

August 2024



Egerton Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre H- Hobby Shop	L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg		10-3 Sign Up Day 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am Lunch 2:00pm In the Kitchen 3:45pm Friendly Visits - Vari 5:00pm Dinner	International Beer Day 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Cards 12:00am Lunch 1:30pm Stepping Out 3:00pm Happy Hour w/ Craft Beers & Trivia (\$) - SC 5:00pm Dinner	Watermelon Day 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Trivia on August - Hobb 12:00am Lunch 2:00pm Entertainment with Dave Thierry- EG Dinner 5:00pm 7:15pm Saturday Night Bingo - H
4 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am Lunch 1:45pm Movie Matinee - Loun 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	5 Civic Holiday Wilfred Schlegel Day 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Express Yourself 12:00am Lunch 1:45pm For the fun of fit - C 3:30pm Bingo 5:00pm Dinner	6 8:00am Breakfast 11:00am Fit for Life w/ Moses 12:00am Lunch 1:00pm Neighbourhood time 2:30pm Arm Chair Travel: Nova Scotia - TH 2:30pm Outing: Hutches Ice Cream 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	7 Nellie's Comfort Shoes 8:00am Breakfast 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 11:00am DanceFIT - TH 12-4 Recreation Team Meeting 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:30pm Tansley Trippers Info Session - SH 3:00pm Sing-along w/ Janet - CH 5:00pm Dinner	8 8:00am Breakfast 9:15am Breakfast Club: French Toast - Sign Up - H 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am Lunch 2:00pm In the Kitchen 3:30pm Men's Club 5:00pm Dinner	9 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Java Music Club 12:00am Lunch 1:30pm Travelling Nail Cart 3:00pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	10 8:00am Breakfast 10:00am Neighbourhood Time 10:30am For the Fun of Fit (bowling) 12:00am Lunch 2:30pm Express Yourself - Hobb 3:30pm Egerton Book Club - Loun 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
11 8:00am Breakfast 10:00am Virtual Church Service - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am Lunch 1:30pm Stepping Out 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 5:00pm Dinner	12 8:00am Breakfast 10:00am Neighbourhood Time 10:30am Outing: Royal Botanical Gardens 12:00am Lunch 1:45pm For the fun of fit - C 3:30pm Bingo 5:00pm Dinner	13 8:00am Breakfast 9:30am Lettuce Talk Food - EG 11:00am Fit for Life w/ Moses 12:00am Lunch 1:00pm Neighbourhood time - Vari 2:00pm stepping out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	14 National Creamsicle Day Ruth's Fashion Main Street 8:00am Breakfast 10:00am Neighbourhood Time 10:30am Music Therapy with Jenn 10:30am For the Soul w/ Janet 11:00am DanceFIT - TH 11:30am Back Patio BBQ 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm For the Soul w/ Rec 3:15pm Java Music Club - Coun 5:00pm Dinner	15 National Relaxation Day 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am Lunch 2:00pm In the Kitchen 2:30pm Relaxation Spa - TH 3:45pm Friendly Visits - Vari 5:00pm Dinner	16 Cornfest - Dress Western 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Picture Bingo 12:00am Lunch 1:30pm Stepping Out 2:30pm Entertainment: Kelly Davies Duo - Back Patio 2:30pm Hand Wax Therapy - H 3:30pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	17 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Trivia on Snacks - Hobb 12:00am Lunch 1:45pm For the Fun of Fit - Loun 3:30pm Musical Moments - Vari 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
18 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Outing: Art Gallery & Picnic Lunch 12:00am Lunch 1:45pm Movie Matinee - Loun 2:30pm Church Service w/ Ankit - TH 3:15pm Fellowship - CC 5:00pm Dinner	19 8:00am Breakfast 10:00am Neighbourhood Time 10:30am For the soul w/ Janet - Loun 10:45am Express Yourself 12:00am Lunch 1:45pm For the fun of fit - C 3:30pm Bingo 5:00pm Dinner	20 8:00am Breakfast 11:00am Fit for Life w/ Moses 12:00am Lunch 1:00pm Neighbourhood time - Vari 2:00pm stepping out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	21 National Senior Citizen Day 8:00am Breakfast 10:00am Neighbourhood Time 10:30am Roman Catholic Mass - TH 11:00am DanceFIT - TH 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm Movie w/ Janet (Musical) - TH 2:00pm For the Soul w/ Rec 3:15pm Java Music Club - Coun 5:00pm Dinner	22 Cathy's Scarves and Jewellery 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am Lunch 2:00pm In the Kitchen 3:30pm Men's Club 5:00pm Dinner	23 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Java Music Club 12:00am Lunch 1:30pm Travelling Nail Cart 3:00pm Happy Hour w/ Trivia (\$) - SC 5:00pm Dinner	24 8:00am Breakfast 10:00am Neighbourhood Time 10:30am For the Fun of Fit (bowling) 12:00am Lunch 2:30pm Express Yourself - Hobb 3:30pm Egerton Book Club - Loun 5:00pm Dinner 7:15pm Saturday Night Bingo* - H
25 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am Lunch 1:30pm Stepping Out 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	26 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Express Yourself 12:00am Lunch 1:45pm For the fun of fit - C 3:30pm Bingo 5:00pm Dinner	27 8:00am Breakfast 11:00am Fit for Life w/ Moses 12:00am Lunch 1:00pm Neighbourhood time - Vari 2:00pm stepping out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm Dinner 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	28 8:00am Breakfast 10:00am Neighbourhood Time 10:30am Music Therapy with Jenn 10:30am For the Soul w/ Janet 11:00am DanceFIT - TH 12:00am Lunch 1:00pm Fitness w/ Moses - Loun 2:00pm For the Soul w/ Rec 4:45pm End of Summer BBQ - Patio 5:00pm Dinner	29 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am Lunch 2:00pm In the Kitchen 3:45pm Friendly Visits - Vari 5:00pm Dinner	30 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Cards 12:00am Lunch 1:30pm Stepping Out 3:00pm Hand Wax Therapy - H 3:30pm Birthday Happy Hour - SC 5:00pm Dinner	31 8:00am Breakfast 10:00am Neighbourhood Time 10:45am Trivia on Songs - Hobb 12:00am Lunch 1:45pm For the Fun of Fit - Loun 3:30pm Musical Moments - Vari 5:00pm Dinner 7:15pm Saturday Night Bingo* - H