

August 2024



Erindale Place & Sheridan Way

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Team Members Ankita, Jashan, and Komal				1 10:30 Group Exercise (CQ) 2:30 Neighborhood Time	2 Ice-Cream Sandwich Day 10:3 Group Exercise (CQ) 10:30 Art Class (AR)	3 Watermelon Day 10:30 Chair Yoga (CQ) 11:00 You and me
Neighborhood Coordinator Ferdie Gonzales				4:00 Outdoor Walks	2:30 Ice-Cream & Karaoke (CQ)	2:30 Watermelon Treats (CQ) 6:30 Soothing sensations
4	5 Civic Holiday Wilfred Schlegel Day	6 Vendor: Express Fashion (11am -2pm)	7	8	9	10
10:30 Church service 11:00 Hymn Sing 2:30 Flower Arranging 6:30 Card games	10:30 Tims Traveling Cart 3:00 Group Exercise 6:30 Stepping out	10:30 Group Exercise (CQ) 2:30 Sip & Paint	10:30 Book Club 11:00 Musical Moments 2:30 Spa Afternoon (CQ) 6:30 Travelogue	 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Euchre Tournament (AR) 6:30 Outdoor Walks 	10:30 Group Exercise (CQ) 2:30 Arm Chair Travel: Jamaica 6:30 Hangman	10:30 Fun & Fitness 2:30 Entertainment with Jack Garson (CQ)
11 End of Schlegel Olympics	12	13	14	15	16	17
10:30 Church Service 11:00 Hymn Sing 2:30 Painting Afternoon	10:30 Self care morning 11:00 You and me 2:30 Entertainment with David. T (CQ) 6:30 Stepping out	10:30 Group Exercise (CQ) 10:30 Art Class (AR) 2:30 Chair Yoga (CQ) 6:30 BINGO	10:30 Book Club 11:00 Musical Moments 2:30 BINGO (CQ) 6:30 Travelogue	 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Euchre Tournament (AR) 6:30 Outdoor Walks 	10:30 Group Exercise (CQ) 2:30 Baking	10:30 Word Connect 11:00 Soothing sensations 2:30 Bowling (CQ) 6:30 Soothing sensations
18	19	20	21	22	23	24
10:30 Church service 11:00 Hymn Sing 2:30 Baking 6:30 Card games	10:30 Jewelry Making 11:00 Musical Moments 3:00 Group Exercise 6:30 Stepping out	10:30 Group Exercise (CQ) 2:30 RC Communion (CQ)	10:30 Chair Yoga (CQ) 2:30 Arm Chair Travel: India 6:30 Travelogue	 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Euchre Tournament (AR) 6:30 Outdoor Walks 	10:30 Group Exercise (CQ) 2:30 Movie & Snacks (CQ) 6:30 Hangman	10:30 Java Music Club 2:30 High Tea Social (CQ)
25	26	27	28	29	30	31
10:30 Church Service 11:00 Hymn Sing 12:00 Birthday BBQ	10:30 Art Class (AR) 3:00 Group Exercise 6:30 Stepping out	10:30 Group Exercise (CQ) 2:30 Tie-Dye Tuesday (AR) 6:30 Documentary & Popcorn	10:30 Book Club 11:00 You & I 2:30 Birthday Party with Ryan Andrews (CQ) 6:30 Travelogue	 10:30 Group Exercise (CQ) 1:00 Manicures 1:30 Pet Visits 2:30 Resident council and Food committee (CQ) 6:30 Outdoor Walks 	10:30 Group Exercise (CQ) 2:30 80's Disco Party (CQ)	10:30 Guess the song 11:00 Friendly visits 2:30 Movie afternoon 6:30 Soothing sensations