



# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p><b>Happy Canada Day Wear Red &amp; White Today!</b></p> <p>10:30 Northern School Knitting – MHR</p> <p>11:00 Raising of the Flag – Outside LTC</p> <p>12:00 BBQ outside by the pond (Meal plan residents at usual time &amp; location)</p> <p>2:00 Entertainment by Filipa – TS</p> <p>2:00 Cards – MHR</p> <p>*Sign up day moved to July 2<sup>nd</sup>*</p>	<p>2</p> <p>9:30 Prayer Circle – CH</p> <p>10:00 – 11:30 Sign up for July Activities – MHR</p> <p>10:00 News &amp; Views - FSL</p> <p>10:30 Group Discussion – CH</p> <p>11:00 Mini-Manicures - MHR</p> <p>2:00 Shuttle Bus to Walmart</p> <p>2:00 Cribbage – MHR</p> <p>2:00 Outdoor Walk – LIB</p> <p>2:00 Balloon Badminton Circle -TH</p> <p>3:00 Women’s Pool – FSL</p> <p>3:00 Wheel of Fortune - FSL</p> <p>3:00 Hangman – TH</p> <p>7:00 Musical Bingo - SH</p> <p>7:00 Bridge – SC</p> <p>7:00 Tech Help with Noreen – T</p>	<p>3</p> <p><b>Eye Clinic in Town Hall 9:30 – 3:30</b></p> <p>See Village Office to schedule appointments</p> <p>10:15 Walk &amp; Picnic at Whitby Harbour \$ – T</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>7:00 Horse Racing – TH</p>	<p>4</p> <p>10:00 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 TV Series – TH “The Fugitive”</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Java Social – SH</p> <p>11:00 Executive Council Meeting</p> <p>12:30 Walk &amp; Picnic at Whitby Harbour \$– T</p> <p>2:00 Rock Painting - MHR</p> <p>7:00 Movie – TH “Shadowlands”</p> <p>7:15 Curling - SC</p>	<p>5</p> <p>9:30 Bocce Ball - SC</p> <p>10:00 Gentle Fitness – SC</p> <p>10:30 Memory Game - MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Tech Help with Noreen - T</p> <p>11:00 Fun with Words – FSL</p> <p>1:00 One-to-One Visits – T</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>6</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>10:00 Documentary – TH “Hack your Health: The Secrets of your Gut”</p> <p>10:15 Curling – SC</p> <p>1:30 Conversation Starters - FSL</p> <p>2:30 Birthday Entertainment with Bruce Tounay – TH</p> <p>7:00 Poker – PS</p>
<p>7</p> <p><b>World Chocolate Day</b></p> <p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:00 Chocolate Day Trivia &amp; Fun Facts - FSL</p> <p>3:00 Chocolate Social – TH</p>	<p>8</p> <p>10:00 – 2:00 Mobile Senior Shop Vendor</p> <p>10:00 Mini Putt - TH</p> <p>10:30 Northern School Knitting – MHR</p> <p>11:00 Giant Crossword - FSL</p> <p>11:00 Poetry Appreciation with Patricia – LIB</p> <p>2:00 Wordle – SH</p> <p>2:00 Target Toss - TH</p> <p>2:00 Cards – MHR</p> <p>3:00 Eyeglass Cleaning - MHR</p> <p>3:00 Walk to put out Rocks – meet in MHR</p> <p>7:00 Bingo – TH</p>	<p>9</p> <p>9:30 Prayer Circle – CH</p> <p>10:00 Musical Moments - TH</p> <p>10:30 Canada Trivia - FSL</p> <p>10:30 Group Discussion – CH</p> <p>2:00 Music Appreciation with Ron &amp; Tony – TH</p> <p>2:00 Outdoor Mini-Putt – OS</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Boardgame: Clue - MHR</p> <p>3:00 Women’s Pool – FSL</p> <p>7:00 Musical Bingo - SH</p> <p>7:00 Bridge – SC</p> <p>7:00 Tech Help with Noreen – T</p>	<p>10</p> <p>10:00 Fun for Health Weigh-in and Discussion - FSL</p> <p>10:30 Knitting Club – MHR</p> <p>11:00 Ladderball - TH</p> <p>1:00 – 3:00 Come Celebrate Canada Picnic (\$10) with Entertainment by Heather Christine – OS</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>7:00 Horse Racing – TH</p>	<p>11</p> <p>10:00 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 TV Series – TH “The Fugitive”</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Axe Throwing – TH</p> <p>1:00 One-to-One Visits - T</p> <p>2:00 Lifelong Learning – TH “The History of Fragrance”</p> <p>2:00 Mini-Manicures - MHR</p> <p>2:00 Washer Toss - SH</p> <p>3:00 Canada Jingo – SH</p> <p>3:30 Mexican Train Dominoes - MHR</p> <p>7:00 Movie – TH “Page Eight”</p> <p>7:15 Curling – SC</p>	<p>12</p> <p>9:30 Bocce Ball - SC</p> <p>10:00 Gentle Fitness – SC</p> <p>10:30 Memory Game - MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Tech Help with Noreen - T</p> <p>11:00 Fun with Words – FSL</p> <p>1:00 One-to-One Visits – T</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>13</p> <p>9:00 Mini-Manicures – MHR</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>10:30 Bingo (\$) – TH</p> <p>1:30 Pick Up Colouring Contest Sheet – MHR</p> <p>1:45 Afternoon Movie – TH “Sweet Home Alabama”</p> <p>2:00 Monthly Pool Tournament – FSL</p> <p>7:00 Poker – PS</p>

