

September 2024



Emma's Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 5:00pm Dinner	2 10-3 Sign Up Day Resident Wedding Photo Contest Begins! 8:00am Breakfast 10:00am Emma's Walking Group 10:00am Neighbourhood Time 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	3 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	4 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 12pm-4pm Recreation Team Meeting 2:00pm VON: S.M.A.R.T Exercise Program 5:00pm Dinner 6:15pm Neighbourhood Time	5 The Boutique 11 - 4 Resident Wedding Photo Contest Closes 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 1:00pm Outing: Ice Cream Drive to Hutches 5:00pm Dinner	6 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	7 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Entertainment with Florin Clonta- EG 3:30pm Musical Moments 5:00pm Dinner
8 Grandparents' Day 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 5:00pm Dinner	9 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	10 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	11 11-1 Soupfest - MS 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 1:15pm Music Therapy with Jenn 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner	12 8:00am Breakfast 9:15am Breakfast Club: Bacon, Eggs, Toast & Hash browns - Sign Up - HS 12:00pm Lunch 2:00pm Movie Matinee 3:30pm Java Time 5:00pm Dinner	13 8:00am Breakfast 10:00am Fit for Life: Walking Group 10:00am Neighbourhood Time 10:30am Outing: Picnic Lunch at McQueston Park 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	14 Final Day of Resident Wedding Photos Posted on Main Street 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Bingo 2:30pm Entertainment: Zack Erikson - TH 3:30pm Circle of Friends 5:00pm Dinner
15 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Terry Fox Walk - Outside 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 5:00pm Dinner	16 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Emma's Walking Group 10:00am Neighbourhood Time 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	17 Nellies Comfort Shoes 11-4 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	18 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 2:00pm Lecture: Dementia Education - TH 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner 6:15pm Neighbourhood Time	19 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Tim Hortons Walk 3:30pm Men's Club 5:00pm Dinner	20 National Punch Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:00pm Emma's Happy Hour with Blue Eyed Bill 5:00pm Dinner	21 World Alzheimer's Day 8:00am Breakfast 10:00am Neighbourhood Time 10:00am World Alzheimer's Day: Coffee & Donuts Fundraiser 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Bingo 3:30pm Musical Moments 5:00pm Dinner
22 First Day of Autumn 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 5:00pm Dinner	23 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	24 Arts & Aging Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:30pm Arts & Aging Workshops - MS 3:30pm For the Fun of Fit 5:00pm Dinner	25 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 1:15pm Music Therapy with Jenn 2:00pm Arm Chair Travel: Texas - TH 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner	26 Traditions Alive 11-4 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Movie Matinee 2:30pm The Spirit of Song: Indigenous Music & History - TH 3:30pm Java Time 5:00pm Dinner	27 8:00am Breakfast 10:00am Fit for Life: Walking Group 10:00am Neighbourhood Time 10:30am Outing: Crock-a-doodle Pottery Painting 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	28 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Bingo 2:30pm Oktoberfest Celebration w/ Filipa Sousa - TH 3:30pm Circle of Friends 5:00pm Dinner
29 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 5:00pm Dinner	30 National Day for Truth & Reconciliation Orange Shirt Day 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Emma's Walking Group 10:00am Neighbourhood Time 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	*- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre HS- Hobby Shop	L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg			