



Rymal Neighbourhood

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Canada Day 8:15am Breakfast 10:00am Amazing Race: Canada Edition - TS 12:00pm BBQ Lunch 2:00pm Entertainment with Jay Vasquez - TS 3:30pm Stepping Out 5:00pm Dinner 	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Bingo - CC 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Brains and Banter 12-4pm Recreation Team Meeting 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 5:00pm Dinner 6:15pm Active Games - MS	8:15am Breakfast 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 11:00am Outing to the Toronto Blue Jays Game 12:00pm Lunch 2:00pm Knit & Chat - CC 2:00pm Summer Hair Day with Janet - FP 3:15pm Residents' Council 5:00pm Dinner 6:15pm Trivia in the CC 	8:15am Breakfast 8:30am Men's Breakfast - CC 10:00am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Circle of Friends 3:30pm For the Fun of Fit 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Bowling - MS 2:00pm Specialty Coffee and Cookies 3:30pm Musical Moments 5:00pm Dinner
8:15am Breakfast 9:30am Neighbourhood Time 11:00am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 5:00pm Dinner	Wentworth Heights Olympic Week 8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Musical Moments 12:00pm Lunch 2:30pm Olympics Opening Ceremonies (Entertainment with the Escapades) & Sprint Event - TS 3:30pm Stepping Out 5:00pm Dinner 6:15pm Bingo - CC	Wentworth Heights Olympic Week 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 2:00pm Soccer Event - MS 2:30pm For the Soul with Janet 3:00pm Soothing Sensations 5:00pm Dinner 6:15pm Games Night - CC	Wentworth Heights Olympic Week 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Stepping Out 2:30pm Shooting Event - TS 3:30pm Circle of Friends 5:00pm Dinner 6:15pm Active Games - MS	Wentworth Heights Olympic Week 8:15am Breakfast 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Canoe Slalom Event - MS 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm Dinner 6:15pm Bingo - CC	Happy Birthday Judy! Wentworth Heights Olympic Week 8:15am Breakfast 9:30am Neighbourhood Time 10:00am Garden Club with Crystal in the Greenhouse 11:00am In the Kitchen 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Flying Furball Dog Show - BP 2:00pm Parallel Bars Try Out with Dan - FC 3:30pm For the Fun of Fit 5:00pm Dinner	National French Fries Day 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Entertainment with Michael Thornton on Stonechurch 2:00pm Travelling Cart: French Fries 3:30pm Musical Moments 5:00pm Dinner
8:15am Breakfast 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner 6:15pm Musical Moments - CC	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 2:30pm For the Soul with Janet 3:00pm Soothing Sensations 5:00pm Dinner 6:15pm Games Night - CC	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Brains and Banter 12:00pm Summer BBQ 2:00pm Concert Video: Daniel O'Donnell with Janet - TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Drive Thru: Carnival Snacks 3:30pm Circle of Friends 5:00pm Dinner 6:15pm Active Games - MS	8:15am Breakfast 9:30am Neighbourhood Time 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Stepping Out 2:00pm Armchair Travel: Africa - TH 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm Dinner 6:15pm International Snack Battle: Ghana vs. Mexico - CC	8:15am Breakfast 9:30am Neighbourhood Time 10:00am Garden Club with Crystal in the Greenhouse 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 12:00pm Lunch 3:00pm Happy Hour with Antonella Vizzini - MS 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Axe Throwing - MS 2:00pm Specialty Coffee and Cookies 3:30pm Musical Moments 5:00pm Dinner
National Ice Cream Day 8:15am Breakfast 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 12:00pm Lunch 2:00pm Travelling Cart: Ice Cream Sundaes 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Musical Moments 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner 6:15pm Musical Moments - CC	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 2:30pm For the Soul with Janet 2:30pm Summer Parade - TS 5:00pm Dinner 6:15pm Games Night - CC	Happy Birthday Michael! National Drive Thru Day 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Movie with Janet: "A Murder Mystery" - TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Drive Thru: Carnival Snacks 3:30pm Circle of Friends 5:00pm Dinner 6:15pm Active Games - MS	8:15am Breakfast 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 12:00pm Lunch 12:00pm Ladies Lunch - CC 1:30pm Stepping Out 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm Dinner 6:15pm Trivia in the CC	8:15am Breakfast 9:30am Neighbourhood Time 10:00am Garden Club with Crystal in the Greenhouse 11:00am Hutch's on the Beach 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Birthday Bash - CC 2:00pm Circle of Friends 3:30pm For the Fun of Fit 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Luau Party with John Pebble on Carrington 2:00pm Specialty Coffee and Cookies 3:30pm Musical Moments 5:00pm Dinner
Happy Birthday Hildegard! 8:15am Breakfast 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 12:00pm Lunch 2:30pm Virtual Church Service - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner 6:15pm Musical Moments - CC	8:15am Breakfast 9:00am Schlegel Villages West Olympics at Glendale Crossing 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 2:30pm For the Soul with Janet 3:00pm Soothing Sensations 5:00pm Dinner 6:15pm Games Night - CC	8:15am Breakfast 9:30am Neighbourhood Time 11:00am Brains and Banter 12:00pm Summer BBQ 2:00pm In the Kitchen 2:00pm Tai Chi with Dan - FC 3:30pm Circle of Friends 5:00pm Dinner 5:00pm Diner's Club: Pizza & Wings - MS		Legend CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre TS - Town Square Lib - Library FP - Front Patio	