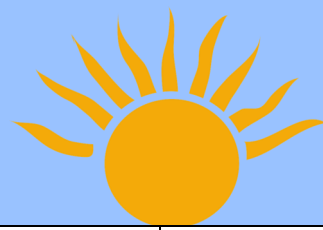


# August 2024

## Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> <p><b>Where Is The Program?</b></p> <p><b>C</b>—Chapel                      <b>TH</b>—Town Hall                      <b>MF</b>— Main Floor  <b>TS</b>—Town Square              <b>FE</b>—Front Entrance              <b>L</b>—Library  <b>EM</b>—Emma’s                      <b>HS</b>—Hobby Shop  <b>BP</b>— Back Patio                      <b>FC</b>—Fitness Centre</p> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p> </div>						
				<p>1 <b>9-1 Barb’s Produce FE</b>            10:30 Bible Study <b>C</b>            2:30 Classic Country Sing-Along <b>HS</b>            3:45 DrumFIT <b>FC</b>            7:45 Bingo! <b>HS</b>            2:30 &amp; 7:30 Movie: “The Great Train Robbery” <b>TH</b></p> <p><b>No Exercise Classes Today</b></p>	<p>2            9:30 VON Exercise Class <b>FC</b>            2:30 Hand Therapy <b>HS</b>            3:45 Destination Social: Turkey <b>MF Café</b>            7:15 Popcorn Pick-up <b>TH</b>            2:30 &amp; 7:30 Movie: “What We Did on Our Holiday” <b>Th</b></p>	<p>3            10:15 Morning Smoothies <b>MF Café</b>            11:15 Balloon Volleyball <b>FC</b>            1:30 Trivia <b>HS</b>            2:30 Saturday Series: “Downton Abbey” <b>TH</b>  <b>3:00 Watermelon Social MF Café</b></p> <p><b>Watermelon Day</b></p>
<p>4            10:15 Specialty Coffee <b>MF Café</b>            11:00 DrumFIT <b>FC</b>            1:30 Afternoon Sports <b>SC</b>            2:15 Brain Game Puzzle Pick-up <b>HS</b>            3:00 Chapel Service <b>C</b>            3:45 Fellowship Café <b>MF Café</b>            4:00 Sunday TV Series: “One Foot in the Grave” <b>TH</b></p>	<p>5 <b>No Exercise Classes Today</b>            10:15 Word Games <b>HS</b>            10:30 Catholic Communion <b>C</b>            11:00 Guided Meditation <b>TH</b>            1:30 Shake Loose a Memory Game <b>L</b>            2:30 Movie: “The Second-Best Marigold Hotel” <b>TH</b>            3:00 Musical Bingo <b>HS</b>  <b>7:30 Patio Party Entertainment: “Bob McLean” BP</b></p> <p><b>Wilfred Schlegel Day Clothing Drive Begins</b></p>	<p>6 <b>Cameron Cards 10:30-2 TS</b>            10:30 Meeting of Minds Discussion Group <b>TH</b>  <b>10:30 Entertainment: “Karen Guitard on Paino” TS</b>            2:30 Art Hour: Making Bookmarks <b>HS</b>            2:30 Film of Faith: “Healed by Grace: An Equestrian Story” <b>TH</b>            3:30 Tech Help <b>HS *Call 811</b>            7:30 Current Events Group <b>L</b>            7:30 Trivia Night <b>HS</b></p>	<p>7 <b>Cathy’s Scarves, Gifts &amp; Jewelry 10:30-2 TS</b>            9:30 VON Exercise Class <b>FC</b>  <b>10:00 Outing: Butterfly Conservatory *Sign-up Only</b>            10:00 Get Active (Standing) <b>FC</b>            2:15 Therapeutic Paw Visits with Raven <b>HS</b>            3:00 Happy Hour <b>MF Café</b>            6:00 Bookmobile Pre-orders <b>HS</b>            7:30 Music on Wednesday: “The Beatles Rooftop Concert” <b>TH</b></p> <p><b>Denim Day</b></p>	<p>8 <b>9-1 Barb’s Produce FE</b>            10:30 Bible Study <b>C</b>            11:00 In the Garden: Tea and Talks <b>HS</b>            2:30 Outings Meeting <b>HS *All are Welcome!</b>            2:30 Food Committee Meeting <b>L</b>            3:00 Gentle Exercise <b>FC</b>            3:45 DrumFIT <b>FC</b>            7:45 Bingo! <b>HS</b>            2:30 &amp; 7:30 Movie: “The Treasure of Sierra Madre” <b>TH</b></p>	<p>9            9:30 VON Exercise Class <b>FC</b>            10:15 Morning Bike Rides <b>*Sign up FE</b>            2:30 Card Games <b>SC</b>            2:30 Hand Therapy <b>HS</b>  <b>3:30 Alberta Wildfire Fundraiser Kickoff Event MF Café</b>            7:15 Popcorn Pick-up <b>TH</b>            2:30 &amp; 7:30 Movie: “Race” <b>TH</b></p>	<p>10            10:15 Morning Smoothies <b>MF Café</b>            11:15 Balloon Volleyball <b>FC</b>            1:30 Trivia <b>HS</b>            2:30 Saturday Series: “Downton Abbey” <b>TH</b>            3:00 Happy Hour <b>MF Café</b></p>
<p>11            10:15 Specialty Coffee <b>MF Café</b>            11:00 DrumFIT <b>FC</b>            1:30 Afternoon Sports <b>SC</b>            2:15 Brain Game Puzzle Pick-up <b>HS</b>            3:00 Chapel Service <b>C</b>            3:45 Fellowship Café <b>MF Café</b>            4:00 Sunday TV Series: “One Foot in the Grave” <b>TH</b></p> <p><b>Clothing Drive Ends</b></p>	<p>12            10:00 Better Balance (Standing) <b>FC</b>            10:15 Word Games <b>HS</b>            10:30 Catholic Communion <b>C</b>            11:00 Guided Meditation <b>TH</b>            1:30 Shake Loose a Memory Game <b>L</b>            2:00 Get Active (Seated) <b>FC</b>            2:30 Movie: “Keeping Mum” <b>TH</b>            3:00 Musical Bingo <b>HS</b>  <b>7:30 Patio Party Entertainment: “Kevin Coates” BP</b></p>	<p>13            10:30 Meeting of Minds Discussion Group <b>TH</b>  <b>10:30 Entertainment: “Karen Guitard on Paino” TS</b>            2:30 Art Hour: Geometric Paintings <b>HS</b>            3:30 Tech Help <b>HS *Call 811</b>            3:00 Praying the Rosary <b>C</b>            7:30 Current Events Group <b>L</b>            7:30 Trivia Night <b>HS</b></p>	<p>14            9:30 VON Exercise Class <b>FC</b>            10:00 Get Active (Standing) <b>FC</b>            10:30 Giant Crossword <b>L</b>            10:30 Men’s Conversation Connection <b>C</b>  <b>3:00 Tropical Paradise Party MF Café</b>            3:00-4:00 Bookmobile <b>FE</b>            7:30 Classical Music on Wednesday: “Rossini &amp; Verdi” <b>TH</b></p> <p><b>Hawaiian Day</b></p>	<p>15 <b>9-1 Barb’s Produce FE</b>            10:30 Bible Study <b>C</b>            11:00 In the Garden: Music and Sunshine <b>HS</b>            2:30 Movie Crew Meeting <b>HS *New Members are Welcome!</b>            3:00 Gentle Exercise <b>FC</b>            3:45 DrumFIT <b>FC</b>            7:45 Bingo! <b>HS</b>            2:30 &amp; 7:30 Movie: “Chinatown” <b>TH</b></p>	<p>16 <b>The Boutique 10-2 TS</b>            10:00 Activity Booklets Available in the MF Café            3:30 Destination Social: Mexico <b>MF Café</b>            7:15 Popcorn Pick-up <b>TH</b>            2:30 &amp; 7:30 Movie: “Ocean’s 8” <b>TH</b></p> <p><b>No Exercise Classes Today</b></p>	<p>17  <b>10:00 Outing: Dutch Mill *Sign-up</b>            2:30 Saturday Series: “Downton Abbey” <b>TH</b>            3:00 Happy Hour <b>MF Café</b></p>



# August 2024

## Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:15 Specialty Coffee <b>MF Café</b> 11:00 DrumFIT <b>FC</b> 1:30 Afternoon Sports <b>SC</b> 2:15 Brain Game Puzzle Pick-up <b>HS</b> 3:00 Chapel Service <b>C</b> 3:45 Fellowship Café <b>MF Café</b> 4:00 Sunday TV Series: "One Foot in the Grave" <b>TH</b>	19 10:00 Better Balance (Standing) <b>FC</b> 10:15 Word Games <b>HS</b> 10:30 Catholic Communion <b>C</b> 11:00 Guided Meditation <b>TH</b> 1:30 Shake Loose a Memory Game <b>L</b> 2:00 Get Active (Seated) <b>FC</b> 2:30 Movie: "Driving Lessons" <b>TH</b> 3:00 Musical Bingo <b>HS</b> <b>7:30 Patio Party</b> <b>Entrainment: "Unheard Of" BP</b>	20 10:30 Meeting of Minds Discussion Group <b>TH</b> 2:30 Art Hour: Sunflower Painting <b>HS</b> 3:30 Tech Help <b>HS *Call 811</b> 7:30 Current Events Group <b>L</b> 7:30 Trivia Night <b>HS</b>	21 9:30 VON Exercise Class <b>FC</b> 10:00 Get Active (Standing) <b>FC</b> 10:30 Giant Crossword <b>L</b> 3:00 Happy Hour <b>MF Café</b> 6:00 Bookmobile Pre-orders <b>HS</b> 7:30 Music on Wednesday: "Dolly Parton Live in Concert" <b>TH</b>  <p style="text-align: center;"><b>Summer Hat Day</b></p>	22 <b>9-1 Barb's Produce FE</b> 10:30 Bible Study <b>C</b> 2:30 Introduction to Book Club <b>L</b> 3:00 Gentle Exercise <b>FC</b> 3:45 DrumFIT <b>FC</b> 7:45 Bingo! <b>HS</b> 2:30 & 7:30 Movie: "The French Connection" <b>TH</b>  <p style="text-align: center;"><b>No Exercise Classes Today</b></p>	23 <b>Factory Shoe 11-2 TS</b> 10:15 Morning Bike Rides <b>*Sign up FE</b> <b>11:30 Outing: Diana Downtown &amp; Art Gallery of Guelph *Sign-up Only</b> <b>3:45 Neighborhood Birthday Party SC</b> 7:15 Popcorn Pick-up <b>TH</b> 2:30 & 7:30 Movie: "The War with Grandpa" <b>TH</b>	24 10:15 Morning Smoothies <b>MF Cafe</b> 11:15 Balloon Volleyball <b>FC</b> 1:30 Trivia <b>HS</b> 2:30 Saturday Series: "Downton Abbey" <b>TH</b> 3:00 Happy Hour <b>MF Café</b>
25 10:15 Specialty Coffee <b>MF Café</b> 11:00 DrumFIT <b>FC</b> 1:30 Afternoon Sports <b>SC</b> 2:15 Brain Game Puzzle Pick-up <b>HS</b> 3:00 Chapel Service <b>C</b> 3:45 Fellowship Café <b>MF Café</b> 4:00 Sunday TV Series: "One Foot in the Grave" <b>TH</b>  <p style="text-align: center;"><b>Last Day of Alberta Wildfire Fundraiser</b></p>	26 10:00 Better Balance (Standing) <b>FC</b> 10:15 Word Games <b>HS</b> 10:30 Catholic Communion <b>C</b> <b>11:00 Outing: Scaddabush Italian Restaurant *Sign-up Only</b> 2:00 Get Active (Seated) <b>FC</b> 2:30 Movie: "And So it Goes" <b>TH</b> 3:00 Musical Bingo <b>HS</b> <b>7:30 Patio Party</b> <b>Entertainment: "The Backstage Boys" BP</b>	27 10:30 Meeting of Minds Discussion Group <b>TH</b> 2:30 Art Hour: Bean Art <b>HS</b> 3:30 Tech Help <b>HS *Call 811</b> 7:30 Current Events Group <b>L</b> 7:30 Trivia Night <b>HS</b>	28 9:30 VON Exercise Class <b>FC</b> 10:00 Get Active (Standing) <b>FC</b> <b>10:30 Outing: Flight Café *Sign-up Only</b> 10:30 Men's Conversation Connection <b>C</b> <b>2:30 Residents' Council Meeting TH</b> 3:45 Happy Hour <b>MF Café</b> 3:00-4:00 Bookmobile <b>FE</b> 7:30 Classical Music on Wednesday: "Mozart: The Magic Flute" <b>TH</b>  <p style="text-align: center;"><b>Pajama Day</b></p>	29 <b>9-1 Barb's Produce FE</b> 10:30 Bible Study <b>C</b> 2:30 Book Club <b>L</b> 3:00 Gentle Exercise <b>FC</b> 3:45 DrumFIT <b>FC</b> 7:45 Bingo! <b>HS</b> 2:30 & 7:30 Movie: "Breathe" <b>TH</b>	30 9:30 VON Exercise Class <b>FC</b> 2:30 Hand Therapy <b>HS</b> 3:30 Destination Social: Australia <b>MF Café</b> 7:15 Popcorn Pick-up <b>TH</b> 2:30 & 7:30 Movie: "Hitchcock" <b>TH</b>	31 10:15 Morning Smoothies <b>MF Cafe</b> 11:15 Balloon Volleyball <b>FC</b> 1:30 Trivia <b>HS</b> 2:30 Saturday Series: "Downton Abbey" <b>TH</b> 3:00 Happy Hour <b>MF Café</b>
<div style="border: 1px solid black; padding: 5px;"> <p><b>Where Is The Program?</b></p> <p><b>C</b>—Chapel      <b>TH</b>—Town Hall      <b>MF</b>— Main Floor  <b>TS</b>—Town Square      <b>FE</b>—Front Entrance  <b>EM</b>—Emma's      <b>HS</b>—Hobby Shop  <b>BP</b>— Back Patio      <b>FC</b>—Fitness Centre</p> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p> </div>			<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Recreation Contact Information:</b></p> <p>arbourtrails.recreation@schlegelvillages.com            (226)-251-3065 Extension 811</p> </div>			