



July 2024

Aberdeen Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>VENDORS</u></p> <p>July 2: EZ Fit Shoes 11-3pm</p> <p>July 6: Traditions Alive 11-3pm</p>	<p>1 CANADA DAY 8:30 Breakfast 9:45 Creative Corner 11:00 Canadian Trivia 12:00 Lunch 2:00 Canada Day Celebration music with Hubert Hynes (SB) 5:00 Dinner</p>	<p>2 8:30 Breakfast 10:00 For The Spirit 12:00 Lunch 1:45 Horticulture Therapy 3:00 Hulling Berries 5:00 Dinner 6:00 Scattergories</p>	<p>3 Strawberry Social 8:30 Breakfast 10:15 Total Body Fitness 10:30 RC Communion (RV) 11:00 Hymn Sing 12:00 Lunch 2:00 Strawberry Social music with Jackie G (AB) 5:00 Dinner</p>	<p>4 8:30 Breakfast 9:30 In The Kitchen 10:30 Trivia Corner 12:00 Lunch 2:00 Axe Throwing 3:30 Outdoor Walks 5:00 Dinner</p>	<p>5 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Church 2:45 Hand Therapy 5:00 Dinner</p>	<p>6 8:30 Breakfast 9:30 Bingo 11:00 Rosary (RV) 12:00 Lunch 1:30 Outdoor Walks 3:00 Pet Therapy 5:00 Dinner</p>
<p>7 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:00 Manicures 4:00 You & Me 5:00 Dinner</p>	<p>8 8:30 Breakfast 9:45 Exercises 11:00 Brains & Banter 12:00 Lunch 1:30 UNO 3:00 Fun & Fitness 5:00 Dinner</p>	<p>9 Timbit Day 8:30 Breakfast 10:00 For The Spirit 10:15 Virtual Town Hall 12:00 Lunch 1:45 Horticulture Therapy 2:00 Euchre 5:00 Dinner</p>	<p>10 8:30 Breakfast 9:30 Zumba 10:15 Total Body Fitness 11:00 Hymn Sing 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 5:00 Dinner</p>	<p>11 8:30 Breakfast 9:30 In The Kitchen 10:30 Trivia Corner 12:00 Lunch 2:00 Music with Jontue Elan (AB) 3:30 Outdoor Walks 5:00 Dinner</p>	<p>12 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Church 3:00 Crokinole 5:00 Dinner</p>	<p>13 8:30 Breakfast 10:00 Bingo 12:00 Lunch 2:00 Manicures 3:00 Pet Therapy 5:00 Dinner</p>
<p>14 8:30 Breakfast 9:30 RC TV Church 10:30 Church with Pastor Royal (SH) 12:00 Lunch 2:30 King Street Brass Band—RET 5:00 Dinner</p>	<p>15 8:30 Breakfast 9:45 Exercises 11:00 Brains & Banter 12:00 Lunch 1:30 Express Yourself 3:00 Fun & Fitness 5:00 Dinner</p>	<p>16 8:30 Breakfast 10:00 For The Spirit 12:00 Lunch 1:45 Horticulture Therapy 2:00 Conn Smyth (SB) 5:00 Dinner 6:00 Scattergories</p>	<p>17 8:30 Breakfast 9:30 Zumba 10:15 Total Body Fitness 11:00 Hymn Sing 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 5:00 Dinner</p>	<p>18 8:30 Breakfast 9:30 In The Kitchen 10:30 Trivia Corner 12:00 Lunch 2:00 Leaving Tracks (KD) 3:15 Travelogue (RV) 5:00 Dinner</p>	<p>19 8:30 Breakfast 9:45 Exercise 10:30 Anglican Service (JS) 12:00 Lunch 2:00 Church 2:00 Travelogue to India (SB) 2:45 Hand Therapy 5:00 Dinner</p>	<p>20 8:30 Breakfast 10:00 Outdoor Walks 12:00 Lunch 2:30 Village-Wide Bingo (HV) 3:00 Pet Therapy 5:00 Dinner</p>
<p>21 National Ice-Cream Day 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:30 Ice Cream Social 3:30 You & Me 5:00 Dinner</p>	<p>22 8:30 Breakfast 9:30 Exercises 10:30 Resident Meeting 12:00 Lunch 1:45 Food Committee Mtg 3:00 Fun & Fitness 5:00 Dinner</p>	<p>23 8:30 Breakfast 10:00 For The Spirit 12:00 Lunch 1:45 Horticulture Therapy 2:00 Euchre 5:00 Dinner 6:00 UNO</p>	<p>24 8:30 Breakfast 10:15 Total Body Fitness 11:00 Birthday Sing-a-long 12:00 Lunch 1:45 Chime Choir Performs Christmas in July 2:30 Music Therapy 5:00 Dinner</p>	<p>25 8:30 Breakfast 10:15 Resident's Council (JS) 12:00 Lunch 1:30 Movie Matinee 3:30 Stepping Out 5:00 Dinner</p>	<p>26 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Church 3:00 Axe Throwing 5:00 Dinner</p>	<p>27 8:30 Breakfast 10:00 Bingo 12:00 Lunch 2:00 Manicures 3:00 Pet Therapy 5:00 Dinner</p>
<p>28 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:00 Village Wide Euchre (KD) 3:30 You & Me 5:00 Dinner</p>	<p>29 8:30 Breakfast 9:45 Exercises 10:30 United/Presbyterian Service (JS) 12:00 Lunch 1:30 Outing to Dollar Store 3:00 Fun & Fitness 5:00 Dinner</p>	<p>30 8:30 Breakfast 10:00 For The Spirit 12:00 Lunch 1:45 Horticulture Therapy 3:00 Crokinole 5:00 Dinner 6:00 Scattergories</p>	<p>31 8:30 Breakfast 10:15 Total Body Fitness 11:00 Hymn Sing 12:00 Lunch 1:45 Chime Choir 2:00 Peg Talks— Olympics (KD) 2:30 Music Therapy 5:00 Dinner</p>	<p>Legend Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH)</p>	<p>Waldau—(WD) Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC WR)</p>	