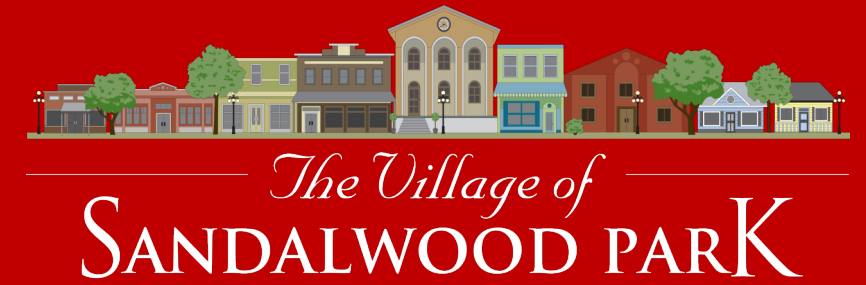




July 2024

Johnston



SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

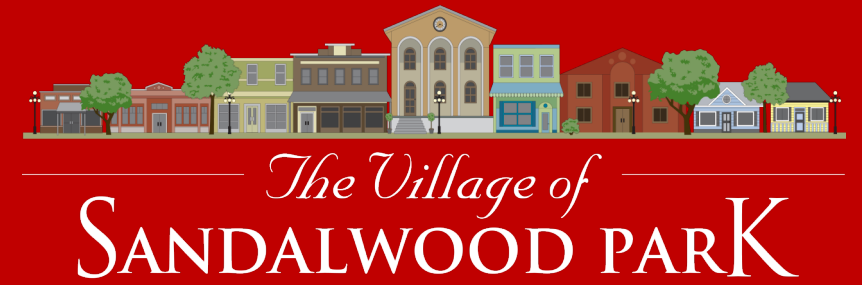
SATURDAY

	<p>1 Canada Day</p> <p>8:30 Breakfast 10:00 For The Soul 12:00 - 1:30 CANADA DAY BBQ and entertainment 3:30 You & I 5:00 Dinner</p>	<p>2</p> <p>8:30 Breakfast 10:00 Friendly Visits 11:00 Mini Manicures 12:00 Lunch 2:30 Crafts Corner 3:30 For The Fun Of Fit 4:30 You & I 5:00 Dinner</p>	<p>3</p> <p>8:30 Breakfast 9:30 Express Yourself 10:15 Drum Fit 12:00 Lunch 2:30 Reading Together 4:00 You & I 5:00 Dinner 6:00 Bingo</p>	<p>4</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 2:30 Baking Together 3:00 For the Soul 4:00 You & I 5:00 Dinner 6:00 Sip & Paint</p>	<p>5</p> <p>8:30 Breakfast 10:00 Gentle Fitness 11:00 Brains & Banter 12:00 Lunch 2:30 In2L Fun 3:30 You & I 5:00 Dinner</p>	<p>6</p> <p>8:30 Breakfast 10:00 Brains & Banter 11:00 Word Games 12:00 Lunch 2:30 Bingo 5:00 Dinner</p>
<p>7</p> <p>8:30 Breakfast 10:00 Virtual Mass 10:30 Balloon Burst 12:00 Lunch 2:30 Church Service 5:00 Dinner</p>	<p>8</p> <p>8:30 Breakfast 10:00 Gentle Fitness 10:30 Catholic Service—CH 12:00 Lunch 1:30 Art with Glyniss 2:30 OLYMPIC EVENT—CANOE RACES –MS 2:45 Gardening with Jenny 5:00 Dinner 6:00 Bingo</p>	<p>9</p> <p>8:30 Breakfast 9:30 For The Soul 11:00 Mini Manicures 12:00 Lunch 2:15 Tea & Trivia 2:30 OLYMPIC EVENT Nu step Sprint 3:45 Java Music 5:00 Dinner</p>	<p>10</p> <p>8:30 Breakfast 9:30 Friendly Visits 10:00 In The Kitchen 10:30 OLYMPIC EVENT Target Shooting 12:00 Lunch 3:00 Birthday Bash with Mitch McCoy c,oa 4:00 You & I 5:00 Dinner</p>	<p>11</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 1:30 IN2L Fun 2:30 OLYMPIC EVENT Parallel Bars 3:00 Reading Together 3:00 For the Soul 5:00 Dinner 6:15 Brains & Banter</p>	<p>12</p> <p>8:30 Breakfast 10:00 Gentle Fitness 10:30 Brains & Banter 12:00 Lunch 2:30 OLYMPIC EVENT Soccer 3:30 Stepping Out 5:00 Dinner 6:00 Bingo</p>	<p>13</p> <p>8:30 Breakfast 10:00 Brains & Banter 12:00 Lunch 2:30 Bingo 4:00 Music Appreciation 5:00 Dinner</p>
<p>14</p> <p>8:30 Breakfast 10:00 Virtual Mass 11:00 Brains & Banter 12:00 Lunch 2:30 Musical Moments 5:00 Dinner</p>	<p>15</p> <p>8:30 Breakfast 12:00 Lunch 1:30 Sip & Paint 2:45 Gardening with Jenny 3:30 You & I 5:00 Dinner 6:00 Tea & Trivia</p>	<p>16</p> <p>8:30 Breakfast 10:00 Friendly Visits 11:00 Mini Manicures 12:00 Lunch 2:30 You & I 3:30 Crafts Corner 4:30 For The Fun of Fit 5:00 Dinner</p>	<p>17</p> <p>8:30 Breakfast 9:30 Circle of Friends 10:30 Residents Council 12:00 Lunch 2:30 You & I 4:00 Reading Together 5:00 Dinner 6:00 Brains & Banter</p>	<p>18</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 2:30 Baking Together 3:00 For the Soul 4:00 You & I 5:00 Dinner 6:00 Bingo</p>	<p>19</p> <p>8:30 Breakfast 10:00 Gentle Fitness 11:00 Brains & Banter 12:00 Lunch 2:30 IN2L Fun 3:30 You & I 5:00 Dinner</p>	<p>20</p> <p>8:30 Breakfast 10:00 Balloon Burst 11:00 Active Games 12:00 Lunch 2:30 Bingo 3:30 You and Me 5:00 Dinner</p>



