

## August 2024

## **Roseville Neighbourhood**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Trussler— (TL)	Eby- (Eby) Ret. John Sweeney Rm —(JS) <i>LTC Worship Room</i> — ( <i>LTC</i> ) <i>WR</i>	<u>VENDORS</u> Vicky's Gems and Jewels Pinehaven Community Centre 11-3		1 10:15 Hand Spa 11:00 Music Therapy 2:00 Stepping Out 4:00 Rosary	2 9:30 Soothing Sensations 10:00 Total Body Fitness 10:30 Active Game 1:30 For the Spirit 2:30 Express Yourself	3 9:15 Hulling Watermelon <b>11:00 Rosary (RV)</b> 2:00 Dancing Club 3:00 Active Game
4 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains and Banter 3:00 Stepping Out	5 <b>Civic Holiday</b> 10:15 Outdoor Walks 11:15 You and Me 2:00 Active Game 3:00 Fun and Fitness 3:30 Movie Matinee	6 10:15 Manicures 2:00 Balloon Badminton 3:00 You and Me 4:15 Music Therapy	7 <b>10:30 Catholic Mass</b> 1:45 Horticulture 2:30 Express Yourself 3:45 For the Fun of Fit	8 10:15 Hand Spa 11:00 Music Therapy 2:00 Stepping Out 2:30 Express Yourself 4:00 Rosary	9 9:30 Soothing Sensations 10:00 Total Body Fitness 10:30 Active Game 1:30 For the Spirit 2:30 Express Yourself	10 9:30 In the Kitchen 10:30 Sing Along 2:00 Tea Social 3:00 You and Me
11 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains and Banter 3:00 Stepping Out	12 10:15 Outdoor Walks 11:15 You and Me 2:00 Active Game 3:00 Fun and Fitness 3:30 Movie Matinee	<ul> <li>13 Timbit Day</li> <li>10:15 Manicures</li> <li>2:00 Entertainment by</li> <li>Michaell Foster</li> <li>3:00 You and Me</li> <li>4:15 Music Therapy</li> </ul>	14 10:30 Java Music <b>1:30-3:30 Country Drive</b> 1:45 Horticulture 2:30 Express Yourself 3:45 For the Fun of Fit	15 10:15 Hand Spa 11:00 Music Therapy 2:00 Stepping Out 4:00 Rosary <b>5:00 Summer BBQ and Music by Hubert H.</b>	<ul> <li>16</li> <li>9:30 Soothing Sensations</li> <li>10:00 Total Body Fitness</li> <li>10:30 Anglican Service- JS</li> <li>1:30 For the Spirit</li> <li>2:30 Express Yourself</li> </ul>	17 9:30 Bingo 10:30 Active Game 2:00 Dance with Music 3:00 Stepping Out
18 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains and Banter 3:00 Stepping Out	19 10:15 Outdoor Walks 11:15 You and Me 2:00 Active Game 3:00 Fun and Fitness 3:30 Movie Matinee	20 10:15 Manicures 2:00 Balloon Badminton 3:00 You and Me 4:15 Music Therapy	<ul> <li>21 Multicultural Day</li> <li>10:30 Java Music</li> <li>1:45 Horticulture</li> <li>2:00 Zumba</li> <li>2:00 Multicultural Event— RET</li> </ul>	22 10:15 Hand Spa 11:00 Music Therapy 2:00 Stepping Out <b>3:15 Peter's Travelogue</b> 4:00 Rosary	<ul> <li>23</li> <li>9:30 Soothing Sensations</li> <li>10:00 Total Body Fitness</li> <li>10:30 Active Game</li> <li>1:30 For the Spirit</li> <li>2:30 Express Yourself</li> </ul>	24 9:30 In the Kitchen 10:30 Sing Along <b>2:00 Chinese Dancers</b> (RV) 3:15 You and Me
25 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains and Banter 3:00 Stepping Out	26 10:15 Outdoor Walks 11:15 You and Me 2:00 Active Game 3:00 Fun and Fitness 3:30 Movie Matinee	27 10:15 Manicures 2:00 Dart Game 3:00 Sing Along 4:15 You & Me	28 10:30 Residents' Meeting 1:45 Horticulture 2:30 Express Yourself 3:45 For the Fun of Fit	29 <b>10:15 Residents' Council</b> (JS) 11:00 Shuffleboard 2:00 Stepping Out 4:00 Rosary	30 9:30 Soothing Sensations 10:00 Total Body Fitness 10:30 Active Game 1:30 For the Spirit 2:30 Express Yourself	31 9:30 Bingo 11:00 Hand Massages 2:00 Dance with Music 3:00 Stepping



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