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
9:15 One-to-One Visits – T <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion – TH</b> 1:45 Carpet Bowling – TH <b>2:00 Fireside Reading with Pauline - LIB</b> 3:00 Wet Your Whistle by the Pond	10:00 Musical Moments Sing-a-long - TH <b>10:30 Northern School Knitting – MHR</b> <b>2:00 Step-by-Step Painting - MHR</b> <b>2:00 Cards – MHR</b> 2:00 Target Toss - TH 3:00 Giant Crosswords - FSL <b>7:00 Entertainment with Shannon – TH</b> “Life and Influence of Judy Garland”	<b>8:30 Breakfast Club – Pick up outside CA</b> <b>9:30 Prayer Circle – CH</b> 10:30 Mexican Train Dominoes - MHR <b>10:30 Book Club – LIB</b> <b>10:30 Group Discussion – CH</b> 11:00 Scrabble - MHR <b>2:00 Cribbage – MHR</b> <b>2:00 Shuttle bus to Metro</b> <b>2:30 Armchair Travel to France – TH</b> <b>3:00 Women’s Pool – FSL</b> <b>7:00 Bridge – SC</b> <b>7:00 Tech Help with Noreen – T</b> <b>7:00 Entertainment – TH</b> “String Trio Concert”	<b>Pick up Activity Booklet outside MHR</b> 10:00 Tea, Trivia & Fun Facts - MHR <b>10:30 Knitting Club – MHR</b> 11:00 Bean Bag Toss - TH <b>1:45 Bid Euchre – MHR</b> <b>2:00 Bible Study – CH</b> <b>2:00 Craft – MHR</b> 2:00 Outdoor Walk - LIB <b>2:30 Food Presentation from Fresh Start – TH</b> 3:00 Pool Practice – FSL <b>4:30 – 7:00 Cleaning Clinic - SC</b> <b>4:45 Dinner Outing to Brock House \$ - T</b>	10:00 Fun, Useless Tidbits of Information – FSL 10:00 TV Series – TH “The Fugitive” 10:30 Pool Practice - FSL <b>10:30 Knitting Club - MHR</b> 11:00 Mini Putt - OS <b>1:45 Food Committee – TH</b> <b>2:30 Resident Council – TH (followed by wine &amp; cheese in the café)</b> <b>4:45 Dinner Outing to Brock House \$ - T</b> 7:00 Movie – TH “Waking Ned Devine”	9:30 Bocce Ball - SC 10:00 Gentle Fitness – SC <b>10:00 Catholic Mass – TH</b> 10:30 Memory Game - MHR <b>10:30 Colouring – MHR</b> <b>11:00 Tech Help with Noreen – T</b> 11:00 Fun with Words – FSL 1:00 One-to-One Visits – T <b>2:30 – 3:45 Happy Hour \$ – FSL</b> <b>Christmas in July Theme – dress the part &amp; receive a free drink</b> 6:45 Wii Bowling – TH	<b>9:30 Coffee Catch-up – CA</b> <b>10:00 Colouring – MHR</b> 10:00 Random Trivia - FSL 11:00 Outdoor Walk - LIB 2:00 Horse Racing - TH 3:00 Outdoor Mini-Putt - OS <b>7:00 Poker – PS</b>
