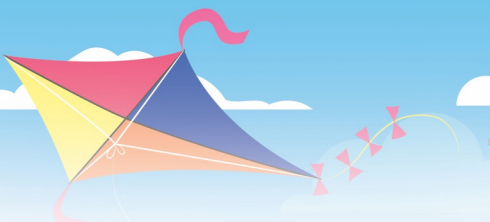


Carrington Neighbourhood

August 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre TS - Town Square Lib - Library FP - Front Patio						
4 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	5 Civic Holiday 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	6 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 2:30pm Armchair Travel: Nova Scotia - TH 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	7 9:30am Neighbourhood Time 11:00am Express Yourself 12-4pm Recreation Team Meeting 2:00pm Tai Chi with Dan - FC	8 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:00pm Summer Hair Day with Janet - FP 3:00pm Circle of Friends 3:15pm Residents' Council 6:00pm Neighbourhood Time	9 11:00am Stay Strong - FC 1:30pm Stepping Out 2:15pm Hort Happens with Crystal 3:00pm In the Kitchen 6:00pm Neighbourhood Time	10 National Watermelon Day 2:00pm Entertainment with Ron Tansley on Stonechurch 2:00pm Travelling Cart: Watermelon 3:30pm Musical Moments 6:00pm Neighbourhood Time
11 10:00am Virtual Church Service - CH 1:30pm You and I 2:30pm Virtual Church Service - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	12 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	13 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Outing: Hutch's on the Beach 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	14 10:30am Outing: Walmart 12:00pm Summer BBQ 2:00pm Christmas Bazaar Crafts & Preserves - CC 2:00pm Afternoon Musical Movie with Janet - TH 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter	15 Happy Birthday Rita! National Relaxation Day 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Spa Afternoon in Town Hall 3:00pm Circle of Friends 6:00pm Neighbourhood Time	16 Corn Fest (Dress in Western Wear) 10:30am Corn Husking - CC 11:00am Stay Strong - FC 1:30pm Stepping Out 2:15pm Music Therapy with Jen 2:30pm Entertainment with Kelly Davies - BP 6:00pm Neighbourhood Time	17 2:00pm Bowling on Main Street 2:00pm In the Kitchen 3:30pm Musical Moments 6:00pm Neighbourhood Time
18 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Ankit - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	19 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - MS 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	20 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	21 National Senior Citizen Day 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Express Yourself 2:00pm Christmas Bazaar Crafts & Preserves - CC 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 2:30pm Legacy Readings - RH Lib 3:30pm Brains and Banter 5:00pm Diners Club: Chinese Food - MS	22 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	23 11:00am Stay Strong - FC 1:30pm Stepping Out 2:15pm Hort Happens with Crystal 3:00pm Happy Hour with Cheryl Neal - MS 6:00pm Neighbourhood Time	24 2:00pm In the Kitchen 2:00pm Super Bingo! - CC 3:30pm Musical Moments 6:00pm Neighbourhood Time
25 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	26 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	27 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 2:00pm Outing: Country Drive & Ice Cream 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	28 Dress in Western Wear 9:30am Neighbourhood Time 11:00am Express Yourself 2:00pm Christmas Bazaar Crafts & Preserves - CC 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter 4:45pm End of Summer BBQ with Entertainment by Lorelee	29 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 3:00pm Circle of Friends 6:00pm Neighbourhood Time	30 11:00am Stay Strong - FC 1:30pm Stepping Out 2:15pm Music Therapy with Jen 3:00pm In the Kitchen 6:00pm Neighbourhood Time	31 2:00pm Entertainment with Zack Erikson on Carrington 3:30pm In the Kitchen 6:00pm Neighbourhood Time

