Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8:00 Breakfast	8:00 Breakfast	Happy Birthday	8:00 Breakfast	National Cheese	8:00 Breakfast	Happy birthday
9:15 Neighbourhood	9:15 Neighbourhood	Kathy!	12:00 Lunch	Pizza Day	9:15 Neighbourhood	Patricia M!
Time	Time	8:00 Breakfast	12:30	8:00 Breakfast	Time	8:00 Breakfast
10:45 Worship	10:30 Mini Manicures	10:15	Neighbourhood Time	9:15 Neighbourhood	10:30 Circle of	10:15
Service – TH	12:00 Lunch	Neighbourhood Time	1:00 Quiet Time	Time	Friends	Neighbourhood Time
11:30 Catholic	1:00 Quiet Time	11:00 You and I	3:15 Emma's Fitness	10:30 Express	12:00 Lunch	11:00 For the Soul
Communion – TH	2:00 Circle of Friends	12:00 Lunch	5:00 Dinner	Yourself	1:00 Quiet Time	12:00 Lunch
12:00 Lunch	3:15 Walking Club	1:00 Quiet Time	6:15 Soothing	12:00 Lunch	2:00 Hymn Sing	1:00 Quiet Time
1:00 Quiet Time	with PAL	2:00 Movie Matinee	Sensations	1:00 Quiet Time	Chaplain Rob	2:00 Brains and
2:00 Calander	3:30 You & I	3:15 Emma's Fitness	7:00 "Jimmy's Old-	3:30 Pizza Trivia &	3:15 Balloon	Banter
Delivery	5:00 Dinner	5:00 Dinner	Time Radio Show"	Facts	Volleyball (PAL)	3:30 In the Kitchen
3:30 Stepping Out 5:00 Dinner			Entertainment - TH	5:00 Dinner	5:00 Dinner	5:00 Dinner
8	9	10	11	12	13	14
Grandparent's Day	8:00 Breakfast	Happy Birthday	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
8:00 Breakfast	9:15 Neighbourhood	Emma!!	12:00 Lunch	9:15 Neighbourhood	10:15	9:15 Neighbourhood
10:15	Time	8:00 Breakfast	12:30	Time	Neighbourhood Time	Time
Neighbourhood Time	10:30 You & I	9:15 Neighbourhood	Neighbourhood Time	10:30 Stepping Out	11:00 Soothing	10:30 Stepping Out
10:45 Worship	12:00 Lunch	Time	1:00 Quiet Time	12:00 Lunch	Sensation	12:00 Lunch
Service– TH	1:00 Quiet Time	10:00 Java Music	2:00 Movie Matinee	1:00 Quiet Time	12:00 Lunch	1:00 Quiet Time
11:30 Catholic	3:15 Walking Club	12:00 Lunch	3:00 You and I	2:00 Bingo	1:00 Quiet Time	2:30 Entertainment
Communion– TH	with PAL	1:00 Quiet Time	3:15 Emma's Fitness	3:30 Java Music	2:00 Musical	by Rosita Stone– TH
12:00 Lunch	3:30 Movie Mantee	2:00 Bingo	5:00 Dinner	5:00 Dinner	Moments	3:30 Express
1:00 Quiet Time	5:00 Dinner	3:15 Emma's Fitness	6:15 For the Fun of		3:30 Circle of Friends	
2:30 Entertainment		5:00 Dinner	Fit		5:00 Dinner	5:00 Dinner
with Shannon– TH						
5:00 Dinner						
6:15 For the Soul						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
8:00 Breakfast 9:15 Neighbourhood Time 10:45 Worship Service – TH 11:30 Catholic Communion – TH 12:00 Lunch 1:00 Quiet Time 2:00 In the Kitchen 3:30 You & I 5:00 Dinner	8:00 Breakfast 9:15 Neighbourhood Time 10:30 Mini Manicures 12:00 Lunch 1:00 Quiet Time 2:00 Circle of Friends 3:15 Walking Club with PAL 3:30 Bingo 5:00 Dinner	8:00 Breakfast 10:15 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 1:00 Quiet Time 2:00 Java Music 3:15 Emma's Fitness 3:30 For the Fun of it 5:00 Dinner	8:00 Breakfast 12:00 Lunch 2:00 Pub Cart 2:30 Entertainment with Country Kenny 3:30 You & I 5:00 Dinner 6:30 Movie Mantee	8:00 Breakfast 9:15 Neighbourhood Time 10:30 Stepping Out 11:45 Bus Outing to Swiss Chalet (\$) 12:00 Lunch 1:00 Quiet Time 3:30 Bingo 5:00 Dinner	8:00 Breakfast 8:00 Emma's Breakfast Club (Sign-Up) 9:15 Neighbourhood Time 10:00 Catholic Mass- TH 11:00 Express Your Self 12:00 Lunch 1:00 Quiet Time 2:00 Musical Moments 3:15 Balloon Volleyball (PAL) 5:00 Dinpor	World Alzheimer Day Wear Purple Today 8:00 Breakfast 10:15 Neighbourhood Time 11:00 For The Soul 12:00 Lunch 1:00 Quiet Time 2:00 Circle of Friends 3:30 Stepping Out 5:00 Dinner
22	23	24	25	26	5:00 Dinner 27	28
 8:00 Breakfast 10:45 Worship Service – TH 11:30 Catholic Communion – TH 12:00 Lunch 1:00 Quiet Time 2:00 For the Fun of Fit 3:30 You and I 5:00 Dinner 6:15 Soothing Sensation 	 23 Oktoberfest Begins 8:00 Breakfast 9:15 Neighbourhood Time 10:30 Mini Manicures 12:00 Lunch 1:00 Quiet Time 2:00 Java Music 3:30 Bingo 5:00 Dinner 	Arts & Aging Day Happy Birthday Noel! 8:00 Breakfast 9:15 Neighbourhood	 25 8:00 Breakfast 9:15 Neighbourhood Time 12:00 Lunch 1:00 Quiet Time 2:00 Stepping out 2:30 Celebration of Life- TH 2:30 For the Soul 5:00 Dinner 6:15 Movie Mantee 	 8:00 Breakfast 9:15 Neighbourhood Time 10:30 Circle of Friends 12:00 Lunch 12:00 Ruby Lunch Outing (\$) 1:00 Quiet Time 3:30 Stepping Out 5:00 Dinner 	8:00 Breakfast 10:15 Neighbourhood Time 10:45 Express Your Self 12:00 Lunch 1:00 Quiet Time 2:00 For the Fun of It 3:15 Bingo 5:00 Dinner	 20 8:00 Breakfast 9:15 Neighbourhood Time 10:30 For the Soul 12:00 Lunch 1:00 Quiet Time 2:00 You and I 3:30 In the Kitchen 5:00 Dinner

Sunday	Monday
29	30
World Heart Day	National Day for
8:00 Breakfast	Truth and
9:15 Neighbourhood	Reconciliation
Time	Wear your Orange
10:45 Worship	Shirt
Service – TH	8:00 Breakfast
11:30 Catholic	9:15 Neighbourhood
Communion – TH	Time
12:00 Lunch	10:30 You & I
1:00 Quiet Time	12:00 Lunch
2:00 Bingo 3:30 You & I	1:00 Quiet Time
5:00 Dinner	2:00 Java Music
5.00 Dinner	3:30 Express
	Yourself
	5:00 Dinner

