



# July 2024

## Pollock Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Canada Day</b> 10:00 Strawberry Hulling <b>2:00 Canada Day Party with Bill Loeb sack (RH)</b> 6:30 Game Show Trivia (CC)	<b>2</b> 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	<b>3 10:00 YMCA Campers Visit (MS)</b> 1:15 Art with Sonal 2:00 Manicures 3:00 Spiritual Conversations(C) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	<b>4</b> 9:30 Church Service (C) 10:30 Patio Time 1:00 Outing: Goodwill 2:00 Green Thumbs 6:30 Active Games (MS)	<b>5</b> 9:30 Hello Pollock 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>6</b> 9:30 Daily Perk 10:30 Duet Bikes 2:00 Entertainment with Kevin Coates (Jo)
<b>7</b> 11:00 You and Me 2:00 Sunday Smoothies 5:15 Diner's Club	<b>8</b> 9:00 Bubble Art 10:30 Village Updates (C) 2:30 Calendar Planning 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>9</b> 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	<b>10 10:00 YMCA Campers Visit (MS)</b> 1:15 Art with Sonal 2:00 Manicures 3:00 Spiritual Conversations(C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>11</b> 9:30 Church Service (C) 10:30 Patio Time 2:00 Green Thumbs 2:00 Residents' Council (C) 6:30 Active Games (MS)	<b>12</b> 2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>13</b> 9:30 Daily Perk 10:30 Duet Bikes 2:00 Entertainment with Henry Winter (Po)
<b>14</b> 10:00 For the Soul 11:00 You and Me 2:00 Movie & Popcorn	<b>15</b> 2:30 Board Games 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>16</b> 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	<b>17 10:00 YMCA Campers Visit (MS)</b> 1:15 Art with Sonal 2:00 Manicures 3:00 Spiritual Conversations(C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>18</b> 9:30 Church Service (C) 10:30 Patio Time 2:00 Green Thumbs 2:00 Pollock Karaoke 6:30 Active Games (MS)	<b>19</b> 9:30 Hello Pollock 2:00 Karaoke Pub (MS) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>20</b> 9:30 Daily Perk 10:30 For the Fun of Fit 2:00 Entertainment with Lynne & Rick (Do)
<b>21 National Ice Cream Day</b> 10:00 For the Soul 11:00 You and Me 2:00 Ice Cream Shoppe (MS)	<b>22</b> 9:30 Soothing Sensations 11:00 Stepping Out 2:30 Board Games 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>23</b> 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	<b>24 10:00 YMCA Campers Visit (MS)</b> 1:15 Art with Sonal <b>2:00 Food Committee Meeting (C)</b> 3:00 Spiritual Conversations(C) 3:30 Balance Class (FC)	<b>25</b> 9:30 Church Service (C) 2:00 Green Thumbs 2:00 Stepping Out 6:30 Active Games (MS)	<b>26 2024 Olympic Games Start</b> 1:00 Outing: Colour Paradise 2:00 Olympic Party (MS) 6:30 Crafting Club (CC)	<b>27</b> 9:30 Daily Perk 10:30 Duet Bikes 2:00 Entertainment with the Gwillimbury Gang (Ma)
<b>28</b> 10:00 For the Soul 11:00 You and Me 2:00 Board Games	<b>29</b> 2:30 Patio Time 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>30 SV Olympics—West</b> 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	<b>31 10:00 YMCA Campers Visit (MS)</b> 1:15 Art with Sonal 2:00 Manicures 3:00 Spiritual Conversations(C) 3:30 Balance Class (FC) 6:30 Games Night (CC)			