





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Virtual Church Service - CH 3:15pm Fellowship - CC</p>	<p>2</p> <p><b>Labour Day</b> 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC</p>	<p>3</p> <p>10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 2:00pm For the Soul with Janet 3:00pm Soothing Sensations 6:15pm Games Night - CC</p>	<p>4</p> <p>9:30am Neighbourhood Time 11:00am Brains and Banter 12pm-4pm Recreation Team Meeting 2:00pm Tai Chi with Dan - FC 6:15pm Active Games - MS</p>	<p>5</p> <p>9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out <b>2:00pm Entertainment with Anne Grisdale on Stonechurch</b> 2:00pm Knit &amp; Chat - CC 3:00pm Express Yourself 6:15pm Trivia in the CC</p>	<p>6</p> <p><b>8:30am Men's Breakfast - CC</b> 10:00am Neighbourhood Time 11:00am Stay Strong - FC 2:00pm Circle of Friends 3:30pm You and I</p>	<p>7</p> <p>9:30am Neighbourhood Time 11:00am Soothing Sensations <b>2:00pm Pub with Kelly Davies - MS</b> 3:30pm Musical Moments</p>
<p>8</p> <p><b>Happy Birthday Kathleen! National Grandparents Day</b> 10:00am Church Service with Ankit - CH <b>10:00am Magic Show (The Art of Illusion) - MS</b> 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC</p>	<p>9</p> <p><b>National Teddy Bear Day</b> 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Teddy Bear Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC </p>	<p>10</p> <p>10:00am Roman Catholic Communion and Rosary Prayers - CH <b>10:30am Outing: Hutch's on the Beach</b> 11:00am Stay Strong - FC 1:30pm You and I 2:00pm For the Soul with Janet 3:00pm Soothing Sensations 6:15pm Games Night - CC</p>	<p>11</p> <p><b>Soup Fest 11am-1pm</b> 9:30am Neighbourhood Time Movie with Janet: Call of the Wild - TH 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts &amp; Preserves - CC 6:15pm Active Games - MS</p>	<p>12</p> <p>9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC <b>2:00pm Happy Hour with Dave Shakespeare - MS</b> 2:00pm Knit &amp; Chat - CC 3:15pm Residents' Council 6:15pm Trivia in the CC</p>	<p>13</p> <p><b>National Peanut Day</b> 9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Baking &amp; Decorating Cookies - CC 3:30pm Cookie Social</p>	<p>14</p> <p><b>National Kreme Filled Donut Day</b> 9:30am Neighbourhood Time 10:30am Travelling Cart: Donuts 2:00pm Bowling on Main Street <b>2:00pm Outing: Hamilton Tiger Cats Game</b> 3:30pm Musical Moments</p>
<p>15</p> <p><b>Happy Birthday Beverley! Terry Fox Run/Walk</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 10:30am Terry Fox Walk - BP 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC</p>	<p>16</p> <p>9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC</p>	<p>17</p> <p>10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 1:30pm You and I 2:00pm For the Soul with Janet 3:00pm Soothing Sensations 6:15pm Games Night - CC</p>	<p>18</p> <p>9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am Brains and Banter 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:00pm Christmas Bazaar Crafts &amp; Preserves - CC 3:30pm Circle of Friends 6:15pm Active Games - MS</p>	<p>19</p> <p>9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit &amp; Chat - CC 3:00pm Express Yourself 6:15pm Bingo - CC</p>	<p>20</p> <p><b>Happy Birthday Jean! National Punch Day</b> 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib <b>2:00pm Outing: Country Drive and Donuts</b> 2:00pm Travelling Cart: Tropical Punch  3:30pm For the Fun of Fit</p>	<p>21</p> <p><b>World Alzheimer's Day Alzheimer's Coffee Break Fundraiser 10am-12pm</b> 9:30am Neighbourhood Time 11:00am Soothing Sensations <b>2:00pm Entertainment with Gerry Larkin on Carrington</b> 3:30pm Musical Moments</p>
<p>22</p> <p><b>First Day of Autumn</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC </p>	<p>23</p> <p><b>Happy Birthday Glen!</b> 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - FC 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC</p>	<p>24</p> <p><b>Arts &amp; Aging Day</b> 10:00am Roman Catholic Communion and Rosary Prayers - CH 11:00am Stay Strong - FC 2:00pm For the Soul with Janet 2:00pm Arts &amp; Aging Craft Workshops - CC 3:30pm Soothing Sensations 6:15pm Games Night - CC</p>	<p>25</p> <p>9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Tai Chi with Dan - FC 2:30pm Armchair Travel: Texas - TH 3:00pm Christmas Bazaar Crafts &amp; Preserves - CC 5:00pm Diner's Club: Appetizer Night - MS</p>	<p>26</p> <p>9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:00pm Knit &amp; Chat - CC 2:30pm The Spirit of Song: Indigenous Music &amp; History - TH - MS 3:00pm Express Yourself 6:15pm International Snack Battle: Jamaica vs. Poland - CC</p>	<p>27</p> <p>9:30am Neighbourhood Time 10:30am Music Therapy with Jen 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Gather Group with Jody - Lib 2:00pm Birthday Bash - CC 2:00pm Travelling Cart: Cupcakes 3:30pm For the Fun of Fit</p>	<p>28</p> <p>9:30am Neighbourhood Time 11:00am Soothing Sensations <b>2:30pm Oktoberfest Party with Filipa Sousa - TS</b> 3:30pm Musical Moments </p>
<p>29</p> <p>9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 11:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC</p>	<p>30</p> <p><b>National Day for Truth and Reconciliation (Wear Orange)</b> 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy - TH 11:00am For the Fun of Fit 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC</p>	<p><b>Legend</b> CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre TS - Town Square Lib - Library BP - Back Patio</p>			