



July 2024

Emma Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Musical Moments 12:00 Lunch 3:00 Canada Day Celebrations 3:30 Hope for the Heart 5:00 Dinner 6:30 Sing Along	2 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Sing Along 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	3 8:00 Breakfast 10:30 Olympic Games 12:00 Lunch 2:15 Olympic Games 3:00 Church Service 5:00 Dinner 6:30 Movie Night	4 8:00 Breakfast 10:15 Olympic Games 12:00 Lunch 2:15 Olympic Games 5:00 Dinner 6:30 Soothing Sensations	5 8:00 Breakfast 10:15 Olympic Games 12:00 Lunch 3:00 Olympics Closing Ceremony 5:00 Dinner 6:30 Word Games	6 8:00 Breakfast 10:00 Morning Movie 11:00 Drun Fit 12:00 Lunch 2:00 Neighbourhood Time 3:30 Soothing Sensations 5:00 Dinner
7 8:00 Breakfast 10:00 Church Service 11:00 Calendar Planning 12:00 Lunch 2:00 Neighbourhood Time 3:00 Soothing Sensations 5:00 Dinner	8 8:00 Breakfast 10:00 RC Communion 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	9 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	10 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Songbirds Choir 12:00 Lunch 2:30 Summer Party 3:00 Church Service 5:00 Dinner 6:30 Movie Night	11 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Community Garden Walks 12:00 Lunch 2:00 Music with Wendy 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	12 8:00 Breakfast 10:00 Neighbourhood Time 11:00 In the Kitchen 12:00 Lunch 2:00 Stepping Out 3:00 Happy Hour 5:00 Dinner 6:30 Word Games	13 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Neighbourhood Time 3:30 For the Fun of Fit 5:00 Dinner
14 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Neighbourhood Time 3:00 You and Me 5:00 Dinner	15 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Express Yourself 3:30 Hope for the Heart 5:00 Dinner 6:30 Sing Along	16 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Hymn Sing 2:00 Birthday Social with Aiden 5:00 Dinner 6:30 You and Me	17 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:30 Movie Night	18 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Entertainment with Leaving Tracks 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	19 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Golf Cart Rides 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Happy Hour 5:00 Dinner 6:30 Word Games	20 8:00 Breakfast 10:00 Morning Movie 11:00 For the Fun of Fit 12:00 Lunch 2:00 Neighbourhood Time 3:30 Musical Moments 5:00 Dinner
21 8:00 Breakfast 10:00 Church Service 11:00 For the Soul 12:00 Lunch 2:00 Neighbourhood Time 3:00 Soothing Sensations 5:00 Dinner	22 8:00 Breakfast 10:00 RC Communion 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	23 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me	24 8:00 Breakfast 10:00 Neighbourhood Time 10:30 RC Mass 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:30 Movie Night	25 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Music with Wendy 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	26 8:00 Breakfast 10:00 Neighbourhood Time 11:00 In the Kitchen 12:00 Lunch 2:00 Stepping Out 3:00 Happy Hour 5:00 Dinner 6:30 Word Games	27 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Neighbourhood Time 3:30 Fitness with Melissa 5:00 Dinner
28 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Neighbourhood Time 3:00 You and Me 5:00 Dinner	29 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Entertainment with Bill 3:30 Hope for the Heart 5:00 Dinner 6:30 Sing Along	30 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 1:30 Hymn Sing 3:00 Community Garden Walks 5:00 Dinner 6:30 You and Me	31 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:30 Movie Night			