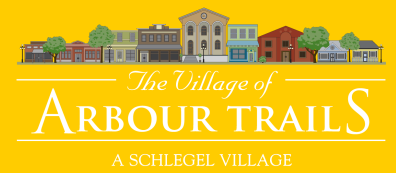




September 2024

Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>Where Is The Program? * = Arbour Trails Main Building</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; vertical-align: top;"> <p>C—Chapel* HS—Hobby Shop* L—Library* SC—Social Club* TS—Town Square* FE—Front Entrance * ML — Main Lobby</p> </td> <td style="width: 50%; border: none; vertical-align: top;"> <p>MF—Main Floor* TH—Town Hall* PC—Patio Courtyard BP—Back Pond* FC—Fitness Centre* JPL — Jack Purcell Lounge BP — Back Patio *</p> </td> </tr> </table> <p>NOTE: Programs, their times, and locations are subject to change.</p>							<p>C—Chapel* HS—Hobby Shop* L—Library* SC—Social Club* TS—Town Square* FE—Front Entrance * ML — Main Lobby</p>	<p>MF—Main Floor* TH—Town Hall* PC—Patio Courtyard BP—Back Pond* FC—Fitness Centre* JPL — Jack Purcell Lounge BP — Back Patio *</p>
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<p>1 9:30 BCTW Hike Group: The Arboretum 10:15 Specialty Coffee TS 11:00 DrumFIT FC 1:30 Afternoon Sports FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday Series: "One Foot in the Grave" TH</p>	<p>2 10:30 Word Games HS 10:30 Catholic Communion C 2:00 High Tea 2nd FL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 2:30 & 7:30 Movie: "The Grand Seduction" TH No Exercise Classes Today</p> <p style="text-align: center;">Labour Day</p>	<p>3 10:30-2 Cameron Cards TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 3:00 Praying the Rosary C 3:30 Stretch Class FC 7:30 Senior Fireside Chat: "What students need to know before leaving school" L 7:30 Trivia Night HS</p>	<p>4 10-3 Adrian's Fashions Boutique HS 9:30 VON Exercise FC 10:30 Coffee and Bailey's 3rd FL 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL 2:30 Tech Help *Call Ext. 836 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 7:30 Music on Wednesday: "Bob Dylan Virtual Concert" TH</p>	<p>5 9-1 Barb's Produce FE 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Food Committee Meeting L 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 2:30 & 7:30 Movie: "The Untouchables" TH</p>	<p>6 9:30 VON Exercise FC 10:30 Morning Stretches JPL 2:30 Corn Hole 4th FL 2:30 Hand Therapy HS Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Age of Adeline" TH 7:30 Live Piano Music with Parsa Tabesh TS</p>	<p>7 9:30 BCTW Hike Group: Preservation Park 10:15 Morning Smoothies TS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS</p>		
<p>8 10:00 The Grandest Grandparent Legacy Quilt Project TS 10:30 Community of Christ Church Service C 1:30 Afternoon Sports FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Cookie Decorating TS 4:00 Sunday Series: "One Foot in the Grave" TH</p> <p style="text-align: center;">Grandparents' Day</p>	<p>9 10:15 Word Games HS 10:30 Catholic Communion C 10:30 Movie Crew Meeting HS *New Members Welcome* 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:30 Dinner at Shakespeare Arms *RSVP on ML 2:30 & 7:30 Movie: "The Grizzlies" TH 7:30 Live Piano Music with Parsa Tabesh TS</p>	<p>10 12-3 RIA Study Info Booth—Voice-User Interfaces for Storytelling with Older Adults TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Film of Faith: "The Secrets of Jonathan Sperry" TH 3:30 Stretch Class FC 7:30 Seniors Fireside Chat: "What are the pros & cons of tripping" L 7:30 Trivia Night HS</p>	<p>11 9:30 VON Exercise FC 10:30 Coffee and Bailey's 3rd FL 11:00 VON Exercise JPL 2:30 Hike to: Art Gallery of Guelph *RSVP on ML 3:00 Bookmobile FE 3:00 Get Active JPL 7:30 Classical Music on Wednesday TH</p>	<p>12 9-1 Barb's Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 7:30 Movie: "Out to Sea" TH</p>	<p>13 11-2 Suzanne M Jewelry TS 9:30 VON Exercise FC 9:30 Hike to Elora Cataract Trailway and Lunch at the Goofy Newfie *RSVP on ML 10:30 Morning Stretches JPL 2:30 Corn Hole 4th FL 2:30 Hand Therapy HS Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Book Club: The Next Chapter" TH 7:30 Live Piano Music with Parsa Tabesh TS</p>	<p>14 10:30 Corn Hole 4th FL 11:00 Classical Car Show in Arbour Trails Parking Lot 11:00 Entertainment: "October Skies Jazz Band" FE 2:00-4:00 Ice Cream Truck FE 11:30-2:00 SWAT Food Truck Ailsa Craig FE 2:00 VBA Drumming Circle FE 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH No Happy Hour Today 4:00 Hymn Sing JPL 7:30 Comedy Hour TH</p> <p style="text-align: center;">VBA 30th Anniversary Event</p>		



