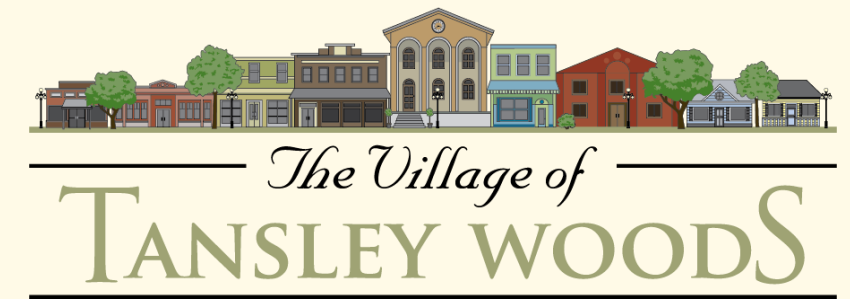




September 2024

OAKLANDS NEIGHBOURHOOD



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Neighbourhood Time 10:00 Total Body Fitness 10:30 Brains and Banter 2:15 For the Soul 3:30 In The Kitchen 6:00 Neighbourhood Time	2 Labour Day 9:00 Neighbourhood Time 10:00 Musical Moments 2:30 In the Kitchen—CC 4:00 You and Me	3 9:00 Neighbourhood Time 10:00 Circle of Friends 11:00 You and Me 1:00 Spiritual Visits 2:30 Stepping Out 3:00 Art Therapy	4 9:15 Fun & Fit 2:30 Neighbourhood Time 3:30 For The Fun of Fit 6:00 Stepping Out	5 1:00 Neighborhood Time 1:30 You and Me 2:30 Pizza Day—CC 3:30 Circle of Friends 6:00 Musical Moments	6 9:00 Neighbourhood Time 10:30 Brains and Banter 11:00 Line Dancing—FC 2:00 For The Soul 3:30 For the Fun of Fit	7 9:00 Neighbourhood Time 10:30 Soothing Sensations 2:00 You and Me 3:00 Ron Tansley—TH
8 Grandparents Day 9:00 Neighbourhood Time 10:30 Grandparent Social—CC 2:15 Church— TH 3:30 In The Kitchen 6:00 Neighbourhood Time	9 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Express Yourself 3:00 For the Fun of Fit 7:00 Circle of Friends	10 9:00 Neighbourhood Time 10:00 Brains and Banter 11:00 You and Me 1:00 Spiritual Visits 2:30 Stepping Out 3:00 Art Therapy 7:00 Express Yourself	11 9:15 Fun & Fit 2:30 Neighbourhood Time 3:30 For The Fun of Fit 6:00 Stepping Out	12 1:00 Neighborhood Time 1:30 You and Me 2:30 Happy Hour Bingo—MS 3:00 Stepping Out 6:00 Musical Moments	13 8:15 Breakfast Club—CC 9:00 Neighbourhood Time 10:30 Circle of Friends 11:00 Line Dancing—FC 2:00 Stepping Out 6:00 Brains and Banter— CC	14 3:00 Brad Boland—TH 6:00 Neighbourhood Time
15 Terry Fox Day 10:00 Total Body Fitness 2:15 Church— TH 3:00 Terry Fox Walk 6:00 Neighbourhood Time	16 9:00 Neighbourhood Time 10:30 Musical Moments 2:30 Guacamole Social—CC 3:00 For the Fun of Fit 7:00 Circle of Friends	17 Harvest Moon Festival 9:00 Neighbourhood Time 10:00 Circle of Friends 12:00 McDonald's Diners Club 1:00 Spiritual Visits 2:30 Stepping Out 3:00 Art Therapy 7:00 Express Yourself	18 9:15 Fun & Fit 10:00 Jamboree 2:20 Neighbourhood Time 3:30 For The Fun of Fit 6:00 Stepping Out	19 1:00 Neighborhood Time 1:30 You and Me 2:30 In the Kitchen—CC 3:30 Circle of Friends 6:00 Musical Moments	20 9:00 Neighbourhood Time 10:30 Circle of Friends 11:00 Line Dancing—FC 2:00 For The Soul 3:30 For the Fun of Fit 6:00 Brains and Banter	21 9:00 Neighbourhood Time 10:30 Soothing Sensations 1:00 Car Show—Outside 3:00 Paula French—Outside 6:00 Neighbourhood Time
22 First Day of Autumn 9:00 Neighbourhood Time 10:30 Brains and Banter 2:15 Church— TH 3:30 In The Kitchen 6:00 Neighbourhood Time	23 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Express Yourself 3:00 For the Fun of Fit 7:00 Circle of Friends	24 Arts & Aging Day 9:00 Neighbourhood Time 10:00 Brains and Banter 11:00 You and Me 2:30 Stepping Out 3:00 Art Therapy 7:00 Express Yourself	25 9:15 Fun & Fit 10:00 Jamboree 2:30 Neighbourhood Time 3:30 For The Fun of Fit 6:00 Stepping Out	26 1:00 Neighborhood Time 1:30 You and Me 2:30 In the Kitchen—CC 3:30 Circle of Friends 6:00 Musical Moments	27 Oktoberfest 9:00 Neighbourhood Time 10:30 Circle of Friends 11:00 Stepping Out 2:00 For The Soul 3:00 David Skolnik—TH 6:00 Brains and Banter— CC	28 3:00 For the Fun of Fit 6:00 Neighbourhood Time
29 10:00 Total Body Fitness 2:15 Church— TH 3:30 In The Kitchen 6:00 Neighbourhood Time	30 National Day for Truth & Reconciliation 9:00 Neighbourhood Time 10:30 Musical Moments 2:00 Express Yourself 3:00 For the Fun of Fit 7:00 Circle of Friends	Residents Bill Of Rights 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.	Legend CC— Community Center FC— Fitness Center TH— Town Hall L— Library MS— Main Street	Meal Times 8:15 Breakfast 12:00 Lunch 5:00 Dinner		