



July 2024

Harrow



The Village at
ST. CLAIR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY BIRTHDAYS! Kathleen - July 6 Joan - July 10 Vera - July 12 Cheryl - July 19 Gina - July 26 **100!**	1 Maha is in Happy Canada Day! Canada Day Festivities!	2 Nova & Sharon are in 9:30 - PAL Fitness 10:30 - Anglican Service CH 11:00 - Music with Joe 10-2 - Greenhouse Visits 1:30 - PCC Picture Day! 2:30 - Church on Harrow 6:00 - Dirty Birds Club	3 Sharon & Nova are in 9:30 - Chair Aerobics 10:00 - Pancakes GH 10:30 - Walking Club OUT 2:00 - Summer Crafts 3:00 - UNO & Scrabble 6:00 - 1:1 Visits	4 Sharon & Nova are in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB 1:30 - Manicures 3:00 - Horse Racing 6:00 - 1:1 Visits	5 Sharon is in 9:30- Movement Bingo MS 10:30 - Village Choir CH 1:30 - Carpet Darts 2:30 - Fresh Fruit Friday	6 Nova is in Happy Birthday, Kathleen! 9:30 - Balloon Toss 10:30 - Name 10 Game 1:30 - Bingo on Oldcastle 2:30 - Entertainment LB
7 Nova is in 9:00 - Church & Hymn Sing 10:00 - UNO & Puzzles 1:30 - Craft's 3:00 - 1:1 Visits	8 Nova is in 9:30 - Olympics on MS 10:30 - Outside Walks 1:30 - The Gathering CH 3:00 - Summer Crafts 6:00 - 1:1 Visits	9 Sharon is in late 9:30 - PAL Fitness 11:00 - Music with Joe 10-2 - Greenhouse Visits 2:30 - Church on Essex 2:30 - Olympics on MS 6:00 - Dirty Birds Club	10 Nova & Sharon are in Happy Birthday, Joan! 9:30 - Manicures 10:00 - Olympics on MS 1:30 - Olympics on MS 3:30 - Axe Throwing	11 Nova is in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB 2:30 - IN2L 3:00 - Outdoor Walks	12 Sharon & Nova are in Happy Birthday, Vera! 9:30- Movement Bingo MS 11:00 - Catholic Mass CH 1:30 - Pokeno 2:30 - Fresh Fruit Friday 6:00 - 1:1 Visits	13 Sharon is in 9:00 - Chair Yoga 10:30 - Bingo on Essex 1:30 - This or That? 2:30 - Entertainment LB
14 Sharon is in 9:00 - Church & Hymn Sing 10:00 - UNO & Puzzles 1:30 - Carpet Darts 3:00 - Trivia Time!	15 Nova is in 9:30 - Beanbag Toss 10:30 - Manicures 1:30 - The Gathering CH 2:30 - Baking	16 Nova is in 9:30 - PAL Fitness 11:00 - Music with Joe 10-2 - Greenhouse Visits 1:30 - Seamus in the Library 2:30 - Church on Harrow	17 Nova is in late 9:30 - Balloon Toss 10:30 - Walking Club OUT 1:30 - UNO & Puzzles 2:30 - Outdoor Social 6:00 - Parkwood Service CH	18 Nav & Nova are in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB 2:30 - Trivia & Games 3:30 - Outdoor Social 6:00 - 1:1 Visits	19 Nav is in Happy Birthday, Cheryl! 9:30- Movement Bingo MS 10:30 - Village Choir CH 1:30 - Patio Visits 3:00 - Colouring Time	20 Nova is in 9:30 - Fitness 10:30 - Bracelet Making 1:30 - Bingo on Oldcastle 2:30 - Entertainment LB
21 Nova is in 9:30 - Church & Hymn Sing 10:30 - UNO & Puzzles 1:30 - Outdoor Social 3:00 - Games	22 Sharon & Nova are in 9:00 - Baking 10:30 - Hand Massages 1:30 - The Gathering CH 3:00 - Bingo 6:00 - 1:1 Visits	23 Sharon is in late 9:30 - PAL Fitness 11:00 - Music with Joe 10-2 - Greenhouse Visits 2:30 - Church on Essex 6:00 - Dirty Birds Club	24 Nova & Sharon are in 9:30 - Manicures 10:30 - Walking Club OUT 2:00 - Calendar Planning & Town Hall Meeting 2:30 - Zumba LB	25 Nova is in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB 3:00 -	26 Sharon & Nova are in Happy 100th Birthday, Gina! 9:30- Movement Bingo MS 10:00- 100th Birthday Social! 1:30 - Outing 6:00 - 1:1 Visits	27 Sharon is in 9:00 - Passport to Wellness 10:30 - Bingo 1:30 - Music Trivia 2:30 - Entertainment LB
28 Sharon is in 9:00 - Church & Hymn Sing 10:00 - UNO & Puzzles 1:30 - Italian Coffee Hour 3:00 - Story Time!	29 Nova is in 9:30 - Manicures 10:30 - Balloon Toss 1:30 - The Gathering CH 3:00 - Snack Social	30 Nova & Sharon are in 9:30 - PAL Fitness 11:00 - Music with Joe 10-2 - Greenhouse Visits 2:30 - Church on Harrow 6:00 - Dirty Birds Club	31 Sharon & Nova are in 9:30 - Chair Tai Chi 10:30 - Walking Club OUT 1:00 - Food Meeting & Resident Council 2:30 - Zumba LB 6:00- 1:1 Visits	Activities are on Harrow unless noted with location: CH - Chapel MS - Main Street GH - Greenhouse SX - Essex OUT - Outside	Activities may change as needed without notice. Not all programs may be listed.	