



# July 2024

## Dundas



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen- CK Community Centre—CC Fitness Centre- FC Open Area- OA Touring- TO Town Hall - TH Virtual - V Library - Lib	<b>1 Canada Day</b>  10:30 Art CK 2:00 Celebrating Canada Day- MS 4:00 Express Yourself -CK 6:30- The Facts about Canada-CC	<b>2</b> 8:00 Breakfast Club-CK 10:00 Chaplain's Chat - OA 2:00 Horse Race -OA 4:00 Stepping out-TO 3:30 You & I- TO <b>6:30 Bingo-MS</b>	<b>3</b> 10:00 For the Fun of Fit -OA 11:00 Brains & Banter -OA <b>3:00 Java Music Club-CC</b> 4:00 Tea Social Collab DD 6:30 Brain Boosters-CC	<b>4</b> <b>10:00 Feel &amp; Fold-CK</b> 11:00 You and I-TO 2:00 Chocolate Bingo 3:30 Rhymes with cards <b>6:30 Music Appreciation-CC</b>	<b>5</b> 10:00 In the kitchen—CK 11:00 Helping hands 2:00 Circle of Friends-PA 3:30 Stepping Out-TO <b>6:30 Movie Night-CC</b>	<b>6</b> 10:00 Short story-PA 11:00 Mini-Manicure-OA <b>2:00 Bingo-MS</b> 3:30 Helping Hands-CK 6:30 A Little Bit of This and That- CC	
<b>7</b> 10:00 For the soul-OA 11:00 Hand Massage-TO 3:30 Church Service - L 4:00 You and I-TO 6:30 Melody of Divine Love - MS	<b>8</b> 10:30 Art—CK 11:15 Music Therapy- OA 1:30 Chime Choir-L 4:00 Express Yourself-CK 6:30 Active Games-MS	<b>9</b> 10:00 Musical Moments-OA 11:00 Soothing & Sensation-PA 3:00 Music With David - OA 4:00 Stepping Out-GH <b>6:30 Bingo-MS</b>	<b>10</b> 10:00 For the fun fit OA 11:00 Brains & banter-OA 2:00 Residents Council Meeting-CC 4:00 Tea social -CK <b>6:30 Java Music Club-CC</b>	<b>11</b> <b>10:00 Feel &amp; Fold-CK</b> 11:00 You and I -TO 2:00 Chocolate Bingo 3:30 Pastoral Visit - TO <b>6:30 Music Appreciation-CC</b>	<b>12</b> 10:00 In the kitchen—CK 11:00 Helping hands 2:00 Circle of Friends-PA 3:30 Bean Bag Toss-OA <b>6:30 Movie Night-CC</b>	<b>13</b> 9:30 Green thumb—CC 11:00 short story-PA <b>2:00 Bingo-MS</b> 3:30 Mini-Manicure-PA 6:30 A Little Bit of This and That- CC	
<b>14</b> 10:00 For the Soul-OA 11:00 Hand massage-TO 3:30 Church Service - L 4:00 You and I -TO 6:30 It's Never Too Late-CC	<b>15</b> 10:30 Art—CK 11:15 Music Therapy- OA 1:30 Chime Choir-L 4:00 Express Yourself -CK 6:30 Active Games-MS	<b>16</b> 10:00 Hymn Sing - OA 10:30 Pastoral Visit - TO 2:00 Entertainment-MS 4:00 Stepping out_-GH <b>6:30 Bingo-MS</b>	<b>17</b> 10:00 For the fun of fit-OA 11:00 Brains & Banter-OA 2:00 Tea Social-CK 4:00 You and I -GH <b>6:30 Java Music Club-CC</b>	<b>18</b> <b>10:00 Feel &amp; Fold-CK</b> 11:00 You and I-TO 2:00 Chocolate Bingo 3:30 Rhymes with Cards <b>6:30 Music Appreciation-CC</b>	<b>19</b> 10:00 In the kitchen—CK 11:00 Helping hands 2:00 Circle of Friends-PA 3:30 Stepping Out-TO <b>6:30 Movie Night-CC</b>	<b>20</b> 10:00 Short Story-PA 11:00 Mini-Manicure-PA <b>2:00 Bingo-MS</b> 3:30 Helping hands-CK 6:30 A Little Bit of This and That-CC	
<b>21</b> 10:00 For the soul-OA 11:00 Hand massage-TO 2:00 Sunday Social-MS 4:00 Church Service - L 6:30 It's Never Too Late-CC	<b>22</b> 10:30 Art—CK 11:15 Music Therapy- OA 1:30 Chime Choir-L 4:00 Express Yourself -CK 6:30 Active Games-MS	<b>23</b> 10:00 Musical Moments-OA 11:00 Soothing & Sensation 2:00 Horse Race-OA 4:00 stepping Out-TO <b>6:30 Bingo-MS</b>	<b>24</b> 10:00 For the fun of it-OA 11:00 Brains & Banter -PA 2:00 Tea Social-CK 4:00 You and I- TO <b>6:30 Java Music Club-CC</b>	<b>25</b> <b>10:00 Feel &amp; Fold-CK</b> 1:00-3:30 Trip to Streetsville & Ice Cream @Murphy's- Sign up required <b>6:30 Music Appreciation-CC</b>	<b>26</b> 10:00 In the kitchen—CK 11:00 Helping hands 2:00 Circle of Friends-PA 3:30 Bean Bag Toss-OA 6:30 Pub Night-MS	<b>27</b> 9:30 Green thumb—CC 11:00 Mini-Manicure-OA <b>2:00 Bingo-MS</b> 3:30 Stepping Out-TO 6:30 A Little Bit of This and That-CC	
<b>28</b> 10:00 For the soul-OA 11:00 Hand massage-TO <b>2:00 Live Worship Music - MS</b> 3:30 Church Service - L 6:30 It's Never Too Late-CC	<b>29</b> 10:30 Art—CK 11:15 Music Therapy- OA 1:30 Chime Choir-L 4:00 Express Yourself -CK 6:30 Active Games-MS	<b>30</b> 10:00 Bible Mind Teaser - OA 2:00 Birthday Bash-MS 4:00 Stepping Out-TO <b>6:30 Bingo-MS</b>	<b>31</b> 10:00 For the fun of fit-OA 11:00 Brains & Banter -PA 2:00 Tea Social-CK 4:00 You and I -TO	<b>Programs may be subject to change if required</b>			