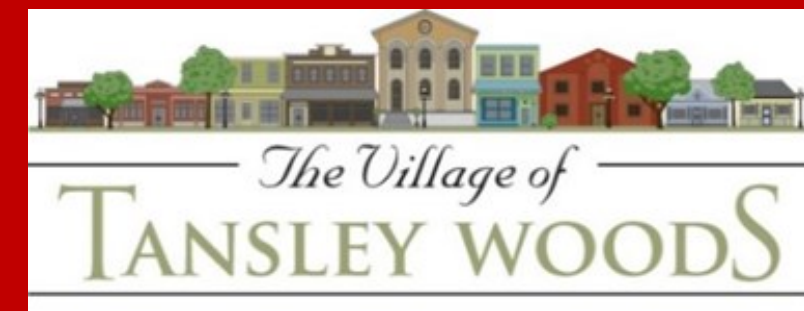




# July 2024

## Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> <b>Magdalena July 25</b> <b>William P July 28</b>	<b>1 Canada Day (Wear Red &amp; White!)</b> 8:00 Breakfast <b>10:00 Opening Ceremonies, O'Canada, Canadian Trivia &amp; Games (RH Turn Circle)</b> 12:00 Lunch 3:30 Entertainment by the Pond 5:00 Dinner	<b>2</b> 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	<b>3</b> 8:00 Breakfast 9:30 Java Time 10:30 Express Yourself 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	<b>4</b> 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch <b>2:15 Live Entertainment: Manvir</b> 4:00 Circle of Friends 5:00 Dinner	<b>5</b> 8:00 Breakfast 9:30 Soothing Sensations 10:30 Art Workshop 12:00 Lunch <b>2:30 Tea Party</b> 3:45 Musical Moments 5:00 Dinner	<b>6</b> 8:00 Breakfast 10:30 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner
<b>7</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner	<b>8</b> 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 3:30 For the Fun of Fit 5:00 Dinner	<b>9</b> 8:00 Breakfast 9:30 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner	<b>10</b> 8:00 Breakfast 9:30 Stepping Out 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	<b>11</b> 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	<b>12</b> 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Wine and Cheese</b> 3:45 Musical Moments 5:00 Dinner	<b>13</b> 8:00 Breakfast 10:00 Neighbourhood Time 10:45 Chocolate Bingo 12:00 Lunch 1:30 Church Service 2:30 Brains and Banter 3:30 Stepping Out 5:00 Dinner
<b>14</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:15 For the Soul 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	<b>15</b> 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 You and Me	<b>16</b> 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	<b>17</b> 8:00 Breakfast 9:30 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	<b>18</b> 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	<b>19</b> 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Ice Cream Social</b> 3:45 Musical Moments 5:00 Dinner	<b>20</b> 8:00 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
<b>21</b> 8:00 Breakfast 10:00 Neighbourhood Time 11:15 For the Soul 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	<b>22</b> 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 3:30 For the Fun of Fit 5:00 Dinner	<b>23</b> 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	<b>24</b> 8:00 Breakfast 9:30 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Brains and Banter 3:30 Circle of Friends 5:00 Dinner	<b>25</b> 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	<b>26</b> 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Birthday Party</b> 3:45 Musical Moments 5:00 Dinner	<b>27</b> 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
<b>28</b> 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	<b>29</b> 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 You and Me	<b>30</b> 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	<b>31</b> 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 5:00 Dinner			