



July 2024

Derry



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|---|
| Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen— CK Community Centre—CC Fitness Centre— FC Open Area— OA Touring— TO Town Hall - TH Virtual - V Library - Lib | 1 Canada Day 2:00 Celebrating Canada Day – MS 3:30 In the kitchen 4:00 Helping hands 6:30– The Facts about Canada-CC | 2 10:00 For the fun of fit 10:30 Art & Craft 11:00 Circle of friends 2:00 Express Yourself 3:00 Pastoral Visit - TO 3:00 Brains and Banter 4:00 Stepping Out 6:30 Bingo-MS | 3 10:00 You and I 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Bingo Derry 3:00 Stepping out 4:00 In the Kitchen 3:00 Java Music Club-CC 6:30 Brain Boosters-CC | 4 9:30– Music Therapy-PA 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Express yourself 3:30 Helping Hands 4:00 Stepping Out 6:30 Music Appreciation-CC | 5 10:00 Feel & Fold-CK 11:00 For the fun of fit 11:30 Musical Moments 2:00 Movie/TV show 6:30 Movie Night-CC | 6 10:00 For the fun of fit 10:30 In the Kitchen 11:00 Stepping Out 2:00 Bingo-MS 3:30 Soothing Sensation 4:00 You and I 6:30 A Little Bit of This and That– CC |
| 7 10:00 For the fun of fit 10:30 For the soul 11:30 Circle of friends 2:00 Express yourself 3:30 Church Service - L 6:30 Melody of Divine Love - MS | 8 1:00 You and I 1:30 In the Kitchen 2:00 Brains and Banter 3:00 Express Yourself 3:30 Helping Hands 6:30 Active Games-MS | 9 10:00 For the fun of fit 10:30 Art & Craft 11:00 Circle of friends 2:00 Express Yourself 3:00 Brains and Banter 3:30 Hymn Sing - OA 4:00 Stepping Out 6:30 Bingo-MS | 10 10:00 You and I 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Residents Council Meeting-CC 2:00 Green thumb 3:00 Bingo Derry 6:30 Java Music Club-CC | 11 9:30– Music Therapy-PA 10:30 For the fun of fit 11:00 Soothing Sensation 2:00 Express yourself 3:30 Helping Hands 4:00 Stepping Out 6:30 Music Appreciation-CC | 12 10:00 Feel & Fold-CK 11:00 For the fun of fit 11:30 Musical Moments 2:00 Movie/TV show 6:30 Movie Night-CC | 13 10:00 For the fun of fit 10:30 In the Kitchen 11:00 Stepping Out 2:00 Bingo-MS 3:30 Brains and Banter 4:00 You and I 6:30 A Little Bit of This and That– CC |
| 14 10:00 For the fun of fit 10:30 For the soul 11:30 Circle of friends 2:00 Stepping Out 3:30 Church Service - L 6:30 It's Never Too Late-CC | 15 1:00 You and I 1:30 Brains and Banter 2:00 In the Kitchen 3:00 Music With David - OA 3:00 Express Yourself 3:30 Helping Hands 6:30 Active Games-MS | 16 10:00 For the fun of fit 10:30 Art & Craft 11:00 Circle of friends 2:00 Entertainment-MS 3:00 Brains and Banter 4:00 Stepping Out 6:30 Bingo-MS | 17 10:00 You and I 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Bingo Derry 3:00 Helping Hands 3:30 Musical Moments 6:30 Java Music Club-CC | 18 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Express yourself 3:30 Helping Hands 4:00 Stepping Out 6:30 Music Appreciation-CC | 19 10:00 Feel & Fold-CK 11:00 For the fun of fit 11:30 Musical Moments 2:00 Hands on Exotics-OA 6:30 Movie Night-CC | 20 10:00 For the fun of fit 10:30 In the Kitchen 11:00 Stepping Out 2:00 Bingo-MS 3:30 Soothing Sensation 4:00 You and I 6:30 A Little Bit of This and That– CC |
| 21 10:00 For the fun of fit 10:30 For the soul 11:30 Circle of friends 2:00 Sunday Social-MS 4:00 Church Service - L 6:30 It's Never Too Late-CC | 22 1:00 You and I 1:30 In the Kitchen 2:00 Brains and Banter 3:00 Express Yourself 3:30 Helping Hands 6:30 Active Games-MS | 23 10:00 For the fun of fit 10:30 Art & Craft 11:00 Brains and Banter 2:00 Express Yourself 3:00 Musical Moments 3:30 Bible Mind Teaser - OA 4:00 Stepping Out 6:30 Bingo-MS | 24 10:00 You and I 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Green Thumb 3:00 Bingo Derry 4:30 Helping Hands 6:30 Java Music Club-CC | 25 9:30– Music Therapy-PA 10:30 For the fun of fit 11:00 Brains and Banter 1:00-3:30 Trip to Streetsville & Ice Cream @Murphy's– Sign up required 6:30 Music Appreciation-CC | 26 10:00 Feel & Fold-CK 11:00 For the fun of fit 11:30 Musical Moments 2:00 Movie/TV show 6:30 Pub Night-MS | 27 10:00 For the fun of fit 10:30 In the Kitchen 11:00 Stepping Out 2:00 Bingo-MS 3:30 Brains and Banter 4:00 You and I 6:30 A Little Bit of This and That– CC |
| 28 For the fun of fit 10:30 For the soul 11:30 Circle of friends 2:00 Live Worship Music - MS 3:30 Church Service - L 6:30 It's Never Too Late-CC | 29 1:00 You and I 1:30 Brains and Banter 2:00 In the Kitchen 3:00 Express Yourself 3:30 Helping Hands 6:30 Active Games-MS | 30 10:00 For the fun of fit 10:30 Art & Craft 11:00 Brains and Banter 2:00 Birthday Bash-MS 3:30 Soothing Sensation 4:00 Stepping Out 6:30 Bingo-MS | 31 10:00 You and I 10:30 For the fun of fit 11:00 Brains and Banter 2:00 Green Thumb 3:00 Bingo Derry 4:30 Helping Hands | Programs may be subject to change if required | | |