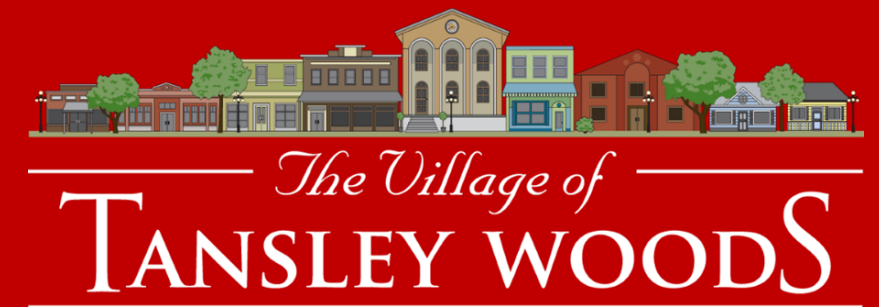




# July 2024

## Oaklands



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend CC– Community Center FC– Fitness Center TH– Town Hall L– Library MS– Main Street</p>	<p><b>1 Canada Day</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Canada Day Ceremony—Outside 12:00 BBQ Lunch 2:30 Geri Defoe Performs—TH 4:00 You and Me 5:00 Dinner</p>	<p><b>2</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Musical Moments 11:00 Art Therapy 12:00 Lunch 2:00 Soothing Sensations 3:30 For The Fun of Fit 5:00 Dinner</p>	<p><b>3</b> 8:15 Breakfast 9:00 Neighbourhood Time 9:15 Fun and Fit 10:30 Horticulture Therapy 11:00 For The Soul 12:00 Lunch 2:00 You and Me 3:30 Musical Moments 5:00 Dinner</p>	<p><b>4</b> 8:15 Breakfast 12:00 Lunch 1:00 Neighbourhood Time 2:15 Drum Fit—FC 3:30 In the Kitchen—CC 5:00 Dinner 6:30 You and Me</p>	<p><b>5</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Stepping Out 11:00 Line Dancing—FC 12:00 Lunch 2:00 For the Soul 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>6</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:30 Tim Hortons Social—CC 12:00 Lunch 2:00 You and Me 3:00 Zach Erikson Performs—TH 5:00 Dinner</p>
<p><b>7 Muharram</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Movie Matinee 12:00 Lunch 2:15 Church Service—TH 3:00 Fellowship—CC 5:00 Dinner</p>	<p><b>8</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Mother Goose—TH 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>9</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Art Therapy 12:00 Lunch 1:00 Spiritual Visits 2:00 Soothing Sensations 3:30 Musical Moments 5:00 Dinner</p>	<p><b>10</b> 8:15 Breakfast 9:00 Neighbourhood Time 9:15 Fun and Fit 10:30 Horticulture Therapy 11:00 Musical Moments 12:00 Lunch 2:00 Soothing Sensations 3:30 Circle of Friends 5:00 Dinner</p>	<p><b>11</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:30 Happy Hour Bingo—MS 3:30 Stepping Out 5:00 Dinner</p>	<p><b>12</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Stepping Out 11:00 Line Dancing—FC 12:00 Lunch 2:00 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>13</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Soothing Sensations 12:00 Lunch 2:00 You and Me 3:00 Jack Garson Performs—TH 5:00 Dinner</p>
<p><b>14</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Total Body Fitness 11:00 Circle of Friends 12:00 Lunch 2:15 Church Service—TH 3:00 Fellowship—CC 5:00 Dinner</p>	<p><b>15</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Mother Goose—TH 11:00 Stepping Out 12:00 Lunch 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>16</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Musical Moments 12:00 Lunch 1:00 Spiritual Visits 2:30 Ice Cream Social—MS 3:30 Stepping Out 5:00 Dinner</p>	<p><b>17</b> 8:15 Breakfast 9:00 Neighbourhood Time 9:15 Fun and Fit 11:00 Soothing Sensations 12:00 Lunch 1:30 Music Therapy 2:00 Stepping out 3:30 Circle of Friends 5:00 Dinner</p>	<p><b>18</b> 8:15 Breakfast 10:30 Horticulture Therapy 12:00 Lunch 1:00 Neighbourhood Time 2:15 Drum Fit—FC 3:30 In the Kitchen—CC 5:00 Dinner 6:30 You and Me</p>	<p><b>19</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Stepping Out 11:00 Line Dancing—FC 12:00 Lunch 2:00 For the Soul 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>20</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:00 Ron Tansley Performs—TH 5:00 Dinner</p>
<p><b>21 Ice Cream Day</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:15 Church Service—TH 3:00 Ice Cream Social—MS 5:00 Dinner</p>	<p><b>22</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Mother Goose—TH 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>23</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Musical Moments 12:00 Lunch 1:00 Spiritual Visits 2:00 You and Me 3:30 Express Yourself 5:00 Dinner</p>	<p><b>24 International Self Care Day</b> 8:15 Breakfast 9:00 Neighbourhood Time 9:15 Fun and Fit 11:00 For the Soul 12:00 Lunch 1:30 Music Therapy 2:00 You and Me 3:30 Circle of Friends 5:00 Dinner</p>	<p><b>25</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:15 Drum Fit—FC 3:00 In the Kitchen—CC 5:00 Dinner</p>	<p><b>26 Olympics Begins</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Stepping Out 11:00 Line Dancing—FC 12:00 Lunch 2:00 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>27 Day of the Cowboy</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:30 Western Social—CC 12:00 Lunch 2:00 Stepping Out 3:00 Brad Boland Performs—TH 5:00 Dinner</p>
<p><b>28</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Total Body Fitness 11:00 Circle of Friends 12:00 Lunch 2:15 Church Service—TH 3:00 Fellowship—CC 5:00 Dinner</p>	<p><b>29 Diners Club</b> 8:15 Breakfast 9:00 Neighbourhood Time 10:00 Mother Goose—TH 11:00 Stepping Out 12:00 Diners Club: Lasagna Day 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner</p>	<p><b>30</b> 8:15 Breakfast 9:00 Neighbourhood Time 11:00 Musical Moments 12:00 Lunch 1:00 Spiritual Visits 2:30 July Birthday Social—CC 3:30 You and Me 5:00 Dinner</p>	<p><b>31</b> 8:15 Breakfast 9:00 Neighbourhood Time 9:15 Fun and Fit 11:00 Express Yourself 12:00 Lunch 1:30 Music Therapy 2:00 Soothing Sensations 3:30 Stepping Out 5:00 Dinner</p>	<p><b>Residents Bill Of Rights</b> 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.</p>		