



August 2024

Strasburg Neighbourhood



The Village of
WINSTON PARK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Strasburg—(SB) Aberdeen—(AB) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Trussler— (TL)	Eby- (Eby) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR	<u>VENDORS</u> <i>Vicky's Gems and Jewels</i> <i>Pinehaven Community Centre</i> 11-3		1 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 2:00 Kevin Coates 3:30 Tai Chi	2 9:45 Exercise 10:30 Bowling 1:30 Bingo 2:00 Men's Coffee Break 3:15 You & Me	3 Watermelon Day 9:45 Exercise 10:30 Bingo 11:00 Rosary (RV) 2:00 Watermelon Social 2:00 Pet Therapy 3:15 Out/Indoor Walks
4 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Express Yourself 2:30 You & Me	5 Civic Holiday 9:45 Exercises 10:30 In the spirit 1:30 Ice Cream Social 3:00 Book Club	6 9:45 Walmart Outing 10:00 Total Body Fitness 11:00 Word Games 1:30 Nail Care 2:30 Bible Study	7 9:45 Zumba 10:30 Catholic Mass - RV 11:00 Hymn Sing 2:00 Ladies Coffee Break 3:30 You & Me	8 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi	9 9:45 Exercise 10:30 Bowling 1:30 Kickball 2:30 Board Games	10 9:45 Exercise 10:30 Bingo 11:00 Let's Make Smoothie 1:30 Table Ball 2:00 Pet Therapy
11 9:45 Exercise 10:00 TV Church 10:30 Church with Pastor Royal 1:30 Express Yourself 2:30 You & Me	12 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 2:00 Hand Waxing 3:00 Book Club	13 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study 6:00 Short Stories	14 9:45 Exercise 11:00 Hymn Sing 2:00 Ladies Coffee Break 3:00 Horticulture Therapy 3:30 You & Me	15 Family BBQ 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 1:30 Bingo 5:00 Family BBQ with Jack K 3:30 Tai Chi	16 9:45 Exercise 10:30 Bowling 10:30 Anglican Service - JS 1:30 Let's Make Lemonade 3:15 You & Me	17 9:45 Exercise 10:30 Bingo 1:30 Book Club 2:30 Village Bingo - SH 3:15 Out/Indoor Walks
18 9:45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Apostolic Hymn Sing 2:30 You & Me	19 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 2:00 Hand Waxing 2:30 Men's Coffee Break - SH 3:00 Book Club	20 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study 6:00 Short Stories	21 Multicultural Festival 9:45 Zumba 11:00 Hymn Sing 2:00 Multicultural Festival - RT 3:00 Horticulture Therapy 3:15 You & Me	22 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 1:30 Bingo 3:30 Tai Chi	23 9:45 Exercise 10:30 Bowling 1:30 Country Drive 3:15 You & Me	24 9:45 Exercise 10:30 Bingo 2:00 Pet Therapy 2:00 Chinese Dancers -RV 3:15 Out/Indoor Walks
25 9:45 Exercise 10:00 TV Church 11:00 Short Stories 2:00 Village Euchre - SH 2:30 You & Me	26 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 1:45 Food Committee Mt. 2:00 Hand Waxing 3:00 Book Club	27 10:00 Total Body Fitness 11:00 Word Games 1:30 Nail Care 2:30 Bible Study 3:30 Resident Meeting 6:00 Short Stories	28 9:45 Zumba 11:00 Hymn Sing 2:00 Pegan Talks—Eby 2:00 Birthday Sing-a-long 3:00 Horticulture Therapy	29 9:45 Exercise 10:15 Resident Council 11:00 Word Games 1:30 Bingo 3:30 Tai Chi	30 9:45 Exercise 10:30 Bowling 1:30 Kickball 2:30 Sequence Game	31 9:45 Exercise 10:30 Bingo 1:30 Kick Ball 2:00 Pet Therapy 3:15 Out/Indoor Walks