



June 2024

Pollock Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June is Seniors Month						1 9:30 Calendar Hang Up 10:30 Stepping Out 2:00 Card Tournament
2 10:00 For the Soul 11:00 You and Me 2:00 Sundae Sundays	3 12:30 Greenhouse Drop-in 2:30 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	4 9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:30 New Horizons Concert Band (RH) 3:15 Tai Chi (FC) 6:30 Devotions (C)	5 10:00 For the Fun of Fit 1:15 Art with Sonal 2:00 Stepping Out 2:00 Tie Dye (CC) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn	6 9:30 Church Service (C) 12:30 Greenhouse Drop-in 1:00 Outing: Walmart 2:00 Manicures 2:00 Green Thumbs 6:30 Active Games (MS)	7 9:30 Hello Pollock 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	8 9:30 Daily Perk 10:00 Bingo on Pollock 2:00 Entertainment with Jontue (Ma)
9 11:00 You and Me 2:00 Sundae Sundays: Banana Splits 5:15 Diner's Club	10 11:00 Village Updates (C) 12:30 Greenhouse Drop-in 2:30 Calendar Planning 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	11 9:30 Rosary (C) 10:30 Village Updates (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	12 Pride Day 10:00 For the Fun of Fit 12:00 Pride Parade 1:15 Art with Sonal 2:30 Our Spectrum Presentation (RH) 3:30 Balance Class (FC) 6:30 Games Night (CC)	13 9:30 Church Service (C) 12:30 Greenhouse Drop-in 2:00 Manicures 2:00 Green Thumbs 6:30 Active Games (MS)	14 10-3 Outing: Lunch 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	15 9:30 Daily Perk 10:00 Bingo on Downey 2:00 Board Games
16 Father's Day 10:00 For the Soul 11:00 You and Me 2:00 Father's Day Social (MS)	17 12:30 Greenhouse Drop-in 3:30 Total Body Fitness (FC) 2:30 Karaoke 6:30 Game Show Trivia (CC)	18 9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)	19 10:00 For the Fun of Fit 1:15 Art with Sonal 2:00 Manicures 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	20 Summer Begins 9:30 Church Service (C) 2:00 Happy Hour with Dynamic Duo (Patio) 2:00 Green Thumbs 6:30 Active Games (MS)	21 National Indigenous Peoples Day 9:30 Hello Pollock 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	22 9:30 Daily Perk 10-12 Green Bench 10:00 Bingo on Pollock 2:00 Entertainment with Manvir (Wr)
23 11:00 You and Me 2:00 Sundae Sundays: Ice Cream Floats 5:15 Diner's Club	24 10:30 My Experience with Handel's Messiah with Howard Dyck (L) 12:30 Greenhouse Drop-in 2:30 Duet Bike 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	25 9:30 Rosary (C) 10:30 Sit N Get Fit Pollock 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	26 10:00 For the Fun of Fit 1:15 Art with Sonal 2:00 Food Committee (C) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	27 9:30 Church Service (C) 12:30 Greenhouse Drop-in 2:00 Resident's Council (C) 2:00 Green Thumbs 6:30 Active Games (MS)	28 1:00 Outing: Waterloo Park 2-4 Olympic Events (FC) 6:30 Crafting Club (CC)	29 9:30 Daily Perk 10:00 Bingo on Downey 2:00 Board Games
30 10:00 For the Soul 11:00 You and Me 2:00 Sundae Sundays: Flavoured Ice Cream						