21	22	23	24	25	26	27
9:15 One-to-One Visits – T <b>10:45 Worship Service – TH</b> <b>No Catholic Communion</b> 2:00 Wheel of Fortune - FSL 3:00 Wet Your Whistle by the Pond	 <b>Camp Day</b> 10:00 Scavenger Hunt – pick up a list outside MHR <b>10:30 Northern School Knitting – MHR</b> 11:00 Riddles & Conversation - FSL <b>2:00 Cards – MHR</b> 2:00 – 4:00 Campfire Songs & Games - Gazebo by the pond 7:00 Bingo – TH	<b>9:30 Prayer Circle – CH</b> 10:00 Olympic Games Quiz - FSL <b>10:30 Group Discussion – CH</b> <b>2:00 Cribbage – MHR</b> <b>2:00 Shuttle Bus to Superstore</b> <b>2:00 Garden Party – GDN</b> <b>3:00 Women’s Pool – FSL</b> 7:00 Musical Bingo - SH <b>7:00 Bridge – SC</b> <b>7:00 Tech Help with Noreen – T</b>	<b>Nelly’s Shoe Vendor 11:00 – 3:00</b> <b>International Self Care Day</b> 10:00 Fun for Health Weigh-in & Discussion - MHR <b>10:30 Knitting Club – MHR</b> 11:00 Ladderball - TH <b>1:45 Bid Euchre – MHR</b> <b>2:00 Bible Study – CH</b> <b>2:00 Documentary Series – TH “Headspace: The Guide to Meditation”</b> 7:00 Horse Racing – TH	<b>9:30 Westben Theatre Outing \$ – T</b> 10:00 Fun, Useless Tidbits of Information – FSL 11:00 Java Social – SH 2:00 Olympic Trivia -FSL <b>2:30 Hymn Sing - TH</b> 3:00 Walk to Dollarma - T 7:00 Movie – TH “Space Cowboys”	9:30 Bocce Ball – SC 10:00 Gentle Fitness – SC 10:30 Memory Game – MHR <b>10:30 Colouring – MHR</b> <b>11:00 Tech Help with Noreen – T</b> 11:00 Fun with Words – FSL 1:00 One-to-One Visits – T <b>2:30 – 3:45 Happy Hour \$ – FSL</b> 6:45 Wii Bowling – TH	9:00 “You be the Judge” Colouring Contest Display – MHR <b>9:30 Coffee Catch-up – CA</b> <b>10:00 Colouring – MHR</b> <b>10:00 – 2:00 Lawn Bowling “Cheer Team” Lunch &amp; Outing \$10 – T</b> <b>3:30 Manicures - MHR</b> <b>7:00 Poker – PS</b>

