



June 2024

Downey Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June is Seniors Month!						1 9:30 Calendar Hang Up 10:30 Outdoor Walks 2:00 Card Afternoon (CC)
2 9:30 For the Soul 10:30 Target Toss 2:00 Sunday Sundaes	3 9:30 Daily Perk 10:30 Manicures & Nail Care 12:30 Greenhouse Drop-in 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	4 9:30 Rosary (C) 10:45 Art with Sonal 1:15 Calendar Planning & Residents' Bill of Rights Meeting 2:30 New Horizons Concert Band (RH) 3:30 Tai Chi (FC) 6:30 Devotions (C)	5 2:00 Tie Dye (CC) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	6 Blue Jay Day 9:30 Church Service (C) 11:00 Patio Popsicles 1:00 Blue Jays Game (Wr) 12:30 Greenhouse Drop-in 6:30 Active Games (MS)	7 9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	8 9:00 Daily Perk 10:00 Bingo on Pollock 2:00 Entertainment with Jontue (Ma)
9 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Sunday Sundaes: Banana Splits	10 9:00 Manicures & Nail Care 10:30 Java Music Club 11:00 Village Updates (C) 12:30 Greenhouse Drop-in 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	11 9:30 Rosary (C) 10:45 Art with Sonal 11:00 Village Updates (C) 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Brains & Banter 6:30 In the Kitchen (CC)	12 Pride Day 12:00 Pride Parade 2:30 Our Spectrum Presentation (RH) 4:00 Express Yourself 3:30 Balance Class (FC) 6:30 Games Night (CC)	13 9:30 Church Service (C) 11:00 Cornhole 12:30 Greenhouse Drop-in 2:00 Movie & Popcorn 6:30 Active Games (MS)	14 9:30 You & Me 10:30 Sit N Get Fit with PAL 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	15 9:30 You & Me 10:00 Bingo with Pollock 2:00 Outdoor Walks
16 Father's Day 9:30 For the Soul 10:30 Neighbourhood Time 2:00 Fathers Day Celebration with R+S Country (MS)	17 9:30 Daily Perk 10:30 Tim Hortons Social 12:30 Greenhouse Drop-in 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	18 9-12 Bus Outing: St. Jacobs Farmers Market 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Patio Time 6:30 Devotions (C)	19 2:00 In the Kitchen 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Outdoor Walks 6:30 Games Night (CC)	20 Summer Begins 9:30 Church Service (C) 11:00 Summer Trivia 12:30 Greenhouse Drop-in 2:00 Happy Hour with Dynamic Duo (Courtyard) 6:30 Active Games (MS)	21 National Indigenous Peoples Day 9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	22 9:00 Morning Walks 10:00 Bingo on Pollock 2:00 Entertainment with Manvir (Wr)
23 10:00 Neighbourhood Time 11:00 Daily Perk 2:00 Sunday Sundaes: Ice cream floats	24 10:30 My Experience with Handel's Messiah with Howard Dyck (L) 12:30 Greenhouse Drop-in 2:30 Duet Bikes 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	25 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Soothing Sensations 6:30 In the Kitchen (CC)	26 2:00 Food Committee (C) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	27 9:30 Church Service (C) 12:30 Greenhouse Drop-in 1-4 Bus Outing: KW Art Gallery 2:00 Resident's Council (C) 6:30 Active Games (MS)	28 8:30 Pancake Breakfast 10:30 Sit N Get Fit with PAL 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	29 9:00 Daily Perk 10:00 Bingo with Pollock 2:00 Summer Craft
30 9:30 For the Soul 10:30 Outdoor Walks 2:00 Sunday Sundaes: flavoured ice cream						