



July 2024

Kingsdale Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Vendors</p> <p>July 2– EZ Fit shoes 11-3 (LIB) July 6– Traditions Alive 11-3</p>	<p>1 Canada Day 8:30 Breakfast 10:00 Total Body Fitness 11:00 Canada Day Trivia 12:00 Lunch 2:00 Hubert Hynes– SB 2:30 Canada Day Party-RV 5:00 Dinner</p>	<p>2 EZ Fit Shoes 11-3 (LIB) 8:30 Breakfast 9:45 Horticulture 11:00 Hulling Strawberries 12:00 Lunch 2:00 Manicures 3:30 Book Club 5:00 Dinner</p>	<p>3 Strawberry Social 8:30 Breakfast 9:45 Music Therapy 10:30 Catholic Communion-RV 2:00 Strawberry Social with Grace– RV 3:00 Fun and Fitness 6:15 Games Corner</p>	<p>4 8:30 Breakfast 9:45 Morning TV 10:00 For the Spirit 12:00 Lunch 2:00 Wall Hanging Craft 3:30 Bocce Ball 6:15 Dominoes</p>	<p>5 8:30 Breakfast 9:45 Exercise 10:45 In the Kitchen– Oreo Cupcakes 1:30 Hobby Farm-RV 3:00 Church 5:00 Dinner</p>	<p>6 Traditions Alive 11-3 8:30 Breakfast 10:00 Mindful Coloring 11:00 Rosary– RV 12:00 Lunch 2:00 Bingo Club 5:00 Dinner</p>
<p>7 8:30 Breakfast 10:00 Spiritual Connections 11:00 Brains and Banter 12:00 Lunch 2:00 Armchair Travels to Canada 3:30 Scrabble</p>	<p>8 8:30 Breakfast 10:00 Total Body Fitness 11:00 Active Games 12:00 Lunch 2:00 Bingo Club 3:30 You and Me 5:00 Dinner</p>	<p>9 Timbit Day 8:30 Breakfast 9:45 Horticulture 10:15 Virtual Town Hall 11:00 Exercise with Annie 12:00 Lunch 01:30 Manicures 3:30 Book Club</p>	<p>10 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 2:00 Balloon Toss 3:00 Fun of Fitness 5:00 Dinner 6:15 Card Games</p>	<p>11 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 3:30 Kevin Coates– HV 3:45 Stamping Craft 6:15 Old Classical Movie Night</p>	<p>12 8:30 Breakfast 9:45 Exercise 10:45 In the Kitchen– Choco Chip Cookies 12:00 Lunch 1:30 Short Stories 3:00 Church</p>	<p>13 8:30 Breakfast 10:00 Java Music 11:00 Active Games 12:00 Lunch 2:00 Dominoes 5:00 Dinner</p>
<p>14 8:30 Breakfast 10:00 Spiritual Connections 10:30 Church with Paster Royal– SH 2:30 King Street Brass Band– RH 5:00 Dinner</p>	<p>15 8:30 Breakfast 10:00 Total Body Fitness 11:00 Express Yourself 12:00 Lunch 2:00 Bingo Club 3:30 Stepping Out 5:00 Dinner</p>	<p>16 8:30 Breakfast 09:45 Horticulture 11:00 Hangman 12:00 Lunch 2:00 Conn Smyth-SB 3:30 Book Club 5:00 Dinner</p>	<p>17 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 2:00 Dominoes 3:00 Fun of Fitness 5:00 Dinner 6:15 Board Games</p>	<p>18 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 2:00 Leaving Tracks– KD 3:30 Soothing Sensations 5:00 Dinner 6:15 UNO Card Games</p>	<p>19 8:30 Breakfast 09:45 Exercise 10:30 Anglican Service 10:45 In the Kitchen– Blueberry Cupcakes 2:00 Travel to India-SB 3:00 Church 5:00 Dinner</p>	<p>20 8:30 Breakfast 10:00 Pool Noodle Toss 11:00 Soothing Sensations 12:00 Lunch 2:30 Bingo Village Wide-HV 5:00 Dinner</p>
<p>21 National Ice Cream Day 8:30 Breakfast 10:00 Spiritual Connections 11:00 Brains and Banter 12:00 Lunch 2:00 Ice Cream Social 3:00 Board Games</p>	<p>22 8:30 Breakfast 10:00 Total Body Fitness 11:00 Active Games 12:00 Lunch 1:45 Food Committee Meeting 3:00 Hand Therapy 3:30 You and Me 5:00 Dinner</p>	<p>23 8:30 Breakfast 9:45 Horticulture 11:00 Lanterns Craft 12:00 Lunch 2:00 Resident Meeting 3:30 Book Club 5:00 Dinner</p>	<p>24 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 1:30 Beach Outing 3:00 Fun of Fitness 6:15 Games Corner</p>	<p>25 8:30 Breakfast 10:00 For the Spirit 10:15 Resident Council Meeting– JS 2:00 Canvas Painting 3:30 Stepping Out 6:30 Brent Meindinger - KD</p>	<p>26 8:30 Breakfast 9:45 Exercise 10:45 In the Kitchen– Healthy Oatmeal Cookies 12:00 Lunch 1:30 Short Stories 3:00 Church 5:00 Dinner</p>	<p>27 8:30 Breakfast 10:00 Family Feud 11:00 Musical Moments 12:00 Lunch 2:00 Scrabble 5:00 Dinner</p>
<p>28 8:30 Breakfast 10:00 Spiritual Connections 11:00 Acrylic Painting 2:00 Euchre Village Wide-KD 3:30 Active Games 5:00 Dinner</p>	<p>29 8:30 Breakfast 10:00 Total Body Fitness 10:30 United/Presbyterian Service - JS 2:00 Bingo Club 3:30 Stepping Out 5:00 Dinner</p>	<p>30 8:30 Breakfast 9:45 Horticulture 11:00 Word Games 12:00 Lunch 2:00 Manicures 3:30 Book Club 5:00 Dinner</p>	<p>31 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 2:00 PEG Talks– Olympics 3:00 Fun of Fitness 5:00 Dinner 6:15 Dominoes</p>	<p>Legend Strasburg—(SB) 2 Aberdeen—(AB) 3 Roseville—(RV) 4 Kingsdale—(KD) 5 Sandhills—(SH) 6 Waldau—(WD) 7 Haysville—(HV) 8</p>		<p>Ret. John Sweeney Rm — (JS) LTC Worship Room— (LTC) WR) Williamsburg Dining room - (RET DR)</p>