# July 2024

Sunday 28	Monday 29	Tuesday 30	Wednesday 31	<b>Legend</b> <b>B - Bistro</b> <b>CA – Café</b> <b>CH – Chapel</b> <b>DR – Dining Room</b> <b>FC – LTC Fitness Centre</b> <b>FSL – Fireside Lounge</b> <b>GDN – LTC Garden</b> <b>LIB - Library</b> <b>2NBal – 2<sup>nd</sup> Floor North Balcony</b>	<b>MHR – Main Hobby Room</b> <b>MS – Main Street</b> <b>OS – Outside</b> <b>PS – Pet Shoppe</b> <b>SC – Senior Centre</b> <b>SH - School House</b> <b>T – Travelling</b> <b>TH – Town Hall</b> <b>TS – Town Square</b> <b>3SCA – 3<sup>rd</sup> Floor South Common Area</b>
9:15 One-to-One Visits – T <b>10:45 Worship Service – TH</b> <b>11:30 Catholic Communion – TH</b> 1:45 Bocce Ball – SC 3:00 Wet Your Whistle by the Pond	10:00 Crazy Eights Card Game - MHR <b>10:30 Northern School Knitting – MHR</b> 11:00 Bean Bag Toss - TH 2:00 Wordle – SH 2:00 Washer Toss - TH <b>2:00 Cards – MHR</b> 3:00 Canada Jingo - SH 3:00 Ringer Toss - TH 7:00 Bingo - TH	<b>International Friendship Day</b> <b>10:00 – 2:00 Traditions Alive Vendor</b> <b>9:30 Prayer Circle – CH</b> 10:00 Friendship Movie – TH “The Bucket List” 11:00 Trivia - FSL <b>2:00 Shuttle Bus to Oshawa Centre</b> <b>2:00 Cribbage – MHR</b> <b>2:00 Craft – MHR Friendship Bracelets</b> <b>3:00 Women’s Pool – FSL</b> 7:00 Musical Bingo – SH <b>7:00 Bridge – SC</b> <b>7:00 Tech Help with Noreen – T</b>	<b>Butterfly Kisses Craft Vendor</b> <b>11:00 – 3:00</b> 10:00 Tea, Trivia & Fun Facts - MHR <b>10:30 Knitting Club – MHR</b> 11:00 Andre Rieu on the Big Screen - TH <b>1:45 Bid Euchre – MHR</b> <b>2:00 Bible Study – CH</b> <b>2:30 Watermelon Social with Jeannette V. – OS</b> 7:00 Horse Racing - TH  <b>August Calendar Delivery</b>		





# July 2024

## CALENDAR LEGEND

### Recreation/Main Hobby Room – ext. 8013

Calendars are delivered the last day of each month outlining activities for the following month.

Recreation programs mainly run as “First Come, First Enjoy”; however, some will require “Sign-up” due to space restrictions.

**Programs are subject to change without notice.**

Sign-ups will only be required for those activities in **red** print on the calendar. **Sign-ups will usually take place on the first of each month, however, there may be times that this date is not possible. Please check your calendar monthly for the date, time and location. Sign-ups are done IN PERSON. Please sign up for yourself and one other person only to allow equal opportunity for all residents. Completed sign-up lists will be available in the Sign-Up Binder located in MHR on the day following sign-up each month for review.**

SYMBOL	MEANING
\$	Bingo: \$1.00 per card Outings: price communicated ahead of time
T	Travelling – Recreation Team members or volunteers will visit resident suites
Highlighted in Yellow	Activity Ambassador led activities (see below)
Outside Activity	Weather Permitting; meet in MHR if outdoor conditions are not favourable for alternate plans
Pick up/Take Outs	While quantities last
<b>Red print activities</b>	<b>Sign-up in person at the time and location indicated on that month’s calendar</b> Examples: <ul style="list-style-type: none"> <li>- Breakfast Club/Night of Elegance</li> <li>- Neighbourhood outings/walks</li> <li>- Painting and Craft Classes</li> <li>- Tech Support</li> <li>- Any Bus Outings</li> <li>- Swimming</li> <li>- Kinesiology programs</li> </ul>

## **ACTIVITY AMBASSADORS**

<b>Bid Euchre</b>	Lou Watson - 2700 and Lou Marzola - 3413	<b>General Discussion</b>	Pastor Rob - 8011
<b>Billiards</b>	Lou Marzola - 3413	<b>Knitting Club</b>	Betty Plaskitt - 3305
<b>Book Club</b>	Pauline Reed - 2704	<b>Music Appreciation</b>	Ron Kellington – 3623 and Tony Sibley - 2708
<b>Bridge</b>	Jane Saunders and Joan Biergard - 3622	<b>Northern School Knitting Club</b>	Irene Cherrett - 2321
<b>Cards</b>	Lorraine Ward – 416-741-0860	<b>Poetry Appreciation</b>	Patricia Bayley – 2710
<b>Colouring</b>	Betty Plaskitt - 3305	<b>Poker</b>	Lou Marzola - 3413
<b>Cribbage</b>	Roy Carlson – 3319		