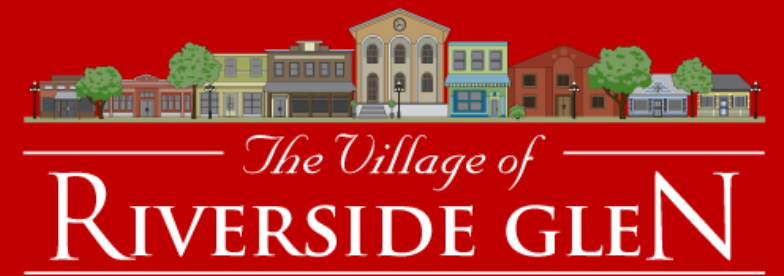




# July 2024

## Nichol Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Canada Day</b> 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Plant Club 3:00 Canda Day Party with Piano Turners (pond) 5:00 Dinner	<b>2</b> 8:30 Breakfast 10:00 Golf Cart Rides 11:00 Move and Groove 12:00 Lunch 2:00 Calendar Planning 3:00 In the Kitchen 5:00 Dinner	<b>3 Olympic Events</b> 8:30 Breakfast 10:30 Opening Ceremony & Canoe Slalom Event (RH) 11:00 Move and Groove 12:00 Lunch 2:15 Parallel Bars Event (LTC) 5:00 Dinner	<b>4 Olympic Events</b> 8:30 Breakfast 10:15 Olympic Shooting Event (RH) 12:00 Lunch 1:00 Music with Danielle 1:1 2:15 NuStep Event (café) 5:00 Dinner	<b>5 Olympic Events</b> 10:15 Soccer Event (RH) 2:00 Praying the Rosary (library) 3:00 Olympic Closing Ceremony (RH) 5:00 Dinner	<b>6</b> 8:30 Breakfast 10:00 Balloon Volleyball 12:00 Lunch 2:00 Manicules 5:00 Dinner
<b>7</b> 8:30 Breakfast 11:00 Church Service (Erin) 12:00 Lunch 2:00 Duet Bike Rides 3:00 You and Me 5:00 Dinner	<b>8 Freezer Pop Day</b> 8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion (Lib) 12:00 Lunch 2:00 Plant Club 5:00 Dinner	<b>9</b> 8:30 Breakfast 10:00 You & Me 11:00 Move and Groove 12:00 Lunch 2:30 Residents' Council (Lib) 5:00 Dinner	<b>10</b> 8:30 Breakfast 10:30 Songbirds Choir 11:00 Move and Groove 12:00 Lunch 2:30 Ragtime Summer Party 5:00 Dinner	<b>11</b> 8:30 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:00 Music with Danielle 2:30 Karaoke 5:00 Dinner	<b>12</b> 8:30 Breakfast 10:00 In the Kitchen 10:30 Catholic Mass (library) 12:00 Lunch 2:00 For the Fun of Fit 5:00 Dinner	<b>13 French Fry Day</b> 8:30 Breakfast 9:30 Neighbourhood Time 11:00 Manicules 12:00 Lunch 2:00 French Fry social 5:00 Dinner
<b>14</b> 8:30 Breakfast 11:00 Church Service (Erin) 12:00 Lunch 2:00 Basketball Shots 3:00 Stepping Out 5:00 Dinner	<b>15</b> 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Plant Club 2:30 Food Committee (library) 5:00 Dinner	<b>16</b> 8:30 Breakfast 10:30 Aidan Purnell (café) 11:00 Move and Groove 12:00 Lunch 2:00 Reptile Show 5:00 Dinner	<b>17</b> 8:30 Breakfast 10:30 Songbirds Choir 11:00 Move and Groove 12:00 Lunch 2:00 Stepping Outside 5:00 Dinner	<b>18</b> 8:30 Breakfast 10:00 Art & Craft 12:00 Lunch 1:00 Music with Danielle 1;1 2:00 Bean bag toss 5:00 Dinner	<b>19</b> 8:30 Breakfast 10:30 Hymn Sing 11:00 Express Yourself 12:00 Lunch 2:00 Art with Sonal 5:00 Dinner	<b>20</b> 8:30 Breakfast 10:00 Golf Cart Rides 11:00 Express Yourself 12:00 Lunch 2:00 For the Fun of Fit 5:00 Dinner
<b>21</b> 8:30 Breakfast 11:00 Church Service (Erin) 12:00 Lunch 2:00 Cool Cravings Cart (Erin Backyard) 5:00 Dinner	<b>22</b> 8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion (Lib) 12:00 Lunch 2:00 Plant Club 5:00 Dinner	<b>23</b> 8:30 Breakfast 10:00 Neighbourhood Time 11:00 Move and Groove 12:00 Lunch 2:00 Food Bingo 5:00 Dinner	<b>24</b> 8:30 Breakfast 10:30 Songbirds Choir 11:00 Move and Groove 12:00 Lunch 2:00 Stepping Out 5:00 Dinner	<b>25</b> 8:30 Breakfast 11:00 Java Time 12:00 Lunch 1:00 Music with Danielle 2:00 Birthday Social (café) 5:00 Dinner	<b>26</b> 8:30 Breakfast 10:00 Neighbourhood Time 10:30 Hymn Sing 12:00 Lunch 3:00 Ice Cream Social 5:00 Dinner	<b>27</b> 8:30 Breakfast 12:00 Lunch 1:30 Manicules 2:30 For the fun of Fit 5:00 Dinner 6:30 Walk and Talk
<b>28</b> 8:30 Breakfast 11:00 Church Service (Erin) 12:00 Lunch 2:00 Express Yourself 5:00 Dinner 6:15 Walk by the Pond	<b>29 Lasagna Bake Off</b> 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Plant Club 5:00 Dinner	<b>30</b> 8:30 Breakfast 10:00 Neighbourhood Time 11:00 Move and Groove 12:00 Lunch 2:00 Brains and Banter 5:00 Dinner	<b>31</b> 8:30 Breakfast 10:30 Songbirds Choir 11:00 Move and Groove 12:00 Lunch 2:00 Happy Hour (Café) 5:00 Dinner	<div style="border: 2px solid purple; padding: 10px;"> <p><b>Neighbourhood Coordinator:</b> Angela G</p> <p><b>Recreation:</b> Stephanie and Jaspreet</p> </div>		