

September 2024



Ailsa Craig, Becker & Williamsburg

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Duet Bikes - Outside 2:30pm Virtual Church Service - TH 3:15pm Fellowship - CC 3:30pm Discussion Group (Interesting Foods) - L</p>	<p>2</p> <p>10-3 Sign Up Day Resident Wedding Photo - Contest Begins!</p> <p>10:30am Morning Movements - HS 1:00pm You and I 1:30pm WB For the Soul with Janet 2:15pm Knitting Club* - L 3:00pm Hand Wax Therapy - HS 7:15pm Euchre* - SC</p>	<p>3</p> <p>10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Java Music Club - L 1:00pm Outdoor Walk/How to use Nordic Walking Poles (O) 2:15pm Sit & Be Fit - TH 3:00pm Chaplet of Devine Mercy & Rosary* - 2720 3:30pm Happy Hour (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>4</p> <p>11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:30am Shuttle: Sobey's - Sign Up (\$) 11:00am DanceFIT - TH 12pm-4pm Recreation Team Meeting 2:00pm Bible Study - L 2:30pm Sweat Safely w/ Weights - TH 7:00pm Ladies' Night - HS 7:00pm Men's Club* - SC</p>	<p>5</p> <p>The Boutique 11 - 4 Resident Wedding Photo - Contest Closes</p> <p>10:30am What's in The Box-HS 11:00am Sit & Be Fit - TH 2:00pm Crafts w/ Carolyn - SH 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - TH 2:30pm Nail Painting- Travelling 3:30pm Loonie Bingo (\$.25 per c) HS ard) - H 7:15pm Movie - TH</p>	<p>6</p> <p>10:30am Seated Soccer - TH 10:30am Poetry & Reflection* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 3:00pm Happy Hour w/ Wedding Photo Results! (\$) - SC 7:15pm Game Night* - HS</p>	<p>7</p> <p>10:30am Bake & Bond - H 1:30pm Stepping Out 2:00pm Entertainment with Florin Clontage 3:00pm Sweat Safely w/ Resistance Bands - TH 7:15pm Saturday Night Bingo* - H</p>
<p>8</p> <p>Grandparent's Day</p> <p>10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Friendly Visits 2:00pm Sit & Be Fit - HS 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC</p>	<p>9</p> <p>10:30am Life Transitions Gathering - L 10:30am Morning Movements - HS 1:00pm You and I 1:00pm VON Fitness Class-FC - C 1:30pm WB For the Soul with Janet 2:00pm Baking (Cake) - H 2:15pm Knitting Club* - L 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC</p>	<p>10</p> <p>10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Java Music Club - L 10:30am Lettuce Talk Food - SH 1:00pm Outdoor Walk/How to use Nordic Walking Poles - Vari 2:15pm Sit & Be Fit - TH 3:00pm Chaplet of Devine Mercy & Rosary* - 2720 3:30pm Happy Hour (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>11</p> <p>11-1 Soup Fest-MS 11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:30am Sing A Long w/ Janet -L 11:00am DanceFIT - HS 1:30pm Shuttle: Metro - Sign Up (\$) 2:00pm Movie: Call of the Wild - TH 2:30pm Sweat Safely w Weights-HS 3:30pm Loonie Bingo (\$.25 per card) - H 7:00pm Ladies' Night - HS 7:00pm Men's Club* - SC</p>	<p>12</p> <p>9:15am Breakfast Club: Bacon, Eggs, Toast & Hash browns - Sign Up - HS 2:00pm Outing: RBG - Sign Up (\$) 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - TH 7:15pm Movie - TH</p>	<p>13</p> <p>10:30am Bowling w/ Moses - TH 10:30am Current Events & Human Interests* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 2:30pm Hand Wax Therapy - HS 3:00pm Happy Hour w/ Trivia (\$) - SC 7:15pm Game Night* - HS</p>	<p>14</p> <p>Final Day of Resident Wedding Photos 10:30am Bake & Bond - H 1:30pm Stepping Out 2:30pm Entertainment: Zack Erikson - TH 4:00pm Gardener's Group - Outside 7:15pm Saturday Night Bingo* - H</p>
