



August 2024

KINGSDALE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Strasburg - (SB) Aberdeen - (AB) Roseville - (RV) Kingsdale - (KD) Sandhills - (SH) Waldau - (WD) Haysville - (HV) Trussler - (TL)	Eby- (Eby) Ret. John Sweeney Rm - (JS) LTC Worship Room - (LTC) WR	<u>VENDORS</u> August 30- Vicky's Gems and Jewels Pinehaven Community Centre- 11-3		1 9:45 Morning TV 10:00 For the Spirit 2:00 Kevin Coates - SB 3:45 Mindful Coloring 6:15 Old Classics Movie Night	2 9:45 Exercise 10:45 Healthy Yogurt Bowl 2:00 Jewelry Making 2:00 Men's Group - SH 3:00 Hymn Sing 4:00 You and Me	3 Watermelon Day 10:00 Mindful Coloring 11:00 Rosary - RV 1:30 You and Me 2:00 Bingo 3:45 Watermelon Social
4 10:00 Spiritual Connections 11:00 Brains and Banter 2:00 Armchair Travels to New York 2:45 Aqua Painting 3:30 Scrabble	5 10:00 Exercise 11:00 Express Yourself 1:30 Stepping Out 2:00 Bingo 3:30 Coloring Me Calm	6 10:00 Pool Noodle Toss 10:45 Hangman 1:30 Manicures 2:30 Book Club 4:00 Conversation Cards	7 9:45 Music Therapy 10:30 Catholic Mass - RV 2:00 Ladies Coffee Break - SB 2:00 Card Games 3:00 Fun & Fitness (PAL) 3:45 Coloring Mandalas	8 Family BBQ 9:45 Morning TV 10:00 For the Spirit 4:00 Jigsaw Puzzle Solving 5:00 Family BBQ: Music by Jackie Grainge 6:15 Games Corner	9 9:45 Exercise 10:45 In the Kitchen 2:00 Brains and Banter 3:00 Church 4:00 You and Me	10 10:00 Mind Joggers 11:00 Express Yourself 2:00 Active Games 3:00 Java Music 3:45 Walk and Talk
11 10:00 Spiritual Connections 11:00 Express Yourself 2:00 Dominoes 3:00 Manicures 3:45 Conversation Cards	12 10:00 Total Body Fitness 10:45 Bingo 1:15 Active Games 2:00 John Pebble - KD 3:30 Walk and Talk	13 Timbit Day 9:45 Horticulture 11:00 Express Yourself 2:00 Michel Foster - RV 2:30 Book Club 4:00 Stepping Out	14 9:45 Music Therapy 1:30 Board Games 3:00 Hobby Farm - AB 3:00 Fun & Fitness (PAL) 4:00 Express Yourself 6:15 Card Games	15 9:45 Morning TV 10:00 For the Spirit 2:00 Lemonade Social 3:45 Balloon Toss 6:15 Dominoes	16 9:45 Exercise 10:30 Anglican Service - JS 2:00 Mind Joggers 3:00 Church 4:00 You and Me	17 10:00 Pool Noodle Toss 11:00 Express Yourself 2:30 Bingo Village Wide - SH 3:45 Movie Matinee
18 10:00 Spiritual Connections 11:00 Hangman 2:00 Armchair Travels to Brazil 3:00 Express Yourself 3:45 Friendly Visits	19 10:00 Total Body Fitness 11:00 Active Games 1:45 Food Committee Meeting 2:00 Bingo 2:30 Men's Coffee Break 3:00 Hand Therapy (PAL)	20 9:45 Horticulture 11:00 Resident Meeting 2:00 Cheesy Nachos Social 3:00 Word Games 4:00 Conversation Cards	21 Multi Cultural Day 2-4 9:45 Music Therapy 1:30 Active Games 3:00 Fun & Fitness (PAL) 4:00 Friendly Visits 6:15 Board Games	22 9:45 Morning TV 10:00 For the Spirit 1:30 Outing - Country Drive 3:45 UNO Card Game 6:15 Stepping Out	23 9:45 Exercise 10:45 In the Kitchen 2:00 Emily on Guitar - HV 3:00 Church 4:00 You and Me	24 10:00 Arts and Crafts 11:00 Pool Noodle Exercise 2:00 Chinese Dancers - RV 3:30 Virtual Calls
25 10:00 Spiritual Connections 11:00 Express Yourself 2:00 Euchre Village Wide -SH 3:45 UNO Card Game 4:00 Jigsaw Puzzle Solving	26 10:00 Total Body Fitness 11:00 Express Yourself 2:00 Bingo 3:30 Hand Massages 4:00 Stepping Out	27 9:45 Horticulture 11:00 Exercise with Annie 1:30 Manicures 2:30 Book Club 4:00 Stepping Out	28 9:45 Music Therapy 2:00 Birthday Sing a-long- SB 3:00 Fun & Fitness (PAL) 3:45 Stepping Out 6:15 Games Corner	29 9:45 Morning TV 10:00 For the Spirit 10:15 Residents Council -JS 2:00 Wine and Cheese Social 2:45 Acrylic Painting 4:30 You and Me 6:15 Old Hits Movie Night	30 Vicky's Gems and Jewels 9:45 Exercise 10:45 In the Kitchen 2:00 Family Feud 3:00 Hymn Sing 4:00 You and Me	31 10:00 Balloon Toss 11:00 Mind Joggers 2:00 Bingo 3:00 Afternoon Strolls 3:45 Family Feud