



July 2024

Lasalle Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Fitness Class 10:30 Canadian Trivia 11:00 Music Therapy 2:00 Music Outdoors Mark & Joe 6:30 Bible Study	2 9:30 Fitness Class 10:00 Word in A Word 2:00 Resident Council 2:00 Balcony Chats & Jokes	3 10:00 Chapel Service 11:00 Trivia Time 2:00 Pool Noodle Crafts	4 9:30 Fitness Class Ceramics 2:00 Manicures 6:00 Evening Fun	5 10:00 Crafty Creations 'Colourful Suncatchers' 2:00 BINGO	6 10:00 Short Stories 2:00 Ladderball
7 10:00 Online Church Service 2:00 Painting Pals	8 9:30 Fitness Class 10:30 Chapel Music Service 1:30 Rock Band 2:00 Main Street Chats	9 8:30 Breakfast Bunch 9:30 Fitness Class 10:30 Zumba 2:00 Would You Rather? 6:00 Movie Night 'Forrest Gump'	10 10:00 Chapel Service 11:00 You Be The Judge 2:00 Shake Loose a Memory	11 9:30 Fitness Class 2:00 Pina Coladas on Balcony 6:30 Crafter's Corner	12 10:00 Left Right Centre 2:00 Summer Songs On the Balcony	13 10:00 Crafty Creations 'Paint Eiffel Tower' 2:00 Horse Racing
14 10:00 Outdoor Walks 2:00 Wine and Cheese Social	15 9:30 Fitness Class 10:30 Music & Massage 1:30 Rock Band 2:00 Bocce Ball 6:30 Bible Study	16 9:30 Fitness Class 10:00 In The Kitchen "Cheesecakes" 2:00 Food Committee 2:00 Afternoon Social	17 10:00 Chapel Service 11:00 Would You Rather 3:00 Music with Crystal	18 9:30 Fitness Class 12:00 Lunch BBQ 2:00 Manicures 6:00 Evening Fun	19 10:00 Pink Party 2:00 BINGO	20 10:00 Fun & Games 2:00 Reminiscing on the Balcony
21 10:00 All About You 11:00 Balloon Toss 2:00 Sundaes on a Sunday	22 9:30 Fitness Class 11:00 Music Therapy 1:30 Rock Band 2:00 Crossword Game 6:30 Bible Study	23 9:30 Fitness Class 10:30 Zumba 2:00 Basketball Shoot 6:00 Patio Chats	24 10:00 Chapel Service 11:00 Trivia Time 2:00 Java Music Club	25 9:30 Fitness Class Ceramics 2:00 Clay Sculptures 6:30 Pub Night with Crazy Raisey	26 10:30 Yahtzee 2:00 Balcony Chats	27 10:00 Hangman on the Balcony 2:00 Bugs Bunny Social
28 10:00 Morning Chats 2:00 Banwell Community Church in the Chapel	29 9:30 Fitness Class 10:30 Sensory Massage 1:30 Rock Band 2:00 Main Street Chats 6:30 Bible Study	30 9:30 Fitness Class 10:00 Word Game 10:30 Zumba 2:00 Friendship Crafts	31 10:00 Chapel Service 11:00 You Be the Judge 2:00 Afternoon Tea	 Happy Canada Day		