September 2024

Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>15 9:30 BCTW Hike Group: GHTC Radial Line Trail 10:00 Terry Fox Walk & Fundraiser—Refreshments to follow in TS 10:30 Community of Christ Church Service C 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday Series: "One Foot in the Grave" TH Terry Fox Day</p>	<p>16 10:15 Word Games HS 10:30 Catholic Communion C 2:00 High Tea 2nd DL 4:40 Dinner at the Mandarin *RSVP on ML 4:00 Hand Therapy JPL 2:30 & 7:30 Movie: "As Good as it Gets" TH 7:30 Live Piano Music with Parsa Tabesh TS</p> <p style="text-align: center;">Residents' Council Week — <i>See display in Town Square</i></p>	<p>17 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Live Entertainment with: "Paul Schalm" on the Piano TS 7:30 Seniors Fireside Chat: "Advantages of becoming a senior" L 7:30 Trivia Night HS</p>	<p>18 10-2 Creations Boutique HS 9:30 VON Exercise Class FC 10:30 Men's Conversation Connection C 11:30 Ailsa Craig BBQ Town Hall *RSVP on the Main Floor by Monday September 9th 2:30 Tech Help *Call Ext. 836 2:30 Residents' Council Meet and Greet TS 3:30 Jeopardy & Wine JPL 4:00-7:00 TENA Home Information Session L 7:30 Music on Wednesday: "Country Hits from the 50's" TH</p> <p style="text-align: center;">No PAL exercise classes</p>	<p>19 9-1 Barb's Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 2:30 Conversation Café JPL 3:00 Gentle Exercises FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 7:30 Movie: "The Magnificent Seven" TH</p>	<p>20 9:30 VON Exercise Class FC 10:30 Coffee & Guest Speaker: The Research Institute of Aging JPL 2:30 Hand Therapy HS 2:30 Cornhole 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "The Hold Overs" TH 7:30 Live Piano Music with Parsa Tabesh TS</p>	<p>21 9:30 BCTW Hike Group: Arkell Springs Loop Trail 10:15 Morning Smoothies TS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Welcoming Fall Happy Hour TS</p> <p style="text-align: center;">World Alzheimer's Day & International Day of Peace</p>	
<p>22 10:15 Autumn Specialty Café TS 10:30 Community of Christ Church Service C 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday Series: "One Foot in the Grave" TH</p> <p style="text-align: center;">First Day of Autumn</p>	<p>23 10:30 Catholic Communion C 2:00 High Tea 2nd FL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 2:30 & 7:30 Movie: "Men with Brooms" TH 7:30 Live Piano Music with Parsa Tabesh TS</p>	<p>24 10:30 Meeting of Minds Discussion Group TH 10:00-4:00 Resident Art Show HS 11:00 VON Exercise JPL 7:30 Seniors Fireside Chat: "Influence of changing communication technology on society" L 7:30 Trivia Night HS</p> <p style="text-align: center;">Arts and Aging Day</p>	<p>25 9:30 VON Exercise Class FC 10:30 Coffee and Bailey's 3rd FL 11:00 Beertown *RSVP on ML 2:30 Residents' Council TH 2:30 Tech Help *Call Ext. 836 3:30 Jeopardy & Wine JPL 7:30 Classical Music on Wednesday TH</p>	<p>26 9-1 Barb's Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 2:30 Discovering the Guelph Public Library Presentation & Info Session TH 3:00 Gentle Exercises FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 7:30 Movie: "Annie" TH</p>	<p>27 9:30 VON Exercise Class FC 10:00 Morning Stretches JPL *note time change 11:00 Lunch at Cookhouse Bistro *RSVP on ML 2:30 Hand Therapy HS 2:30 Live Entertainment with: "Grace Cowley" TH September Birthday Party: Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Midnights in Paris" TH</p>	<p>28 10:15 Morning Smoothies TS 10:30 Corn Hole 4th FL 11:15 Lunch at The Ruby Restaurant *RSVP on ML 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS 4:00 Hymn Sing JPL 7:30 Saturday Comedy Hour TH</p>	
<p>29 9:30 BCTW Hike Group: IJC Old Growth Forest 10:15 Specialty Coffee TS 10:30 Community of Christ Church Service C 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday Series: "One Foot in the Grave" TH</p>	<p>30 10:15 Word Games HS 10:30 Catholic Communion C 2:00 Book Club 2nd FL 2:30 Virtual Concert: Indigenous Artist "Jonathan Maracle" TH 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 7:30 Movie: "Our People will be Healed" TH 7:30 Live Piano Music with Parsa Tabesh TS</p> <p style="text-align: center;">National Day for Truth & Reconciliation Day <i>*Please visit our information booth in Town Square</i></p>	<div style="border: 1px solid black; padding: 5px;"> <p>Where Is The Program? * = Arbour Trails Main Building</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <p>C—Chapel* HS—Hobby Shop* L—Library* SC—Social Club* TS—Town Square* FE—Front Entrance * ML — Main Lobby</p> </td> <td style="width: 50%; border: none;"> <p>MF—Main Floor* TH—Town Hall* PC—Patio Courtyard BP—Back Pond* FC—Fitness Centre* JPL — Jack Purcell Lounge BP — Back Patio *</p> </td> </tr> </table> <p>NOTE: Programs, their times, and locations are subject to change.</p> </div>		<p>C—Chapel* HS—Hobby Shop* L—Library* SC—Social Club* TS—Town Square* FE—Front Entrance * ML — Main Lobby</p>	<p>MF—Main Floor* TH—Town Hall* PC—Patio Courtyard BP—Back Pond* FC—Fitness Centre* JPL — Jack Purcell Lounge BP — Back Patio *</p>	<div style="border: 1px solid black; padding: 10px;"> <p style="text-align: center;"><u>Recreation Contact Information:</u></p> <p style="text-align: center;"> arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836 </p> </div>	
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