| Sunday | Monday | Tuesday | Wednesday | Thursday | F riday | Saturday |
|--------------------------------------|---|--|--|--|---|-------------------------------------|
| | 9:00 Neighbourhood Time | 9:00 Neighbourhood Time | 3 9:00 Neighbourhood Time | 4 10:00 GrandPals 12:00 Neighbourhood Time | 5 | |
| | 10:00 For the Soul | 10:00 Walk to Tim Hortons | 10:00 Greeting the Day | 1:00 Water Fight- P | | |
| | 2:00 Canada Celebration with Blue Eyed Bill | 2:00 Seated Fit with Maddie | 1:00 Summer Crafts | 3:00 Travelling Tuck Shop 3:30 You & I 6:30 Karaoke- C | | |
| | 3:30 Sip & Social- P Canada Day | 2:00 Legion of Mary Visits 3:30 Jewelry Creations | 3:30 Smoothie Cart | Independence Day (US) | | |
| 7 | 8 | 9 10:30 Bible Study with Connie | Music with Jen 10 9:00 Neighbourhood Time | 9:00 Neighbourhood Time | 12 12:00 Neighbourhood Time | 1 |
| | | 12:00 Neighbourhood Time 1:00 Soothing Sensations 3:00 Resident Council | 10:00 Pet Visits | 10:00 GrandPals 1:00 Walk to the Park | 1:00 Water Games- P | |
| | | 3:00 For the Fun of Fit 6:30 Circle of Friends | 1:00 Musical Moments 3:00 Seated Yoga & | 3:00 Travelling Tuck Shop | 3:00 Brains & Banter 6:30 Movie & Treats | |
| | | | Meditation | 3:30 Express Yourself | | |
| 1:30 Church Service | 9:00 Neighbourhood Time | National Ice Cream Day! 16 9:00 Neighbourhood Time 10:00 Greeting the Day | 17 9:00 Neighbourhood Time | 10:00 GrandPals | 19 11:30 Picnic in the Park | 2 9:00 Neighbourhood Time |
| | 10:00 Musical Moments | 1:30 Kool Jims Ice Cream Truck | 10:00 Pet Visits | 12:00 Neighbourhood Time 1:00 70's Sing-A-Long | | 10:00 Spa Sensations |
| | 1:00 Stepping Out | 2:00 Legion of Mary Visits | 2:00 Paula French Performs | 3:00 Travelling Tuck Shop | | 2:00 Moon Day Activities |
| | 3:30 For the Soul | 3:30 You & I | 3:30 Sip & Social | 6:30 In the Kitchen | | 3:30 Seated Fit with Maddie |
| 21 9:00 Neighbourhood Time | 22 | 10:30 Bible Study with Connie | 9:00 Neighbourhood Time | 9:00 Neighbourhood Time | 26 12:00 Neighbourhood Time | 2 |
| 10:00 Stepping Out | | 12:00 Neighbourhood BBQ 12:00 Neighbourhood Time | 11:30 Outing to Hutches on the Beach | 10:00 High Tea & Tales | 1:00 Summer Crafts | |
| 1:00 BINGO | | 1:00 Seated Fit with Maddie 3:00 Express Yourself | 2:00 Water Fight 3:30 Popsicle Creations | 1:00 Christmas in July | 3:00 Move & Groove | |
| 3:30 Pet Visits | | 6:30 Brains & Banter | | 3:00 Travelling Tuck Shop | 6:30 The Price is Right | |
| | | | | 3:30 Jewelry Creations | | |
| 28 | 9:00 Neighbourhood Time | 30 9:00 Neighbourhood Time 10:00 You & I | 31 9:00 Neighbourhood Time | - | 1 | |
| | 10:00 Express Yourself | 1:00 Ice-Cream Sundae Making | 10:00 Spa Sensations | 11 | ly 20 | 174 |
| | 2:00 Anne Grisdale Performs | 3:30 Seated Fit with Maddie 9:00-3:00 | 2:00 BINGO | JU | I Y 2 0 | |
| | 3:30 Move & Groove | SV Olympics @ Glendale Crossing London | 3:30 Circle of Friends- P | | Floor Neighb | |