



# July 2024

## Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><b>PROGRAMS ARE SUBJECT TO CHANGE</b></p>	<p><b>1</b> <u>Canada Day</u></p> <p>9:30am: Calendar Deliver - TP  <u>10am: Entertainment with Jay Franco - G</u>            2pm: Canada Day Celebration - G            6pm: Nicole &amp; Riggy Dog Visits - TP</p>	<p><b>2</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Evangelical Service - R</u>            10am: Sensory &amp; Relaxion - TP  <u>2pm: Java Music Club - R</u>            2pm: You &amp; Me - TP</p>	<p><b>3</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - T</u>  <u>2pm: Hallway Bingo - B</u>            2pm: You &amp; Me - TP            3:30pm: Helping Hands - TP            6pm: Creative Expression - R</p>	<p><b>4</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10:30am: Yoga with Pedro - R</u>            10:30am: You &amp; Me - TP  <u>1:30pm: Music with Yolanda - MD</u>            3:30pm: Reminiscing - TP</p>	<p><b>5</b> <u>Happy Birthday Leonilde Paquete</u></p> <p>10am: Olympic Shooting - R  <u>2pm: Art Therapy - R</u>            3:30pm: You &amp; Me - TP</p>	<p><b>6</b> <u>Happy Birthday Maria Cordeiro</u></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - T</u>  <u>2pm: Hallway Bingo - B</u>            3:30pm: You &amp; Me - TP            4pm: Beside Sensory - T</p>
	<p><b>7</b> <u>Happy Birthday Maria De Sousa</u></p> <p>9:30am: Neighbourhood Time - TP            10am: Virtual Sunday Mass - TP            10:30am: You &amp; Me - T  <u>2pm: Rosary with Gloria - R</u>            3:30pm: Helping Hands - TP</p>	<p><b>8</b></p> <p><u>10am: Rosary with Gloria - R</u>  <u>1:30pm: Sensory with Pedro - R</u>            1:30pm: You &amp; Me - TP            6pm: Nicole &amp; Riggy Dog Visits - TP</p>	<p><b>9</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Roman Catholic Mass - R</u>            2pm: You &amp; Me - TP  <u>2pm: Java Music Club - R</u>            2pm: Ballon Volleyball - TP</p>	<p><b>10</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - B</u>  <u>2pm: Hallway Bingo - T</u>            2pm: You &amp; Me - TP            3:30pm: Beside Sensory - T            6pm: Patio Hour - G</p>	<p><b>11</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10:30am: Yoga with Pedro - R</u>            10:30am: You &amp; Me - TP  <u>1:30pm: Music with Yolanda - MD</u>            2pm: Sunshine Strolls - G            3:30pm: Helping Hands- TP</p>	<p><b>12</b></p> <p>9:30am: Neighbourhood Time - TP            10am: Canoe Slaom - R  <u>2pm: Art Therapy - R</u>            3pm: Patio Hour - G</p>
<p><b>14</b></p> <p style="text-align: center;">Neighbourhood Time  <u>2pm: Rosary with Gloria - R</u></p>	<p><b>15</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Rosary with Gloria - R</u>            10am: You &amp; Me - TP  <u>1:30pm: Sensory with Pedro - R</u>            1:30pm: Game Hour - TP            6pm: Nicole &amp; Riggy Dog Visits - TP</p>	<p><b>16</b> <u>Ice Cream Day</u></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Evangelical Service - R</u>            10am: Sensory &amp; Relaxion - TP  <u>2pm: Resident Council Meeting - MD</u>  <u>3pm: Food Committee Meeting - R</u></p>	<p><b>17</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - T</u>  <u>2pm: Hallway Bingo - B</u>            2pm: You &amp; Me - TP            3:30pm: Helping Hands - TP            6pm: Beside Sensory - TP</p>	<p><b>18</b></p> <p style="text-align: center;"><b>10am-4pm– Kew Beach Community Outing</b></p>	<p><b>19</b></p> <p>10am: Soccer - R  <u>2pm: Art Therapy - R</u>            3:30pm: You &amp; Me - TP</p>	<p><b>20</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - T</u>  <u>2pm: Hallway Bingo - B</u>            3:30pm: You &amp; Me - TP            4pm: Beside Sensory - T</p>
<p><b>21</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Non Denominal Workshop - R</u>            10:30am: You &amp; Me - T  <u>2pm: Rosary with Gloria - R</u>            3:30pm: Game Hour - TP</p>	<p><b>22</b> 9</p> <p><u>10am: Rosary with Gloria - R</u>  <u>1:30pm: Sensory with Pedro - R</u>            1:30pm: You &amp; Me - TP            6pm: Nicole &amp; Riggy Dog Visits - TP</p>	<p><b>23</b></p> <p>9:30am: Neighbourhood Time - TP            10am: Dump Fit - R  <u>2pm: Java Music Club - R</u>            2pm: Spa Hour - TP</p>	<p><b>24</b> <u>Self Care Day</u></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - B</u>  <u>2pm: Hallway Bingo - T</u>            2pm: You &amp; Me - TP            3:30pm: Spa Hour - TP            6pm: Collage Art - R</p>	<p><b>25</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10:30am: Yoga with Pedro - R</u>            10:30am: You &amp; Me - TP  <u>1:30pm: Music with Yolanda - MD</u>            2pm: Sunshine Strolls - G            3:30pm: Helping Hands- TP</p>	<p><b>26</b></p> <p>9:30am: Neighbourhood Time - TP            10am: Olympic Shooting - R  <u>2pm: Art Therapy - R</u>            3:30pm: You &amp; Me - TP</p>	<p><b>27</b></p> <p style="text-align: center;">Neighbourhood Time</p>
<p><b>28</b></p> <p style="text-align: center;">Neighbourhood Time  <u>2pm: Rosary with Gloria - R</u></p>	<p><b>29</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Rosary with Gloria - R</u>            10am: You &amp; Me - TP  <u>1:30pm: Sensory with Pedro - R</u>            1:30pm: You &amp; Me - TP            6pm: Nicole &amp; Riggy Dog Visits - TP</p>	<p><b>30</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Evangelical Service - R</u>            10am: Sensory &amp; Relaxion - TP  <u>2pm: Java Music Club - R</u>            2pm: You &amp; Me - TP</p>	<p><b>31</b></p> <p>9:30am: Neighbourhood Time - TP  <u>10am: Hallway Bingo - T</u>  <u>2pm: Hallway Bingo - B</u>            2pm: You &amp; Me - TP            3:30pm: Birthday Celebration - G            6pm: Out in the Garden</p>	<div style="border: 2px solid red; padding: 5px;"> <p>R - Recreation Room              B - Bellwood's (1st Neighborhood)              T- Trinity (2nd Neighborhood)              BTV- Bellwood's TV Lounge              TTV- Trinity TV Lounge              TP- Traveling Program on Bellwood's &amp; Trinity              MD - Main Street Dinning Room              TD - Trinity Dinning Room              BD - Bellwood's Dinning Room              G-Garden Patio</p> </div>		<div style="border: 2px solid red; padding: 5px;"> <p style="text-align: center;"><u>Exercise with Cesar</u></p> <p><u>Mondays:</u> 10am - Bellwood's / 2:30pm @ Trinity - TV Lounge  <u>Tuesdays:</u> 3pm - Rec. Room  <u>Thursdays:</u> 3pm - Rec. Room  <u>Fridays:</u> 11am - Trinity @ 3pm Bellwood's - TV Lounge</p> </div>