



# Carrington Neighbourhood

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Canada Day</b> 8:15am Breakfast <b>10:00am Amazing Race: Canada Edition - TS</b> 12:00pm BBQ Lunch <b>2:00pm Entertainment with Jay Vasquez - TS</b> 2:15pm Hort Happens with Crystal 3:30pm Stepping Out 5:00pm Dinner 	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 2:00pm Bingo - CC 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Express Yourself 12-4pm Recreation Team Meeting 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC <b>11:00am Outing to the Toronto Blue Jays Game</b> 12:00pm Lunch 1:30pm Express Yourself 2:00pm Summer Hair Day with Janet - FP 3:00pm Circle of Friends 3:15pm Residents' Council 5:00pm Dinner 6:00pm Neighbourhood Time 	8:15am Breakfast <b>8:30am Men's Breakfast - CC</b> 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm Stepping Out 2:15pm Music Therapy with Jen 3:00pm In the Kitchen 5:00pm Dinner 6:00pm Neighbourhood Time	<b>Happy Birthday Inge!</b> 8:15am Breakfast 12:00pm Lunch 2:00pm Bowling - MS 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
8:15am Breakfast 12:00pm Lunch 1:30pm You and I 2:30pm Church Service with Ankit - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	<b>Wentworth Heights Olympic Week</b> 8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch <b>2:30pm Olympics Opening Ceremonies (Entertainment with the Escapades) &amp; Sprint Event - TS</b> 5:00pm Dinner	<b>Wentworth Heights Olympic Week</b> 8:15am Breakfast 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Soccer Event - MS 3:30pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	<b>Wentworth Heights Olympic Week</b> 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 2:00pm Musical Moments 2:30pm Shooting Event - TS 3:30pm Brains and Banter 5:00pm Dinner	<b>Wentworth Heights Olympic Week</b> 8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Canoe Slalom Event - MS 2:30pm Java Music Club with Janet 3:30pm Circle of Friends 5:00pm Dinner 6:00pm Neighbourhood Time	<b>Wentworth Heights Olympic Week</b> 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch <b>2:00pm Flying Furball Dog Show - BP</b> 2:00pm Parallel Bars Try Out with Dan - FC 2:15pm Hort Happens with Crystal 3:30pm In the Kitchen 5:00pm Dinner 6:00pm Neighbourhood Time	<b>National French Fries Day</b> 8:15am Breakfast 12:00pm Lunch <b>2:00pm Entertainment with Michael Thornton on Stonechurch</b> 2:00pm Travelling Cart: French Fries 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 1:30pm You and I 2:30pm Church Service with Ankit - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments 5:00pm Dinner	<b>Happy Birthday Carole!</b> 8:15am Breakfast 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Express Yourself 12:00pm Summer BBQ 2:00pm Concert Video: Daniel O'Donnell with Janet - TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Drive Thru: Carnival Snacks 3:30pm Brains and Banter 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Express Yourself 2:00pm Armchair Travel: Africa - TH 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 5:00pm Dinner 6:00pm Neighbourhood Time 6:15pm International Snack Battle: Ghana vs. Mexico - CC	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Hort Happens with Crystal 1:30pm Stepping Out 2:15pm Music Therapy with Jen <b>3:00pm Happy Hour with Antonella Vizzini - MS</b> 3:00pm In the Kitchen 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 12:00pm Lunch 2:00pm Axe Throwing - MS 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
<b>National Ice Cream Day</b> 8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 1:30pm You and I 2:00pm Travelling Cart: Ice Cream Sundaes 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 3:30pm Circle of Friends 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments 5:00pm Dinner	8:15am Breakfast 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 2:30pm Summer Parade - TS 5:00pm Dinner 6:00pm Neighbourhood Time	<b>National Drive Thru Day</b> 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 2:00pm Movie with Janet: "A Murder Mystery" - TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Drive Thru: Carnival Snacks 3:30pm Brains and Banter 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch <b>12:00pm Ladies Lunch - CC</b> 1:30pm Express Yourself 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast <b>11:00am Hutch's on the Beach</b> 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Birthday Bash - CC 2:15pm Hort Happens with Crystal 3:30pm In the Kitchen 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 12:00pm Lunch <b>2:00pm Luau Party with John Pebble on Carrington</b> 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 1:30pm You and I 2:30pm Virtual Church Service - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	<b>Happy Birthday Violet!</b> 8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments 5:00pm Dinner	8:15am Breakfast <b>9:00am Schlegel Villages West Olympics at Glendale Crossing</b> 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Express Yourself 12:00pm Summer BBQ 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter 5:00pm Dinner <b>5:00pm Diner's Club: Pizza &amp; Wings - MS</b>		<b>Legend</b> CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre TS - Town Square Lib - Library FP - Front Patio	