July 2024

Johnston



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>21 National Ice Cream Day</p> <p>8:30 Breakfast 10:00 express yourself 11:00 Brains & Banter 12:00 Lunch 2:30 Church Service 4:00 You & I 5:00 Dinner</p>	<p>22</p> <p>8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 Art with Glynnis 2:45 Gardening with Jenny 4:00 You & I 5:00 Dinner 6:00 Bingo</p>	<p>23</p> <p>8:30 Breakfast 10:00 For The Soul 11:00 Mini Manicures 12:00 Lunch 2:15 You & I 3:15 Board Games 4:00 For The Fun of Fit 5:00 Dinner</p>	<p>24</p> <p>8:30 Breakfast 10:00 Chair Yoga 12:00 Lunch 2:15 brains and banter 3:00 Java Music 4:00 You & I 5:00 Dinner</p>	<p>25</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 2:15 Crafts Corner 3:00 For the Soul 5:00 Dinner 6:00 Brains & Banter</p>	<p>26</p> <p>8:30 Breakfast 10:00 Gentle Fitness 10:30 Food Committee 12:00 Lunch 2:30 You & I 5:00 Dinner 6:00 Bingo</p>	<p>27</p> <p>8:30 Breakfast 10:00 Brains & Banter 12:00 Lunch 2:30 Bingo 4:00 Music Appreciation 5:00 Dinner</p>
<p>28</p> <p>8:30 Breakfast 10:00 Virtual Mass 11:00 Brains & Banter 12:00 Lunch 2:30 Balloon tennis 4:00 You & I 5:00 Dinner</p>	<p>29</p> <p>8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 IN2L Fun 2:45 Gardening with Jenny 3:00 You & I 5:00 Dinner 6:30 Sip & Paint</p>	<p>30</p> <p>8:30 Breakfast 9:30 Friendly Visits 11:00 Mini Manicures 12:00 Lunch 2:15 You & I 3:00 Ball Toss 4:00 Stepping Out 5:00 Dinner</p>	<p>31</p> <p>8:30 Breakfast 9:30 For The Soul 10:15 Drum Fit 12:00 Lunch 2:30 Reading Together 3:00 Circle of Friends 4:00 You & I 5:00 Dinner 6:00 Bingo</p>	