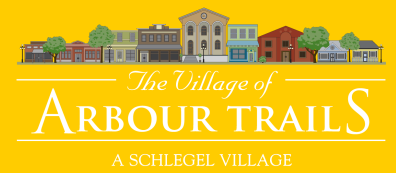




September 2024

Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> Where Is The Program? C—Chapel TH—Town Hall MF— Main Floor TS—Town Square FE—Front Entrance EM—Emma’s HS—Hobby Shop BP— Back Patio FC—Fitness Centre </div> <p>NOTE: Programs, their times, and locations are subject to change.</p>						
<p>1 10:15 Specialty Coffee MF Café 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: “One Foot in the Grave” TH</p>	<p>2 10:30 Giant Crossword L 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:30 & 7:30 Movie: “The Grand Seduction” TH 3:00 Musical Bingo HS</p> <p style="text-align: center;">No Exercise Classes Today</p>	<p>3 Cameron Cards 10:30-2 TS 10:30 Meeting of Minds Discussion Group TH 2:30 Art Hour: Fall Trees HS 3:00 Praying the Rosary C 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Seniors Fireside Chat: “What students need to know before leaving school” L 7:30 Trivia Night HS</p>	<p>4 Adrian’s Fashions 10-3 HS 9:30 VON Exercise Class FC 10:00 Get Active (Standing) FC 10:30 Docuseries: “Hidden Lives of Pets” TH 10:30 Men’s Conversation Connection C 2:00 Get Active (Seated) FC 3:00 Happy Hour MF Café 6:00 Bookmobile Pre-orders HS 7:30 Music on Wednesday: “Bob Dylan Virtual Concert” TH</p>	<p>5 9-1 Barb’s Produce FE 10:30 Bible Study C 2:30 Food Committee Meeting L 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: “The Untouchables” TH</p>	<p>6 9:30 VON Exercise Class FC 10:30 Morning Bike Rides FE 2:30 Resident Euchre Group SC 2:30 Hand Therapy HS 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: “Age of Adeline” TH</p>	<p>7 10:15 Morning Smoothies MF Café 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: “Downton Abbey” TH 3:00 Happy Hour MF Café</p>
<p>8 10:00 Legacy Quilt Project MF Café 10:30 Community of Christ Service C 1:30 Afternoon Sports SC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Cookie Decorating MF Café 4:00 Sunday TV Series: “One Foot in the Grave” TH</p> <p style="text-align: center;">Grandparents’ Day</p>	<p>9 10:00 Better Balance (Standing) FC 10:30 Movie Crew Meeting HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 3:00 Musical Bingo HS 2:30 & 7:30 Movie: “The Grizzlies” TH</p>	<p>10 RIA Study Info Booth 12-3 TS 10:30 Meeting of Minds Discussion Group TH 2:30 Film of Faith: “The Secrets of Jonathan Sperry” TH 2:30 Outings Meeting HS 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Seniors Fireside Chat: “What are the pros & cons of tipping” L 7:30 Trivia Night HS</p>	<p>11 9:30 VON Exercise Class FC 10:00 Get Active (Standing) FC 10:30 Docuseries: “Hidden Lives of Pets” TH 1:30 Get Active (Seated) FC *Note time change 2:30 Resident Euchre Group SC 3:00 Happy Hour MF Café 3:00-4:00 Bookmobile FE 7:30 Classical Music on Wednesday: “Mendelson Scottish” TH</p>	<p>12 9-1 Barb’s Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Coffee & Trivia L 11:15 In the Garden: Tea & Talks HS 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo! HS 7:30 Movie: “Out to Sea” TH</p>	<p>13 Suzanne M Jewelry 11-2 TS 9:30 VON Exercise Class FC 2:30 Resident Euchre Group SC 2:30 Hand Therapy HS 3:30 Destination Social: “Vietnam” MF Café 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: “Book Club the Next Chapter” TH</p>	<p>14 11-12 Classic & Antique Car Show — Arbour Trials Main Parking Lot 11:00 Entertainment: “October Skies Jazz Band” FE 2:00 Ice Cream Truck 2:00 VBA Drum Circle FE 2:30 Saturday Series: “Downton Abbey” TH No Happy Hour Today 7:30 Comedy Hour TH</p> <p style="text-align: center;">VBA 30th Anniversary Event</p>



