




July 2024

Islington Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day 09:45 Brains & Banter 10:30 Canada Day Express Yourself 02:30 Canada Day Celebrations 03:30 Stepping out 04:00 You & Me	2 09:00 Horticulture Therapy 10:15 In the Kitchen 11:00 Brains and Banter 02:00 Musical Moments 02:45 Circle of Friends 03:30 Stepping Out	3 Casino Day 01:30 You and Me 02:00 Casino Day Festivities 02:00 Brains & Banter 03:00 Bowling 06:15 Iced Coffee Social	4 10:00 Express Yourself 10:45 Horse Shoe Racing 02:00 Bingo 02:45 Musical Moments 03:30 You and Me	5 10:00 Bocce Ball 11:00 Java Music Club 02:00 You and Me 02:45 Games 03:30 Book Club	6 09:45 Mathletes 10:30 For the fun of Fit 11:00 You & Me 02:00 Musical Moments 03:30 Patio Social
7 09:45 You & Me 10:30 Virtual Catholic Mass 02:30 Stepping Out 03:30 Soothing Sensation	8 10:00 Exercise/PAL fitness 10:30 Bingo 02:00 Express Yourself 02:45 Soothing Sensations 03:30 You and Me	9 09:00 Horticulture Therapy 10:15 In the Kitchen: Cookies 11:00 Mathlete 02:00 Outing: James Garden Park 02:45 Circle of Friends 03:30 Brain and Banter	10 Beach Day 01:15 You and Me 02:00 It's Never Too Late 02:30 Entertainment: Lovesound 04:15 Express Yourself: Beach Art 06:15 Pina Colada Patio Social	11 Vendor: Adrian Clothing 10:00 Manicures 11:00 Word Games 02:00 Bingo 02:45 Java Music 03:30 Circle of Friends: Gardening	12 09:45 For the Fun of Fit 10:30 Patio Social 02:30 Entertainment: Heartbeats 04:00 You and Me	13 09:45 For the Fun of Fit 10:30 Brains and Banter 02:00 It's Never too Late 02:45 Soothing Sensations 03:30 Express Yourself
14 09:45 Express Yourself 10:30 Virtual Catholic Mass 11:00 Brains & Banater 02:00 Outdoor: Patio Fun 02:45 Musical Moments 03:30 You and Me	15 01:15 Brains & Banter 02:00 Patio Social 03:00 Stepping Out 06:15 You & Me	16 Ice Cream Day Vendor: Nelly's Comfort shoes 09:00 Horticulture Therapy 10:00 Manicures 11:00 Express Yourself 02:30 Stepping Out 03:30 Social: Ice-cream	17 01:30 Circle of Friends 02:30 Musical Moments 03:15 Mathletes 04:00 You and Me 06:15 For the Fun of Fit	18 10:00 Italian Club 11:00 Express Yourself 02:00 Bingo 02:45 Brains and Banter: Puzzles 03:30 Circle of Friends	19 10:00 Bocce Ball 11:00 Java Music Club 02:30 Entertainment: Gilad 03:30 It's Never Too Late 04:00 You and Me	20 09:45 You & Me 10:30 Express Yourself 02:00 It's Never Too Late 02:30 Bingo 03:30 For the Fun of Fit
21 09:45 Brains and Banter: Trivia 10:30 Virtual Catholic Mass 02:15 Java Music 03:15 Stepping Out /You & Me	22 09:45 Soothing Sensations 10:00 Exercise/PAL fitness 10:30 Bingo 02:00 Outing: Cloverdale Mall 02:45 For the Fun of Fit 03:30 Popcorn Social	23 09:00 Horticulture Therapy 10:00 In the Kitchen: Muffins 11:00 Brains & Banter 02:00 Stepping Out 02:45 Express Yourself 03:30 Outdoor: Patio Fun	24 International Self Care Day Vendor: Simply Felt 01:30 Games: Penny-Ante 02:30 Musical Moments 03:15 Express Yourself 06:15 Wine and Cheese Social	25 Anglican Church 10:00 Anglican Church Service 10:00 Outing: James Garden Park 10:15 For the Fun of Fit 11:00 Brains and Banter 02:00 Bingo 02:45 Musical Moments 03:00 Resident Council	26 Olympics Opening Ceremony 09:45 Mathletes 10:30 Java Musical Moments 02:00 Entertainment: Heartbeats 04:00 You and Me 	27 09:45 For the Fun of Fit 10:30 Express Yourself 02:00 Stepping Out 02:45 Soothing Sensations 03:30 Java Music
28 09:45 Java Music Club 10:30 Virtual Catholic Mass 01:00 Outing: Blue Jays Game 02:15 For the Fun of Fit 03:30 Brains and Banter	29 01:30 Express Yourself 02:30 Birthday Entertainment: Len-ny 04:00 You and Me 06:15 For the Fun of Fit	30 10:00 In the Kitchen: Cake 11:00 Trivia 02:00 For the Fun of Fit 02:45 Express Yourself 03:30 Social	31 Diversity Day: Caribbean 12:30 Caribbean Dancers 01:30 Express Yourself 02:30 Musical Moments 03:30 Brains and Banter 06:15 Diner's Club			