

August 2024 Neighbourhood of Ailsa Craig

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Where Is The Program? * = Arbour Trails Main Building C—Chapel* MF—Main Floor* HS—Hobby Shop* TH—Town Hall* L—Library* PC—Patio Courtyard SC—Social Club* BP—Back Pond* TS—Town Square* FC—Fitness Centre* FE—Front Entrance * JPL — Jack Purcell Lounge ML — Main Lobby BP — Back Patio * MF Café — Main Floor Café * NOTE: Programs, their times, and locations are subject to change.			Visit Food Trucks! Wednesday evenings 4:30 p.m.—6:30 p.m. (approximately) in the main parking lot See the Newsletter for more details.	1 9-1 Barb's Produce FE 10:30 Bible Study C 3:45 DrumFIT FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 2:30 & 7:30 Movie: "The Great Train Robbery" TH	2 9:30 VON Exercise Class FC 10:30 Morning Stretches JPL 2:30 Hand Therapy HS 2:30 Cornhole 4th FL July Birthday Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "What We Did on Our Holiday TH" TH	3 10:15 Morning Smoothies TS 10:30 Cornhole 4th FL 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 2:30 Watermelon Social in the Courtyard * <i>will be moved</i> <i>to the second floor if</i> <i>inclement weather</i> 4:00 Hymn Sing JPL	
				No Exercise Classes Today		Watermelon Day	
4 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "One Foot in the Grave" TH	5 10:30 Catholic Communion C 11:00 Guided Meditation TH 2:00 High Tea 2nd FL 2:30 Movie: "The Second Best Marigold Hotel" TH 4:00 Hand Therapy JPL 7:30 Patio Party: Live Music With: "Bob McLean" BP No Exercise Classes Today Wilfred Schlegel Day	6 10:30-2 Cameron Cards TS 10:30 Entertainment: "Karen Guitard" on the Piano TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Zentangle with Anne JPL 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS	7 10:30-2:30 Cathy's Scarves, Gifts & Jewelry TS 9:30 VON Exercise Class FC 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 3:00 Get Active JPL 3:30 Jeopardy and Wine JPL 7:30 Popular Music on Wednesday "The Beatles Rooftop Concert" TH	8 9-1 Barb's Produce FE 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Food Committee Meeting L 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: "The Treasure of Sierra Madre" TH	9 9:30 VON Exercise Class FC 9:30 BCTW Hike: Rockwood Conservation Area and Lunch at Chompin at the Bit * <i>RSVP on MF</i> 2:30 Hand Therapy HS 3:30 Alberta Wildfire Fundraiser Kickoff Event MF Café 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Race" TH	10 10:15 Morning Smoothies TS 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour MF Café	
	Clothing Drive Begins		Denim Day				
	12 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 2:30 Movie: "Keeping Mum" TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 7:30 Patio Party Live Music With: "Kevin Coates" BP	13 10:30 Entertainment: "Karen Guitard" on the Piano TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Zentangle with Anne JPL 2:30 Film of Faith: "Healed by Grace: An Equestrian Story" TH 3:00 Praying the Rosary C 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS	14 9:30 VON Exercise Class FC 9:30 BCTW Hike: Elora Gorge Area and Lunch at Elora Brewing Company * <i>RSVP on MF</i> 10:30 Men's Conversation Connection C	15 9-1 Barb's Produce FE 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: Chinatown" TH	16 10-2 The Boutique TS 10:30 Morning Stretches JPL 2:30 Cornhole 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 Hand Therapy HS 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Ocean's 8" TH	17 10:00 Dutch Mill Country Market *<i>RSVP on MF</i> 2:30 Saturday Series: "Downton Abbey" TH 4:00 Hymn Sing JPL	
Clothing Drive Ends			Hawaiian Shirt Day		No Exercise Classes Today		

ARBOUR TRAILS



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Sunday	Monday	Tuesday	We	ednesday	Thursday	Friday	Saturday
18 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "One Foot in the Grave" TH	19 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 2:30 Movie: "Driving Lessons" TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 7:30 Patio Party: Live Music With Acoustic Duo "Unheard of" BP	20 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Zentangle with Anne JPL 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS	21 9:30 VON Exercise Class FC 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 3:00 Get Active JPL 3:30 Jeopardy and Wine JPL 7:30 Popular Music on Wednesday "Dolly Parton Live in Concert" TH		22 9-1 Barb's Produce FE 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Conversation Café JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: "The French Connection" TH	23 11-2 Factory Shoe TS 10:30 Morning Stretches JPL 2:30 Cornhole 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 Hand Therapy HS 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "The War with Grandpa" TH	24 10:15 Morning Smoothies TS 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour MF Café
			Summer Hat Day			No Exercise Classes Today	
 25 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "One Foot in the Grave" TH 	26 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 Book Club 2nd FL 2:30 Movie: "And So it Goes TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 7:30 Patio Party: Live Music With the VBA's "Backstage Boys" BP	27 10:00 St. Jacob's Market *RSVP on the MF 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS	28 9:30 VON Exercise Class FC 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL 2:30 Residents' Council Meeting TH 3:00 Get Active JPL 3:00 Bookmobile FE 7:30 Classical Music on Wednesday "Mozart: The Magic Flute" TH		29 9-1 Barb's Produce FE 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: "Breath" TH	30 9:30 VON Exercise Class FC 10:30 Morning Stretches JPL 2:30 Hand Therapy HS 2:30 Cornhole 4th FL August Birthday Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 Hand Therapy HS 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Hitchcock" TH	31 10:15 Morning Smoothies TS 10:30 Cornhole 4th FL 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 2:30 Jeopardy & Wine JPL 3:00 Happy Hour MF Café 4:00 Hymn Sing JPL
Last Day of Alberta Wildfire Fundraiser			Pajama Day				
Recreation Contact Information: arbourtrails.recreation@schlegelvillages.com (226)-251–3065 Extension 836				Where Is The Program? * = Arbour Trails Main Building C—Chapel* MF—Main Floor* HS—Hobby Shop* TH—Town Hall* L—Library* PC—Patio Courtyard SC—Social Club* BP—Back Pond* TS—Town Square* FC—Fitness Centre* FE—Front Entrance * JPL — Jack Purcell Lounge ML — Main Lobby BP — Back Patio * MF Café — Main Floor Café * NOTE: Programs, their times, and locations are subject to change.			

The Village of ARBOUR TRAILS A SCHLEGEL VILLAGE