

August 2024



Emma's Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre H- Hobby Shop	L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg		10-3 Sign Up Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Movie Matinee 3:30pm Java Time 5:00pm Dinner	International Beer Day 8:00am Breakfast 10:00am Fit for Life: Walking Group 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	Watermelon Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Entertainment with Dave Thierry- EG 3:30pm Circle of Friends 5:00pm Dinner
4 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	5 Civic Holiday Wilfred Schlegel Day 8:00am Breakfast 10:00am Emma's Walking Group 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	6 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:30pm Arm Chair Travel: Nova Scotia - TH 2:30pm Outing: Hutches Ice Cream 5:00pm Dinner	7 Happy Birthday Brenda Nellie's Comfort Shoes 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 11:00am Express Yourself 12-4 Recreation Team Meeting 12:00pm Lunch 2:00pm VON: S.M.A.R.T Exercise Program 5:00pm Dinner	8 8:00am Breakfast 9:15am Breakfast Club: French Toast - Sign Up - H 11:00am Neighbourhood Time 12:00pm Lunch 2:00pm Life Long Learning: France 3:30pm Men's Club 5:00pm Dinner	9 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	10 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Bingo 3:30pm Circle of Friends 5:00pm Dinner
11 8:00am Breakfast 10:00am Virtual Church Service - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 5:00pm Dinner	12 8:00am Breakfast 10:30am Outing: Royal Botanical Gardens 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	13 Happy Birthday Anne 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	14 National Creamsicle Day Ruth's Fashion Main Street 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 11:00am Express Yourself 11:30am Back Patio BBQ 12:00pm Lunch 1:15pm Music Therapy with Jenn 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner	15 National Relaxation Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Movie Matinee 2:30pm Relaxation Spa - TH 3:30pm Java Time 5:00pm Dinner	16 Cornfest - Dress Western Happy Birthday Teresa 8:00am Breakfast 10:00am Fit for Life: Walking Group 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 2:30pm Entertainment: Kelly Davies Duo - Back Patio 3:30pm Stepping Out 5:00pm Dinner	17 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Musical Moments 3:30pm Circle of Friends 5:00pm Dinner
18 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Outing: Art Gallery & Picnic Lunch 12:00pm Lunch 2:30pm Church Service w/ Ankit - TH 3:15pm Fellowship - CC 5:00pm Dinner	19 8:00am Breakfast 9:30am For the Soul w/ Janet - Den 10:00am Emma's Walking Group 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	20 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	21 National Senior Citizen Day 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner	22 Cathy's Scarves and Jewellery 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm For the fun of fit 3:30pm Men's Club 5:00pm Dinner	23 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:00pm Emma's Happy Hour with Gerry Larkin 5:00pm Dinner	24 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Bingo 3:30pm Circle of Friends 5:00pm Dinner
25 8:00am Breakfast 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 11:00am In the Kitchen 12:00pm Lunch 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm Dinner	26 8:00am Breakfast 12:00pm Lunch 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time	27 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Soul 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Fun of Fit 5:00pm Dinner	28 8:00am Breakfast 9:30am For the Soul with Janet 10:00am Neighbourhood Time 11:00am Express Yourself 12:00pm Lunch 1:15pm Music Therapy with Jenn 2:00pm Soothing Sensations 2:00pm VON: S.M.A.R.T Exercise Program 3:30pm You and I 5:00pm Dinner	29 8:00am Breakfast 10:00am Neighbourhood Time 11:00am Brains and Banter 12:00pm Lunch 2:00pm Movie Matinee 3:30pm Java Time 5:00pm Dinner	30 8:00am Breakfast 10:00am Fit for Life: Walking Group 10:00am Neighbourhood Time 11:00am Soothing Sensations 12:00pm Lunch 2:00pm Brains and Banter: Board Games 3:30pm Stepping Out 5:00pm Dinner	31 8:00am Breakfast 10:00am Neighbourhood Time 11:00am For the Fun of Fit 12:00pm Lunch 2:00pm Musical Moments 3:30pm Circle of Friends 5:00pm Dinner