

Essex JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CANADA DAY EH! 1 Calendar Distributions Canada Day BBQ 1:1 visit's 	Shelby is here! 2 9:30 Brain Teasers Fire work Craft 1:30 Music with Joe 2:30 Church (H) 6:00 Horticulture Club	3 9:30 Fitness with PAL 10:00 Pancakes in CC 10:30 Walk & roll 1:1 Visit's 2:30 Where in the world	4 Celebration of life Horoscope 1:1's 10:30 Bible Study 1:30 Crochet Club 3:00 USA Trivia 6:00 Name 5 Things	5 Shelby is off! 9:30 Movement Bingo 10:30 Choir Practice Neighbourhood Time Picture bingo	 6 2:30 Entertainment
 7 Neighbourhood Time	8 Olympics Week 9:30 Fitness with PAL 9:30 Opening Ceremony 10:30 Canoe Slalom 2:00 Parallel Bars 6:30 Lemonade Social	9 Shelby is off 9:30 Get up and Move 20 in 20 1:30 Music with Joe 2:30 Nu Step Sprint 6:00 Horticulture Club	10 9:30 Fitness with PAL 10:30 Book Club (L) 10:30 Walk & Roll 1:30 Shooting Game 2:30 Closing Ceremonies	11 Kristy is off Horoscope 1:1's 10:30 Bible Study 1:30 Crochet Club Crafts	12 Kristy is at Placement 9:30 Movement Bingo 11:00 RC Mass in Chapel Friday Afternoon FUN	13 Kristy is here! Morning Hello's 9:30 Get up and Move 10:30 Bingo on Essex 2:30 Entertainment
14 Kristy is here! Get up and move Live Stream Church service Giant Crossword Sunday "Sundaes"	15 9:30 Fitness with PAL Friendly Visit's 1:30 The Gathering Manicure's Games night	16 Kristy is at Placement Fun & Games 1:30 Music with Joe 1:30 Seamus Gun 2:30 Church (H) 6:00 Horticulture Club	17 9:30 Fitness with PAL 10:30 Walk & Roll 2:30 In the Kitchen Daily Afternoon 1:1's 6:00 Parkwood Service	18 Kristy is late! Horoscope 1:1's 10:30 Bible Study 1:30 Crochet Club 2:30 Campfire smores 6:00 Trivia & Tea	19 Shelby is off 9:30 Movement Bingo 10:30 Choir Practice Friday search and Find Daily 1:1's	20 Shelby is here! Colouring Club Card Games 1:1 Visit's 2:30 Entertainment
21 Shelby is here! In2l Church Manicure's Walk & Roll	22 9:30 Fitness with PAL 10:30 Muffin Madness 1:30 The Gathering Muffin Man Social In2l Travel	23 <i>Shelby is Off</i> 9:30 Mindful Movement Rolling in the Sunshine 1:30 Music with Joe 2:30 Church (E) 6:00 Horticulture Club	24 9:30 Fitness with PAL 10:30 Walk & Roll 2:00 Mosaic Craft 2:30 Zumba	25 Kristy is off MAD LIBS 10:30 Bible Study 1:30 Crochet Club Painting	26 <i>Kristy is at Placement</i> 9:30 Movement Bingo Buckets game 1:1 Visit's Popsicles on the balcony	27 Kristy is here! Let's Move 10:30 Bingo on Harrow 2:30 Entertainment Dave Wilson in Library Daily 1:1's
28 Kristy is here! Morning Hello's Live Mass on IN2L Mind, Body and Soul Italian Coffee Hour in Chapel	29 9:30 Fitness with PAL Friendly Visit's 1:30 The Gathering Manicure's Movie Night	30 Kristy is at Placement Morning Stretch In2l games 1:30 Music with Joe 2:30 Church (H) 6:00 Horticulture Club	31 9:30 Fitness with PAL 10:30 Walk and Roll 1:00 Resident/food Council 2:30 Zumba	 <div style="text-align: center;"> July Birthdays Frank Lenhardt July 16th Margaret Gignac July 23rd Beverley Beetham July 29th Dianne July 31st </div> 		