<p>15</p> <p>10:00am Church Service w/ Ankit - TH 10:30am Terry Fox Walk - Outside 10:30am Specialty Coffee & Tea -HS - H 1:30pm Friendly Visits 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 3:30pm Discussion Group (Places We've Lived) - L</p>	<p>16</p> <p>11:00am Outing: Hutch's Lunch - Sign Up (\$) 1:00pm You and I 1:00pm VON Fitness Class-FC - C 1:30pm WB For the Soul with Janet 2:15pm Knitting Club* - L 2:30pm Shuttle: Freshco - Sign Up (\$) 3:00pm Hand Wax Therapy - HS 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC</p>	<p>17</p> <p>Nellies Comfort Shoes 11-4 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Java Music Club - L 12:30pm Outing: Port Dover Theatre - Limited 3:00pm Chaplet of Devine Mercy & Rosary* - 2720 3:30pm Happy Hour (\$) - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>18</p> <p>11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:30am New Resident Gathering - L 10:30am Roman Catholic Mass - CH 2:00pm Bible Study - L 2:00pm Dementia Education - TH 3:15pm SUPER Loonie Bingo (\$1 per card) - H 7:00pm Ladies' Night - HS 7:00pm Men's Club* - SC</p>	<p>19</p> <p>10:30am Group Crossword - SC 11:00am Sit & Be Fit - TH 2:00pm Crafts w/ Carolyn - SH 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - HS 2:30pm Nail Painting- Travelling 2:30pm Residents Council Meeting - TH 7:15pm Movie - TH</p>	<p>20</p> <p>National Punch Day 10:30am Balloon Badminton - TH 10:30am Poetry & Reflection* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I 2:00pm Billiards* - SC 2:15pm Life Group* - 2811 3:00pm Punch Happy Hour w/ Trivia (\$) - SC 7:15pm Game Night* - HS</p>	<p>21</p> <p>World Alzheimer's Day 10:00am World Alzheimer's Day: Coffee & Donuts fundraiser 1:30pm Stepping Out 1:40pm Karaoke w/ Jess -HS 3:00pm Sweat Safely w/ Resistance Bands - TH 7:15pm Saturday Night Bingo* - H</p>
<p>22</p> <p>First Day of Autumn</p> <p>10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Friendly Visits 2:00pm Sit & Be Fit - HS 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC</p>	<p>23</p> <p>10:30am Gardening Club w/ Guest Speaker Adriaan Sizoo - TH 10:30am Outing: Fallsview Casino & Lunch - Sign Up (\$) 1:00pm VON Fitness Class-FC - C 1:30pm WB For the Soul with Janet 2:15pm Knitting Club* - L 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC</p>	<p>24</p> <p>Arts & Aging Day 10:00am Roman Catholic Communion & Rosary Prayers - CH 10:30am Java Music Club - L 1:30pm Cornhole - SC 2:15pm Sit & Be Fit - TH 2:30pm Arts & Aging Workshops - MS 3:00pm Chaplet of Devine Mercy & Rosary* - 2720 3:30pm Happy Hour - SC 7:15pm Bridge* - SC 7:15pm Music Through The Ages w/ Norm-TH</p>	<p>25</p> <p>11-2 Ruby On The Run 9:30am 1:1 Visits w/ Janet 10:30am Sing A Long - L - TH 11:00am DanceFIT - HS 1:30pm Shuttle: Giant Tiger - Sign Up (\$) 2:00pm Arm Chair Travel: Texas - TH 2:00pm Bible Study - L 2:30pm Sweat Safely w/ Weights - SC 2:30pm Recreation Feedback Update-HS 3:30pm Loonie Bingo (\$.25 per card) - H 7:00pm Ladies' Night - HS 7:00pm Men's Club* - SC</p>	<p>26</p> <p>Traditions Alive 11-4 10:30am Outing: Men's Club - NOTL Fort George & Lunch - Sign Up (\$) 11:00am Sit & Be Fit - TH 2:00pm Painting w/ Carolyn - SH 2:15pm Book Club* - 2811 2:30pm Bible Study w/ Ankit - L 2:30pm Posture & Balance - TH 7:15pm Movie - TH</p>	<p>27</p> <p>10:30am Bowling w/ Moses - TH 10:30am Current Events & Human Interests* - L 1:00pm VON: S.M.A.R.T. Exercise - FC 1:30pm You and I 2:00pm Billiards* - SC 2:15pm HTAL: Ontario Green Belt - SH 2:15pm Life Group* - 2811 2:30pm Hand Wax Therapy - HS 3:00pm Birthday Happy Hour-SC 7:15pm Game Night* - HS</p>	<p>28</p> <p>10:30am Bake & Bond - H 1:30pm Stepping Out 2:30pm Oktoberfest Celebration w/ Filipa Sousa - TH 4:00pm Gardener's Group - Outside 7:15pm Saturday Night Bingo* - H</p>
<p>29</p> <p>10:00am Church Service w/ Ankit - TH 10:30am Specialty Coffee & Tea - HS 1:30pm Duet Bikes - Outside 2:30pm Church Service with Janet- TH 3:15pm Fellowship - CC 3:30pm Discussion Group (Sports!) - L</p>	<p>30</p> <p>National Day for Truth & Reconciliation Orange Shirt Day 10:30am Morning Movements - HS 1:00pm You and I 1:00pm VON Fitness Class-FC - C 1:30pm WB For the Soul with Janet 2:15pm Knitting Club* - L 3:00pm Hand Wax Therapy - HS 3:30pm Horse Races (\$0.10) - A 7:15pm Euchre* - SC</p>	<p>*- Independent Program A- Art Studio C- Cafe CC- Community Centre CH- Chapel EG- Egerton FC- Fitness Centre HS- Hobby Shop</p>	<p>L- Library MS- Main Street R- Ruby Restaurant SC- Social Club SH- School House TH- Town Hall TS- Town Square WB- Williamsburg</p>			