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 In The Kitchen (CC)	29 10:15 Brains and Banter 11:00 You and Me 1-3 Baby Ducks (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	30 10:00 Celebration of Life (C) 12:30 Greenhouse Drop-in 2:00 PAL Hagey Fitness 3:30 Circle of Friends 6:30 Active Games (MS)	31 1-4 KmW Clothing Sale 3:30 Active Games (FC) 3:30 Musical Moments 6:30 Crafting Club (CC)	