



July 2024

Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 2:00 You and me 3:15 Express Yourself 5:00 Dinner 7:30 Back Patio Party: Live Music with "Katie Lammert" Canada Day	2 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:15 Java Time 3:15 Brains and Banter 4:00 In the Garden 5:00 Dinner 6:30 Neighbourhood Time	3 8:30 Breakfast 10:15 In the Kitchen 11:15 You and Me 12:00 Lunch 2:15 Therapeutic Paws 3:30 Stepping Out 4:00 In the Garden 5:00 Dinner	4 8:30 Breakfast 10:15 In the Garden 11:00 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 For the Fun of Fit 5:00 Dinner	5 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Emma's 4:30 You and Me 5:00 Dinner 6:15 Soothing Sensations	6 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: "7 Year Itch" 2:45 Express Yourself 4:00 In the Garden 5:00 Dinner
7 8:30 Breakfast 11:00 In the Garden 12:00 Lunch 2:00 For the Soul 3:00 Chapel service in the Chapel 4:00 Stepping Out 5:00 Dinner	8 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 2:00 You and Me 3:15 Express Yourself 5:00 Dinner 7:30 Back Patio Party: Live Music with "Kevin Coates"	9 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 1:30 Outing: Donkey Sanctuary 3:45 In the Garden 5:00 Dinner 6:30 Neighbourhood Time	10 8:30 Breakfast 10:15 In the Kitchen 11:15 You and Me 12:00 Lunch 2:30 Tea and Travels 3:30 Stepping Out 4:00 In the Garden 5:00 Dinner	11 8:30 Breakfast 10:15 In the Garden 11:00 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 For the Fun of Fit 5:00 Dinner	12 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Egerton 2:30 Live Music with "Grace Cowley" in Town Hall 4:30 You and Me 5:00 Dinner 6:15 Soothing Sensations	13 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: "The Parent Trap" 2:45 Express Yourself 4:00 In the Garden 5:00 Dinner
14 8:30 Breakfast 11:00 In the Garden 12:00 Lunch 2:00 For the Soul 3:00 Chapel service in the Chapel 4:00 Stepping Out 5:00 Dinner	15 8:30 Breakfast 10:30 Schlegel Olympics: Balance Event 11:15 Circle of Friends 12:00 Lunch 2:15 Songbird Music Therapy 3:30 Express Yourself 5:00 Dinner 7:30 Back Patio Party: Live Music with "Les Picard"	16 8:30 Breakfast 10:30 Schlegel Olympics: Nu-Step Balance Event 11:00 For the Fun of Fit 12:00 Lunch 2:15 Java Time 3:15 Brains and Banter 4:00 In the Garden 5:00 Dinner 6:30 Neighbourhood Time	17 8:30 Breakfast 10:30 Schlegel Olympics: Soccer Event 11:15 In the Kitchen 12:00 Lunch 3:00 Emma's Birthday Bash 4:00 In the Garden 5:00 Dinner	18 8:30 Breakfast 10:30 Schlegel Olympics: Shooting Event 11:15 In the Garden 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:00 For the Fun of Fit 5:00 Dinner	19 8:30 Breakfast 10:30 Schlegel Olympics: Wheelchair Race Event 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Emma's 4:30 You and Me 5:00 Dinner 6:15 Soothing Sensations	20 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: "Grease" 2:45 Express Yourself 4:00 In the Garden 5:00 Dinner
21 8:30 Breakfast 11:00 Stepping Out 12:00 Lunch 2:30 Ice Cream Social on the Patio 5:00 Dinner National Ice Cream Day	22 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 1:30 You and Me 3:30 Express Yourself 5:00 Dinner 7:30 Back Patio Party: Live Music with "The Piano Tuners"	23 8:30 Breakfast 10:30 Outing: Beach Day 11:00 For the Fun of Fit 12:00 Lunch 2:15 Java Music 3:15 Brains and Banter 4:00 In the Garden 5:00 Dinner 6:30 Neighbourhood Time	24 8:30 Breakfast 10:30 Soothing Sensations 12:00 Lunch 2:30 Tea and Travels 3:30 Stepping Out 4:00 In the Garden 5:00 Dinner International Self Care Day	25 8:30 Breakfast 10:15 In the Garden 11:00 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 For the Fun of Fit 5:00 Dinner	26 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Egerton 4:30 You and Me 5:00 Dinner 6:15 Soothing Sensations	27 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: "Thelma and Louise" 2:45 Express Yourself 4:00 In the Garden 5:00 Dinner
28 8:30 Breakfast 11:00 In the Garden 12:00 Lunch 2:00 For the Soul 3:00 Chapel service in the Chapel 4:00 Stepping Out 5:00 Dinner	29 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 1:30 You and Me 2:15 Songbird Music Therapy 3:30 Express Yourself 5:00 Dinner 7:30 Back Patio Party: Live Music with "Aiden Purnell"	30 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:15 Java Music 3:15 Brains and Banter 4:00 In the Garden 5:00 Dinner 6:30 Popcorn and Movie Night! Schlegel Olympic Finals	31 8:30 Breakfast 10:15 In the Kitchen 11:15 You and Me 12:00 Lunch 2:45 Tea and Travels 3:30 Stepping Out 4:00 In the Garden 5:00 Dinner	<div style="border: 2px solid black; padding: 5px; text-align: center;"> Barb's Produce Every Thursday 9:00 am -1:00 pm at the Front Entrance </div>	<div style="border: 2px solid black; padding: 5px; text-align: center;"> Recreation Contact Information: arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811 </div>	