

# September 2024



## Egerton Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am <b>Lunch</b> 1:45pm Movie Matinee - Loun 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 5:00pm <b>Dinner</b>	2 <b>10-3 Sign Up Day</b> <b>Resident Wedding Photo Contest Begins!</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 10:45am Express Yourself 12:00am <b>Lunch</b> 2:00pm For the Fun of Fit - Loun 3:30pm Bingo 5:00pm <b>Dinner</b>	3 8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 2:00pm Stepping Out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	4 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Musical Moments 11:00am DanceFIT - TH 12:00am <b>Lunch</b> <b>12pm-4pm Recreation Team Meeting</b> 1:00pm Fitness w/ Moses - Loun 5:00pm <b>Dinner</b>	5 <b>The Boutique 11 - 4</b> <b>Resident Wedding Photo Contest Closes</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am <b>Lunch</b> <b>1:00pm Outing: Ice Cream Drive to Hutches</b> 4:00pm Friendly Visits - Vari 5:00pm <b>Dinner</b>	6 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Cards 12:00am <b>Lunch</b> 1:30pm Travelling Nail Cart <b>3:00pm Happy Hour w/ Wedding Photo Results! (\$) - SC</b> 5:00pm <b>Dinner</b>	7 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Fun of Fit (bowling) 12:00am <b>Lunch</b> <b>2:00pm Entertainment with Florin Clonta- EG</b> 3:30pm Egerton Book Club - Loun 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo* - H
8 <b>Grandparents' Day</b> 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service with Janet-TH 3:15pm Fellowship - CC 5:00pm <b>Dinner</b>	9 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 10:45am Express Yourself 12:00am <b>Lunch</b> 2:00pm For the Fun of Fit - Loun 3:30pm Bingo 5:00pm <b>Dinner</b>	10 8:00am <b>Breakfast</b> <b>9:30am Lettuce Talk Food - EG</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 2:00pm Stepping Out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	11 <b>11-1 Soupfest - MS</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am Music Therapy with Jenn 11:00am DanceFIT - HS 12:00am <b>Lunch</b> 1:00pm Fitness w/ Moses - Loun 2:00pm For the Soul w/ Rec 3:15pm Java Music Club - Coun 5:00pm <b>Dinner</b>	12 8:00am <b>Breakfast</b> <b>9:15am Breakfast Club: Bacon, Eggs, Toast &amp; Hash browns - Sign Up - HS</b> 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am <b>Lunch</b> 2:00pm In the Kitchen 3:45pm Friendly Visits - Vari 5:00pm <b>Dinner</b>	13 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time <b>10:30am Outing: Picnic Lunch at McQuestion Park</b> 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Hand Wax Therapy - HS 3:00pm Happy Hour w/ Trivia (\$) - SC 5:00pm <b>Dinner</b>	14 <b>Final Day of Resident Wedding Photos Posted on Main Street</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Trivia - Hobb 12:00am <b>Lunch</b> 1:45pm For the Fun of Fit - Loun <b>2:30pm Entertainment: Zack Erikson - TH</b> 3:30pm Musical Moments - Vari 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo* - H
15 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time <b>10:30am Terry Fox Walk - Outside</b> 12:00am <b>Lunch</b> 1:45pm Movie Matinee - Loun 2:30pm Church Service with Janet-TH 3:15pm Fellowship - CC 5:00pm <b>Dinner</b>	16 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 10:45am Express Yourself 12:00am <b>Lunch</b> 2:00pm For the Fun of Fit - Loun 3:30pm Bingo 5:00pm <b>Dinner</b>	17 <b>Nellies Comfort Shoes 11-4</b> 8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 2:00pm Stepping Out - Vari 3:30pm Happy Hour (\$) - SC 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	18 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time <b>10:30am Roman Catholic Mass - CH</b> 10:45am Musical Moments 12:00am <b>Lunch</b> 1:00pm Fitness w/ Moses - Loun <b>2:00pm Lecture: Dementia Education - TH</b> 2:00pm For the Soul w/ Rec 3:15pm Java Music Club - Coun 5:00pm <b>Dinner</b>	19 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am <b>Lunch</b> 2:00pm Tim Hortons Walk <b>2:30pm Residents' Council Meeting - TH</b> 3:30pm Men's Club 5:00pm <b>Dinner</b>	20 <b>National Punch Day</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Cards 12:00am <b>Lunch</b> 1:30pm Travelling Nail Cart <b>3:00pm Punch Happy Hour w/ Trivia (\$) - SC</b> 5:00pm <b>Dinner</b>	21 <b>World Alzheimer's Day</b> 8:00am <b>Breakfast</b> <b>10:00am World Alzheimer's Day: Coffee &amp; Donuts Fundraiser</b> 10:00am Neighbourhood Time 10:30am For the Fun of Fit (bowling) 12:00am <b>Lunch</b> 2:30pm Express Yourself - Hobb 3:30pm Egerton Book Club - Loun 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo* - H
22 <b>First Day of Autumn</b> 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service with Janet-TH 3:15pm Fellowship - CC 5:00pm <b>Dinner</b>	23 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 10:45am Express Yourself 12:00am <b>Lunch</b> 2:00pm For the Fun of Fit - Loun 3:30pm Bingo 5:00pm <b>Dinner</b>	24 <b>Arts &amp; Aging Day</b> 8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 2:00pm Stepping Out - Vari <b>2:30pm Arts &amp; Aging Workshops - MS</b> 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through The Ages w/ Norm-TH	25 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am Music Therapy with Jenn 11:00am DanceFIT - HS 12:00am <b>Lunch</b> 1:00pm Fitness w/ Moses - Loun <b>2:00pm Arm Chair Travel: Texas - TH</b> 2:00pm For the Soul w/ Rec 5:00pm <b>Dinner</b>	26 <b>Traditions Alive 11-4</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Morning Movements - Loun 12:00am <b>Lunch</b> 2:00pm In the Kitchen <b>2:30pm The Spirit of Song: Indigenous Music &amp; History - TH</b> 3:45pm Friendly Visits - Vari 5:00pm <b>Dinner</b>	27 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 11:00am Java Music Club 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Hand Wax Therapy - HS <b>3:00pm Birthday Happy Hour-SC</b> 5:00pm <b>Dinner</b>	28 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:45am Trivia - Hobb 12:00am <b>Lunch</b> 1:45pm For the Fun of Fit - Loun <b>2:30pm Oktoberfest Celebration w/ Filipa Sousa - TH</b> 3:30pm Musical Moments - Vari 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo* - H
29 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:45am Brains and Banter: Board Games 12:00am <b>Lunch</b> 1:45pm Movie Matinee - Loun 2:30pm Church Service with Janet-TH 3:15pm Fellowship - CC 5:00pm <b>Dinner</b>	30 <b>National Day for Truth &amp; Reconciliation</b> <b>Orange Shirt Day</b> 8:00am <b>Breakfast</b> 10:00am Neighbourhood Time 10:30am For the Soul w/ Janet 10:45am Express Yourself 12:00am <b>Lunch</b> 2:00pm For the Fun of Fit - Loun 3:30pm Bingo 5:00pm <b>Dinner</b>	*- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre HS- Hobby Shop	L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg			