	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
N.		2:00 Canada Celebration with Blue Eyed Bill	2:00 Legion of Mary Visits	10:00 Neighbourhood Time	10:00 GrandPals	10:00 Neighbourhood Time	2:00 Neighbourhood Time	
7		3:00 You & I	2:00 Neighbourhood Time	11:00 Musical Moments	10:00 Neighbourhood Time	11:00 Brains & Banter	3:00 Exercise with Evan	
		6:00 Express Yourself:		1:30 Stepping Out	11:00 Exercise with Emily	1:30 In the Kitchen: Summer Dessert	6:30 You & I	
		Canada Day Art Canada Day	6:30 Brains & Banter		1:30 You & I 3:00 Travelling Tuck Shop			
	7 2:00 Neighbourhood Time	2:00 Neighbourhood Time	10:00 Neighbourhood Time	Music with Jen 10		10:00 Neighbourhood Time	10:00 Neighbourhood Time	
	3:00 Board Game Club	3:00 Express Yourself	10:30 Bible Study with Connie		2:00 Neighbourhood Time		11:00 Brains & Banter	
6	6:30 Music Trivia	6:30 Musical Moments	1:30 Exercise with Emily	11:00 For the Soul 1:30 Jeopardy Trivia!	3:00 Travelling Tuck Shop 3:00 Exercise with Emily	1:30 Patio Time	1:30 BINGO	
			3:00 Resident Council		6:00 Karaoke	3:00 Stepping Out		
	14 10:00 Neighbourhood Time	2:00 Neighbourhood Time	National Ice Cream Day! 16 1:30 Kool Jims Ice Cream Truck	17 10:00 Neighbourhood Time	10:00 GrandPals	10:00 Neighbourhood Time	2:00 Neighbourhood Time	
1	11:00 Soothing Sensations	3:00 Express Yourself		11:00 For the Fun of Fit	10:00 Neighbourhood Time	11:00 You & I	3:00 Stepping Out	
	1:30 Church Service	6:00 Spa Time!	2:00 Legion of Mary Visits 3:00 Seated Meditation	2:00 Paula French Performs	11:00 Exercise with Emily	11:30 Picnic in the Park	6:30 Movie Night (P)	
			6:30 Circle of Friends		3:00 Travelling Tuck Shop			
-	2:00 Neighbourhood Time	2:00 Neighbourhood Time	10:00 Neighbourhood Time	Music with Jen 24 10:00 Neighbourhood Time	Christmas in July 25 3:00 Travelling Tuck Shop	10:00 Neighbourhood Time	10:00 Neighbourhood Time	
3	3:00 Exercise with Evan	3:00 In the Garden	10:30 Bible Study with Connie	-	3:00 For the Fun of Fit	11:00 Express Yourself	11:00 For the Soul	
6	6:30 Poetry Club	6:30 You & I	1:30 Exercise with Emily	11:30 Outing to Hutches on		1:30 BINGO	1:30 Stepping Out	
				the Beach		3:00 Patio Time		
,	10:00 Neighbourhood Time	2:00 Anne Grisdale Performs	12:00 Neighbourhood BBQ	10:00 Neighbourhood Time	T	1		
	11:00 For the Fun of Fit	3:00 You & I	9:00-3:00 SV Olympics @ Glendale	11:00 Soothing Sensations		ly 20	174	
	1:30 Express Yourself	6:00 Circle of Friends		1:30 Football Toss	JU	I y Z		
					First F	loor Neighbourhood		