September 2024

Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
<p>15 10:00 Terry Fox Walk & Fundraiser—refreshments to follow MF Café 10:30 Community of Christ Service C 1:30 Afternoon Sports SC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "One Foot in the Grave" TH</p> <p style="text-align: center;">Terry Fox Day</p>	<p>16 10:00 Better Balance (Standing) FC 10:30 Giant Crossword L 10:30 Catholic Communion C 11:00 Guided Meditation TH 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 2:30 & 7:30 Movie: "As Good As it Gets" TH 3:00 Musical Bingo HS</p> <p style="text-align: center;">Residents' Council Week—See Display in TS</p>	<p>17 10:30 Meeting of Minds Discussion Group TH 2:30 Entertainment: "Paul Schalm" TS 3:30 Tech Help HS *Call 811 3:30 Stretch Class FC 7:30 Seniors Fireside Chat: "Advantages of becoming a senior" L 7:30 Trivia Night HS</p>	<p>18 Creations Boutique 10-2 HS 9:30 VON Exercise Class FC 10:30 Men's Conversation Connection C 2:30 Resident Euchre Group SC 2:30 Resident Council Meet & Greet MF Café 3:00 Happy Hour MF Café 4-7 TENA @ Home Info Session L 6:00 Bookmobile Pre-orders HS 7:30 Music on Wednesday: "Country Hits from the 50's"</p> <p style="text-align: center;">No PAL Exercise Classes</p>	<p>19 9-1 Barb's Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Coffee & Trivia L 11:15 In the Garden: Tea & Talks HS 2:30 Book Club L 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo! HS 2:30 & 7:30 Movie: "The Magnificent Seven" TH</p>	<p>20 9:30 VON Exercise Class FC 10:15 Morning Bike Rides FE 11:00 Outing: The Bookshelf & Lunch at Miijidaa *Sign-up Only 2:30 Resident Euchre Group SC 2:30 Hand Therapy HS 3:30 Neighbourhood Birthday Party L 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "The Holdovers" TH</p>	<p>21 10:15 Morning Smoothies MF Café 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 3:00 Celebrating Fall Happy Hour MF Café</p> <p style="text-align: center;">World Alzheimer's Day & World Peace Day</p>														
<p>22 10:15 Autumn Specialty Café MF Café 10:30 Community of Christ Service C 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "One Foot in the Grave" TH</p> <p style="text-align: center;">First Day of Fall</p>	<p>23 10:00 Better Balance (Standing) FC 10:00 Outing: St. Jacobs Village *Sign-up Only 10:30 Catholic Communion C 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 3:30 Musical Bingo HS 2:30 & 7:30 Movie: "Men with Brooms" TH</p>	<p>24 10:00-4:00 Resident Art Show HS 10:30 Meeting of Minds Discussion Group TH 3:30 Stretch Class FC 7:30 Seniors Fireside Chat: "Influence of changing communication technology on society" L 7:30 Trivia Night HS</p> <p style="text-align: center;">Arts & Aging Day</p>	<p>25 9:30 VON Exercise Class FC 10:00 Get Active (Standing) FC 10:30 Docuseries: "Hidden Lives of Pets" TH 2:00 Get Active (Seated) FC 2:30 Resident Council Meeting TH 2:30 Resident Euchre Group SC 3:45 Happy Hour MF Café 3:00-4:00 Bookmobile FE 7:30 Classical Music on Wednesday: "Tchaikowski" TH</p>	<p>26 9-1 Barb's Produce FE 10:00 Chair Yoga FC 10:30 Bible Study C 2:30 Discovering the Guelph Public Library Presentation & Info Session TH 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:45 Bingo! HS 7:30 Movie: "Annie" TH</p>	<p>27 9:30 VON Exercise Class FC 2:30 Entertainment: "Grace Cowley" TH 2:30 Resident Euchre Group SC 2:30 Hand Therapy HS 3:45 Destination Social: "Madagascar" MF Café 7:15 Popcorn Pick-up TH 7:30 Movie: "Midnights in Paris" TH</p>	<p>28 10:15 Morning Smoothies MF Café 11:15 Balloon Volleyball FC 1:30 Trivia HS 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour MF Café 7:30 Comedy Hour TH</p>														
<p>29 10:15 Specialty Coffee MF Café 10:30 Community of Christ Service C 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "One Foot in the Grave" TH</p>	<p>30 10:00 Better Balance (Standing) FC 10:30 Giant Crossword L 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 2:30 Virtual Concert: "Jonathan Maracle" TH 3:00 Musical Bingo HS 7:30 Documentary: "Our People will be Held" TH</p> <p style="text-align: center;">National Day for Truth Reconciliation —See display in TS</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Where Is The Program?</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">C—Chapel</td> <td style="width: 33%;">TH—Town Hall</td> <td style="width: 33%;">MF— Main Floor</td> </tr> <tr> <td>TS—Town Square</td> <td>FE—Front Entrance</td> <td></td> </tr> <tr> <td>EM—Emma's</td> <td>HS—Hobby Shop</td> <td></td> </tr> <tr> <td>BP— Back Patio</td> <td>FC—Fitness Centre</td> <td></td> </tr> </table> <p>NOTE: Programs, their times, and locations are subject to change.</p> </div>			C —Chapel	TH —Town Hall	MF — Main Floor	TS —Town Square	FE —Front Entrance		EM —Emma's	HS —Hobby Shop		BP — Back Patio	FC —Fitness Centre		<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Recreation Contact Information:</p> <p style="text-align: center;"> arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811 </p> </div>			
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