



July 2024

Downey Neighbourhood



The Village at

UNIVERSITY GATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day 9:30 In the Kitchen: Hulling Strawberries 11:00 Canada Day Trivia 2:00 Canada Day Party with Bill Loeb sack (RH Patio) 6:30 Game Show Trivia (CC)	2 9-12 Bus Outing: St. Jacob's Farmers Market *Sign Up Required 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 You & Me 6:30 Devotions (C)	3 10:00 YMCA Campers Visit (MS) 1:00 Daily Perk 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Outdoor Walks 6:30 Documentary & Popcorn	4 9:30 Church Service (C) 11:00 Patio Popsicles 2:30 Express Yourself 6:30 Active Games (MS)	5 9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	6 9:00 You & Me 10:00 Duet Bikes 2:00 Entertainment with Kevin Coates (Jo)
7 9:00 You & Me 10:00 Neighbourhood Time 2:30 Travelling Cart: Strawberry Milkshakes	8 9:30 You & Me 10:30 Village Updates (C) 2:30 Manicures & Nail Care 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Brains & Banter 6:30 In the Kitchen (CC)	10 10:00 YMCA Campers Visit (MS) 1:30 Daily Perk 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Soothing Sensations 6:30 Games Night (CC)	11 9:30 Church Service (C) 11:00 Target Toss 2:00 Residents' Council (C) 3:00 Stepping Out 6:30 Active Games (MS)	12 9:30 You & Me 10:30 Sit N Get Fit with PAL 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	13 9:30 Patio Time 10:30 Card Games 2:00 Entertainment with Henry Winter (Po)
14 9:30 For the Soul 10:30 Neighbourhood Time 2:00 Balloon Volleyball	15 9:30 Outdoor Walks 10:30 Manicures & Nail Care 2:30 Card Bingo 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	16 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Calendar Planning & Residents' Bill of Rights Meeting 6:30 Devotions (C)	17 10:00 YMCA Campers Visit (MS) 3:00 Java Music Club 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:15 Outdoor Walks 6:30 Games Night (CC)	18 9:30 Church Service (C) 11:00 Pic-tune-ary 1-4 Bus Outing: Dairy Queen *Sign Up Required 6:30 Active Games (MS)	19 9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2:00 Karaoke & Pub (MS) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	20 9:00 Outdoor Walks 10:00 In the Kitchen 2:00 Entertainment with Lynne & Rick (Do)
21 National Ice Cream Day 10:00 Neighbourhood Time 11:00 Outdoor Walks 2:00 Ice Cream Shoppe (CC)	22 9:30 Manicures & Nail Care 10:30 Musical Moments 2:30 Duet Bikes 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	23 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Patio Time 6:30 In the Kitchen (CC)	24 10:00 YMCA Campers Visit (MS) 2:00 Food Committee Meeting (C) 2:00 Downey NH Party 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Circle of Friends 6:30 Games Night (CC)	25 9:30 Church Service (C) 11:00 Mini Golf 12:00 Downey BBQ Lunch (Courtyard) 2:30 Brains & Banter: Olympic Trivia 6:30 Active Games (MS)	26 2024 Olympic Games Start 8:30 Pancake Breakfast 10:30 Sit N Get Fit with PAL 2:00 Olympics Party (MS) 6:30 Crafting Club (CC)	27 9:30 Word Games 10:30 Outdoor Walks 2:00 Entertainment with the Gwillimbury Gang (Ma)
28 9:30 For the Soul 10:30 Painting 2:00 Travelling Cart: Ice Cream	29 9:30 Manicures & Nail Care 10:30 Neighbourhood Time 2:30 Tim Hortons Social 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	30 SV Olympics—West 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 You & Me 6:30 Devotions (C)	31 10:00 YMCA Campers Visit (MS) 2:00 Neighbourhood Time 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Stepping Out 6:30 Games Night (CC)			