## September 2024



## **East Neighbourhood**

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| Sunday                                                                                                                 | Monday                                                                                                                                    | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Wednesday                                                                                                                                                                 | Thursday                                                                                                                                | Friday                                                                                                                                                                           | Saturday                                                                                                                                                  |
| <b>1</b><br>10:00 Calendar Delivery<br>2:00 Virtual Reality<br>Experience                                              | <ul> <li>2 Labour Day</li> <li>10:00 Nails</li> <li>2:00 Game Show!</li> </ul>                                                            | 310:00Jehovah Witness<br>Bible Study11:00Music & Meditation2:00Bingo6:15Movie Night                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <ul> <li>4</li> <li>9:15 Walking Club</li> <li>10:00 Lutheran Church<br/>Service</li> <li>2:00 Baking Chocolate<br/>Chip Cookies</li> <li>6:00 Resident Choice</li> </ul> | <ul> <li>5</li> <li>10:00 Football Target Toss</li> <li>2:30 Music with Eric Kidd</li> <li>6:00 "Fishing" Game</li> </ul>               | <ul> <li>6</li> <li>9:30 Sensory Music Group</li> <li>10:00 Neighbourhood Time</li> <li>10:45 Social Music Group</li> <li>1:30 Tuck Shop</li> </ul>                              | <b>7</b><br>10:00 Armchair Travel:<br>Brazil<br>2:00 Social Club                                                                                          |
| <ul> <li>8 Grandparents' Day</li> <li>10:00 Art with Olivia</li> <li>2:00 Grandparents' Day</li> <li>Social</li> </ul> | 9<br>10:00 Nails<br>2:30 Music with<br>Bruce Clarke<br>Happy Birthday Linda M!                                                            | 10<br>10:00 Sound Rejuvenation<br>2:00 Bingo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 119:15Walking Club10:00Church Service12:00Waterfront Lunch<br>Outing1:15Catholic Communion2:00Virtual Reality<br>Experience                                               | 1210:00Giant Yahtzee2:30Music with<br>Adrien Robitaille6:15Cards Games                                                                  | 139:30Sensory Music Group10:00Neighbourhood Time10:45Social Music Group1:30Tuck Shop6:15Coleman Scrapbook                                                                        | <b>14</b><br>10:00 Word Game<br>2:00 Shuffleboard<br>6:00 Puzzles                                                                                         |
| 15Terry Fox Run10:00Junk Drawer Detective2:00Corn Craft6:00Board Games                                                 | 16<br>10:00 Nails<br>2:30 Music with<br>James Regan                                                                                       | <ul> <li>17 Harvest Moon Festival</li> <li>10:00 Jehovah Witness<br/>Bible Study</li> <li>11:00 Music &amp; Meditation</li> <li>2:00 Bingo</li> <li>6:15 Movie Night</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <ul> <li>18</li> <li>9:15 Walking Club</li> <li>10:00 Church Service</li> <li>1:30 Residents' Council</li> <li>6:00 Virtual Reality</li> <li>Experience</li> </ul>        | 1910:00Life with baby2:30Music with<br>Zach Wojtala6:00Darts                                                                            | <ul> <li>20</li> <li>9:30 Sensory Music Group</li> <li>10:00 Neighbourhood Time</li> <li>10:45 Social Music Group</li> <li>1:30 Tuck Shop</li> <li>6:00 Online Trivia</li> </ul> | <ul> <li>21 Oktoberfest Begins</li> <li>10:00 Volcanic Rainbow<br/>Eruptions Science<br/>Experiments</li> <li>2:00 Oktoberfest<br/>Celebration</li> </ul> |
| <b>22 First Day of Autumn</b><br>10:00 Art with Olivia<br>2:00 Social Club                                             | 23<br>10:00 Nails<br>2:30 Music with Rina Koski                                                                                           | 24Arts & Aging Day10:00Sound Rejuvenation2:00Bingo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <ul> <li>25</li> <li>9:15 Walking Club</li> <li>10:00 Anglican Church<br/>Service</li> <li>1:15 Catholic Communion</li> <li>2:00 Fashion Show</li> </ul>                  | <ul> <li>26</li> <li>10:00 Comics &amp; Cartoons Quiz</li> <li>2:30 Music with<br/>Brent Meidinger</li> <li>6:15 Board Games</li> </ul> | <ul> <li>27 World Maritime Day</li> <li>10:00 Neighbourhood Time</li> <li>1:30 Tuck Shop</li> <li>6:15 Paper Boat Origami</li> </ul>                                             | 28<br>10:00 Virtual Reality<br>Experience<br>2:00 Axe Throwing<br>6:00 Card Games<br>Happy Birthday Pam!                                                  |
| <b>29</b><br>10:00 Cup Pong<br>1:30 Jeopardy<br>6:00 Axe Throwing                                                      | <ul> <li>30 National Day for Truth<br/>and Reconciliation</li> <li>10:00 Weaving Turtle Craft</li> <li>2:30 Dairy Queen Social</li> </ul> | <ul> <li>Resident's Bill of Rights</li> <li>Right to be Informed, Participate, and Make a Complaint—Right #29:</li> <li>Every resident has the right to raise concerns or recommend changes in policies and services on behalf of themself or others to the following persons and organizations without interference and without fear of coercion, discrimination or reprisal, whether directed at the resident or anyone else: <ul> <li>i. the Residents' Council.</li> <li>ii. the Family Council.</li> </ul> </li> <li>iii. the licensee, and, if the licensee is a corporation, the directors and officers of the corporation, and, in the case of a home approved under Part IX, a member of the committee of management for the home under section 135 or of the board of management for the home under section 128 or 132.</li> <li>iv. staff members.</li> <li>v. government officials, or any other person inside or outside the long-term care home.</li> </ul> |                                                                                                                                                                           |                                                                                                                                         |                                                                                                                                                                                  |                                                                                                                                                           |

