

July 2024



Egerton Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day! 8:00am Breakfast 12:00am Lunch 12:00pm Canada Day BBQ 2:00pm Entertainment: Jay Vazquez - TH 5:00pm Dinner	2 10-3 Sign-Up Day - H 8:00am Breakfast 10:30am Outing: Country Drive 12:00am Lunch 2:00pm Bingo 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	3 8:00am Breakfast 10:30am Music Therapy with Jenn 11:00am DanceFIT - TH 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	4 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Morning Movements - Loun 12:00am Lunch 1:30pm In the Kitchen 3:45pm You & I - Vari 5:00pm Dinner	5 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Java Music Club 12:00am Lunch 1:30pm Stepping Out 2:30pm Hand Wax Therapy - H 3:00pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	6 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:45am Trivia on July - Hobb 12:00am Lunch 1:30pm Friendly Visits - Vari 3:30pm Brains and Banter: Board Games 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
7 Muharrum Starts 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time - Vari 10:30am Egerton Book Club - Loun 12:00am Lunch 1:30pm Stepping Out 2:30pm Church Service w/ Ankit - TH 3:15pm Fellowship - CC 5:00pm Dinner	8 Wentworth Heights Olympics Opening Ceremonies 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am For the Soul w/ Janet 12:00am Lunch 1:30pm Express Yourself 2:30pm Entertainment: Escapade - TS 2:30pm Olympics Event Day #1: Sprint - NuStep - TH 5:00pm Dinner	9 WH Olympics Day 2 Vendor - Hardt Designs 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am Lettuce Talk Food - H 10:30am Lettuce Talk Food - HS 11:00am Fit for Life w/ Moses 12:00am Lunch 2:30pm Olympics Event Day #2: Soccer - MS 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	10 WH Olympics: Day 3 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:45am Musical Moments 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm For the Soul w/ Rec 2:30pm Olympics Event Day #3: Olympic Shooting - TH 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	11 WH Olympics: Day 4 8:00am Breakfast 9:15am Breakfast Club: Pancakes and Sausages (Sign Up) - H 12:00am Lunch 1:30pm In the Kitchen 2:30pm Men's Club 2:30pm Olympics Event Day #4: Canoe Slalom - MS 5:00pm Dinner	12 WH Olympics: Day 5 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Java Music Club 12:00am Lunch 1:30pm Travelling Nail Cart 2:30pm Olympics Event Day #5: Parallel Bars - FC 3:30pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	13 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am For the Fun of Fit: Bocce Ball 12:00am Lunch 1:30pm Friendly Visits - Vari 2:00pm Entertainment with Ronnie Russell (EG) 3:30pm Brains and Banter: Board Games 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
14 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time - Vari 10:30am Egerton Book Club - Loun 12:00am Lunch 1:30pm Stepping Out 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	15 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am For the Soul w/ Janet 12:00am Lunch 2:00pm Outing: Gage Park 3:30pm Bingo 5:00pm Dinner	16 Ice Cream Day 8:00am Breakfast 10:00am Neighbourhood Time - Vari 12:00am Lunch 2:00pm stepping out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 5:30pm Music of the Night BBQ - Sign Up (\$) - R 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	17 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am Music Therapy with Jenn 10:30am Roman Catholic Mass - TH 11:30am Back Patio BBQ 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm Concert Video: Daniel O'Donnell w/ Janet - TH 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	18 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Morning Movements - Loun 12:00am Lunch 1:30pm In the Kitchen 2:30pm Arm Chair Travel: Africa - TH 5:00pm Dinner	19 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Java Music Club 12:00am Lunch 1:30pm Stepping Out 2:30pm Hand Wax Therapy - H 3:00pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	20 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:45am Trivia on Fashion - Hobb 12:00am Lunch 1:30pm Friendly Visits - Vari 3:30pm Brains and Banter: Board Games 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
21 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time - Vari 10:30am Egerton Book Club - Loun 12:00am Lunch 1:30pm Stepping Out 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	22 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am For the Soul w/ Janet 12:00am Lunch 2:00pm Express Yourself 5:00pm Dinner	23 Vendor - The Boutique 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Fit for Life w/ Moses 12:00am Lunch 2:00pm stepping out - Vari 2:30pm Summer Parade - MS 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	24 International Self Care Day 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:45am Musical Moments 11:00am DanceFIT - TH 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm For the Soul w/ Rec 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	25 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Morning Movements - Loun 12:00am Lunch 1:30pm In the Kitchen 3:30pm Men's Club 5:00pm Dinner 5:00pm Diner's Club: Pizza! - HS	26 8:00am Breakfast 10:00am Neighbourhood Time - Vari 11:00am Java Music Club 12:00am Lunch 1:30pm Travelling Nail Cart 3:00pm Birthday Happy Hour-SC 5:00pm Dinner	27 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am Bowling w/ Moses 12:00am Lunch 1:30pm Friendly Visits - Vari 2:00pm Hand Wax Therapy - Hobb 2:30pm Entertainment: Ron Tansley - TH 3:30pm Brains and Banter: Board Games 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
28 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time - Vari 10:30am Egerton Book Club - Loun 12:00am Lunch 1:30pm Stepping Out 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 5:00pm Dinner	29 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am For the Soul w/ Janet 12:00am Lunch 2:00pm Express Yourself 3:00pm Happy Hour (\$) - SC 5:00pm Dinner	30 West Schlegel Olympics - Glendale Crossing Vendor - EZ Fit Shoes 8:00am Breakfast 10:00am Neighbourhood Time - Vari 12:00am Lunch 2:00pm stepping out - Vari 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	31 8:00am Breakfast 10:00am Neighbourhood Time - Vari 10:30am Music Therapy with Jenn 11:00am DanceFIT - TH 11:30am Back Patio BBQ 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm Outing: Bayfront Picnic 2:00pm For the Soul w/ Rec 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	*- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre H- Hobby Shop	L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg	