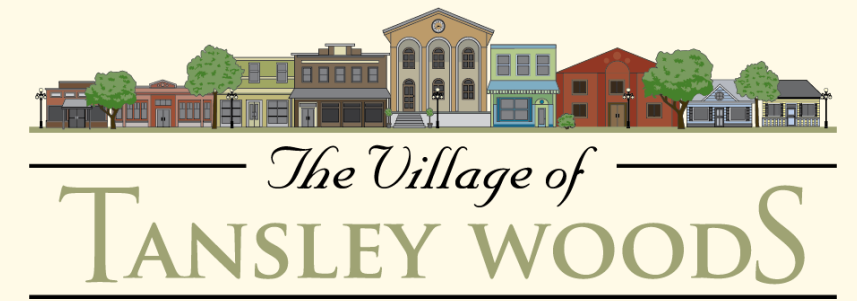


# September 2024

## Brant



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:30 In The Kitchen	<b>2</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	<b>3</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments	<b>4</b> 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 Stepping Out	<b>5</b> 1:00 Neighbourhood Time 2:00 In The Kitchen 3:00 Horticulture Therapy 3:30 Circle of Friends 6:00 Musical Moments	<b>6</b> 9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Musical Moments 3:30 For The fun of Fit	<b>7</b> 1:00 Neighbourhood Time 2:00 Stepping Out 3:00 Ron Tansley Performs 6:00 Brains and Banter
<b>8 Grandparents Day</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:30 In The Kitchen	<b>9</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	<b>10</b> 9:00 Neighbourhood Time 2:00 Stepping Out 3:30 Musical Moments	<b>11</b> 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 Stepping Out	<b>12</b> 1:00 Neighbourhood Time 2:00 In The Kitchen 3:00 Horticulture Therapy 3:30 Circle of Friends 6:00 Musical Moments	<b>13</b> 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Neighbourhood Time 3:30 For The fun of Fit 6:00 Brains and Banter– CC	<b>14</b> 9:00 Neighbourhood Time 10:30 For The Soul 2:00 Stepping Out 3:00 Brad Boland Performs 6:00 Neighbourhood Time
<b>15 Terry Fox Day</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:00 Terry Fox Walk 6:00 Neighbourhood Time	<b>16 Resident Council Week</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	<b>17 Harvest Moon Festival</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	<b>18</b> 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 Stepping Out	<b>19</b> 1:00 Neighbourhood Time 2:00 In the Kitchen 3:00 Horticulture Therapy 3:30 Circle of Friends 6:00 Musical Moments	<b>20</b> 9:00 Neighbourhood Time 10:30 Stepping Out 11:15 Line Dancing– FC 1:30 Art Therapy 2:00 Musical Moments 3:30 For The fun of Fit	<b>21</b> 1:00 Neighbourhood Time 2:00 Stepping Out 3:00 Paula French Per- forms—Outside 6:00 Brains and Banter
<b>22 First Day of Autumn</b> 1:00 Neighbourhood Time 2:15 Church– TH 3:30 Circle of Friends 6:00 For the Fun of Fit	<b>23</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	<b>24 Arts &amp; Aging Day</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Circle of Friends 3:30 Musical Moments 7:00 Express Yourself	<b>25</b> 9:00 Neighbourhood Time 10:30 For The Soul 11:00 Music Therapy 2:00 Soothing Sensations 3:30 Stepping Out	<b>26</b> 1:00 Neighbourhood Time 2:00 In the Kitchen 3:00 Horticulture Therapy 3:30 Circle of Friends 6:00 Musical Moments	<b>27</b> 1:00 Neighbourhood Time 3:00 David Skolnik Octoberfest—TH 6:00 Brains and Banter-CC	<b>28</b> 9:00 Neighbourhood Time 10:30 For The Soul 2:00 Stepping Out 3:00 For the Fun of Fit 6:00 Neighbourhood Time
<b>29</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church– TH 3:30 In The Kitchen 6:00 Neighbourhood Time	<b>30 National Day for Truth &amp; Reconciliation</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 Circle of Friends	<b>Meal Times</b> 8:15 Breakfast 12:00 Lunch 5:00 Dinner	<b>Legend</b> CC– Community Center FC– Fitness Center TH– Town Hall L– Library MS– Main Street SC– Senior Center	<b>Residents Bill Of Rights</b> 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To De-velop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Inter-ests And To Develop Their Potential		