July 2024

Matthews Neighbourhood



		Matthews Neighbourhood			The Village at UNIVERSITY GATES	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Canada Day 2:00 Canada Day Party with Bill Loebsack (RH Patio) 4:00 Stepping Out 6:30 Game Show Trivia (CC) 	2 9:30 Rosary (C) 11:00 You & Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	3 10:00 YMCA Campers Visit (MS) 10:45 Art with Sonal 2:00 Stepping Out 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	4 9:30 Church Service (C) 10:30 Sit N Get Fit 2:00 Express Yourself 3:30 Green Thumbs 6:30 Active Games (MS)	5 10:00 Bingo on Wright 1:30 Stepping Out 2:30 Euro Cup Soccer Event 3:30 Active Games (FC) 6:30 Crafting Club (CC)	6 9:00 Express Yourself 10:00 Stepping Out 2:00 Entertainment with Kevin Coates (Jo) 3:30 Neighbourhood Time
7 9:00 Short Stories 10:00 For the Soul 1:30 Neighbourhood Curl- ing 3:00 Sunday Sundaes	8 9:00 The Daily Perk 10:30 Village Updates (C) 2:00 Brains & Banter 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9 9:30 Rosary (C) 11:00 You & Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	 10 10:00 YMCA Campers Visit (MS) 10:45 Art with Sonal 2:00 Resident Bill of Rights & Calendar Planning 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC) 	 11 9:30 Church Service (C) 10:30 Sit N Get Fit 1:00 Outing: Colour Paradise Greenhouse 2:00 Residents' Council (C) 3:30 Green Thumbs 6:30 Active Games (MS) 	12 10:00 Bingo 11:30 Lunch Outing: Anna Mae's 3:30 Active Games (FC) 6:30 Crafting Club (CC)	 13 9:00 The Daily Perk 10:00 Stepping Out 2:00 Entertainment with Henry Winter (Po) 3:30 Neighbourhood Time
14 9:00 Short Stories 10:00 For the Soul 2:00 Bubble Art	 15 2:00 Stepping Out 3:30 Total Body Fitness (FC) 3:30 Express Yourself 6:30 Game Show Trivia (CC) 	16 9:30 Rosary (C) 11:00 You & Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	 17 10:00 YMCA Campers Visit (MS) 10:45 Art with Sonal 2:00 Stepping Out 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC) 	 18 9:30 Church Service (C) 10:30 Sit N Get Fit 2:00 Express Yourself 3:30 Green Thumbs 6:30 Active Games (MS) 	1910:00 Bingo on Wright2:00 Pub Karaoke (MS)3:30 Active Games (FC)6:30 Crafting Club (CC)	20 9:00 Express Yourself 10:00 Stepping Out 2:00 Entertainment with Lynne & Rick (Do) 3:30 Neighbourhood Time
 21 National Ice Cream Day 9:00 Express Yourself 10:00 For the Soul 2:00 Ice Cream Shoppe (MS) 3:30 Neighbourhood Time 	 22 9:00 The Daily Perk 10:30 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC) 	23 9:30 Rosary (C) 11:00 You & Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	 24 10:00 YMCA Campers Visit (MS) 10:45 Art with Sonal 2:00 Food Committee Meeting (C) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC) 	 25 9:30 Church Service (C) 10:30 Sit N Get Fit 1:00 Stepping Out 3:30 Green Thumbs 6:30 Active Games (MS) 	26 2024 Olympic Games Start 10:00 Bingo 2:00 Olympic Party (MS) 6:30 Crafting Club (CC)	 27 9:00 The Daily Perk 10:00 Travelogue 2:00 Entertainment with the Gwillimbury Gang (Ma) 3:30 Neighbourhood Time
28 9:00 Short Stories 10:00 For The Soul 2:00 Brains and Banter 3:30 Neighbourhood Time	 29 2:00 Stepping Out 3:30 Total Body Fitness (FC) 4:00 Brains & Banter 6:30 Game Show Trivia (CC) 	30 SV Olympics—West 9:30 Rosary (C) 11:00 You and Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	 31 10:00 YMCA Campers Visit (MS) 10:45 Art with Sonal 2:00 Stepping Out 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 6:30 Games Night (CC) 			