





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Happy Birthday Nadal! 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Virtual Church Service - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	2 Labour Day 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	3 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	4 9:30am Neighbourhood Time 11:00am For the Fun of Fit 12pm-4pm Recreation Team Meeting 2:00pm Tai Chi with Dan - FC	5 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:00pm Entertainment with Anne Grisdale on Stonechurch 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	6 8:30am Men's Breakfast - CC 11:00am Stay Strong - FC 1:30pm Stepping Out 3:00pm In the Kitchen 6:00pm Neighbourhood Time	7 2:00pm Pub with Kelly Davies - MS 2:00pm Circle of Friends 3:30pm Musical Moments 6:00pm Neighbourhood Time
8 National Grandparents Day 10:00am Church Service with Ankit - CH 10:00am Magic Show (The Art of Illusion) - MS 1:30pm Pet Visits 2:30pm Church Service with Janet - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	9 National Teddy Bear Day 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Teddy Bear Bingo - CC 3:30pm Musical Moments 	10 Happy Birthday Simone! 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 10:30am Outing: Hutch's on the Beach 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	11 Soup Fest 11am-1pm 9:30am Neighbourhood Time Movie with Janet: Call of the Wild - TH 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts & Preserves - CC	12 11:00am Fit to Function with Dan - FC 2:00pm Happy Hour with Dave Shakespeare - MS 2:30pm Java Music Club with Janet 3:15pm Residents' Council 3:30pm Circle of Friends 6:00pm Neighbourhood Time	13 National Peanut Day 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Baking & Decorating Cookies in Stonechurch 2:15pm Music Therapy with Jen 3:30pm Cookie Social 6:00pm Neighbourhood Time	14 National Kreme Filled Donut Day 10:30am Travelling Cart: Donuts 2:00pm Bowling on Main Street 2:00pm Outing: Hamilton Tiger Cats Game 6:00pm Neighbourhood Time
15 Terry Fox Run/Walk 10:00am Church Service with Ankit - CH 10:30am Terry Fox Walk - BP 1:30pm You and I 2:30pm Church Service with Janet - CH 3:00pm Lemonade in the Courtyard 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	16 9:30am Neighbourhood Time 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	17 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 3:00pm For the Fun of Fit 6:00pm Neighbourhood Time	18 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am For the Fun of Fit 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts & Preserves - CC 3:30pm Brains and Banter	19 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	20 National Punch Day 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Outing: Country Drive and Donuts 2:00pm Travelling Cart: Tropical Punch 6:00pm Neighbourhood Time 	21 World Alzheimer's Day Alzheimer's Coffee Break Fundraiser 10am-12pm 2:00pm Entertainment with Gerry Larkin on Carrington 3:30pm Musical Moments 6:00pm Neighbourhood Time
22 First Day of Autumn 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:00pm Apple Cider Social 3:15pm Fellowship - CC 6:00pm Neighbourhood Time 	23 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - FC 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	24 Arts & Aging Day 9:30am For the Soul with Janet 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 2:00pm Arts & Aging Craft Workshops - CC 3:30pm For the Fun of Fit 6:00pm Neighbourhood Time	25 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Tai Chi with Dan - FC 2:30pm Armchair Travel: Texas - TH 3:00pm Christmas Bazaar Crafts & Preserves - CC 5:00pm Diner's Club: Appetizer Night - MS	26 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm The Spirit of Song: Indigenous Music & History - TH - MS 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	27 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Birthday Bash - CC 2:00pm Travelling Cart: Cupcakes 2:15pm Music Therapy with Jen 3:00pm In the Kitchen 6:00pm Neighbourhood Time	28 2:30pm Oktoberfest Party with Filipa Sousa - TS 6:00pm Neighbourhood Time 
29 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:00pm Specialty Coffee and Cookies 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	30 National Day for Truth and Reconciliation (Wear Orange) 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	Legend CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre TS - Town Square Lib - Library FP - Front Patio		